## Basic Teen Bug Out Bag

- 1. Water Repellent Backpack with Suspension System
- 2. iPad Compartment with Two 1 Gallon Ziplocks
- 3. 3 Pair Underwear
- 4. 3 Pair Wool Socks
- 5. 2 Wool Long Sleeve Shirts Earth Tone
- 6. 1 Pair Durable Pants
- 7. 1 Lightweight Rain Jacket
- 8. 1 Tilly Hat
- 9. 1 Wind Proof Beanie
- 10. 1 Pair Leather Work Gloves
- 11. 1 Pair Sunglasses on Lanyard
- 12. 3 MRE (that you like to eat)
- 13. \$100 Cash Small Bills
- 14. 2 Nalgene
- 15. MSR Miniworks
- 16. 28 Katadyne Tablets
  - 1. 2 Per Day x 2 Nalgenes for 7 days
- 17. 1 Large Travel Pack Non-Alcohol Wet Wipes
- 18. Gerber Fixed Blade Knife
- 19. 100 feet 550 Paracord
- 20. Paracord Keeper with Lighter
- 21. 1 Roll Duct Tape
- 22. Map Compass
- 23. Leatherman
- 24. Fox 40 Whistle
- 25. Goal Zero Sherpa 100
- 26. USB cables for all possible items
- 27. 1 GMRS USB rechargeable radio in double ziplock
  - 1. Recommend Midland T77VP5
- 28. Waterproof Matches
- 29. Ferro Rod
- 30. Blow Out Kit
- 31. Adventure Medical Kits 2 Day First Aid Kit
- 32. 2 N95 Masks in ziplock
- 33. 4 Pair Nitrile Gloves in ziplock
- 34. USB Rechargeable Headlight
- 35. Summer Sleeping Bag
- 36. Hygiene Kit
  - 1. Travel Tooth Paste
  - 2. Travel Tooth Brush
  - 3. Deodorant / Anti Perspirant
- 37. Two 12 Hour Chem Sticks
- 38. Thermal Blanket
- 39. Rite in the Rain Small Pad
- 40. Rite in the Rain Pen
- 41. Bear Spray in Holster
  - 1. Follow Local Laws
- 42. Small Updated Pictures of Family Members in Double Ziplock
- 43. SPF 50 Sunscreen with Bug Repellent
- 44. Emergency Contact Card Laminated
- 45. Women Tampons