

This plan / list is for a basic level of preparedness for your family. This is a great place to start.

### **Questions:**

1. How will I communicate with friends or loved ones if internet and cell phones go down?
2. Are my important documents and images backed-up and encrypted in an easy to transport option? Are these same items backed up in a remote location that is also secure?
3. Is our house secure from home invasion?
4. In the event of a fire do we have a fire extinguisher and know how to use it? Where do we meet if we have to evacuate the house?
5. Who will get the kids in an emergency and bring them home if cell phones do not work?
6. Where will we go if we have to evacuate the city?
7. What routes will we take to evacuate the city?
8. How will we get information if internet / cable / satellite is down?
9. Do we have short term emergency power for refrigerator, modem and wifi, main television with over the air antenna, and one light in each room?
10. Do we have 3 days of food without power?
11. Do we have water (3 gallons per person per day) for everyone in the house for 1 week?
12. Do we have 1 tank of fuel OR 1 electric vehicle charge for evacuation?
13. Can we boost a dead car battery and air car tires without leaving the house?
14. Do we have a flashlight and knife per person?
15. Do we have a way to defend our family from a distance (home invasion / aggravated robbery)?

### **Where To Start?:**

1. Sit down and have a conversation about questions 1, 3, 4, 5, 6, 7, and 8.
2. Amazon/Sam's/Costco purchase APC 1500 display battery for critical items like refrigerator and internet modem.
3. Gasoline can with premium fuel and Sta-Bil for long term storage.
4. Backup Data and Pictures and make second backup offsite, all encrypted.
5. Each person of the family should know knife safety and how to use a flashlight.
6. Clear a space in the house that is climate controlled to store water and food for emergencies. This area needs to be easily accessible and items need to be rotated on a regular basis.
7. Training for first aid / CPR / choking / tourniquet for everyone in the house.

### **Easy Links:**

1. First Aid (Add CAT Tourniquet)
  - I. <https://www.rei.com/product/113009/adventure-medical-kits-mountain-series-guide-medical-kit>
  - II. <https://www.galls.com/dyna-med-mini-medic-level-2-first-responder-kit?PMWTNO=00000000002303&PMSRCH=>
2. Backup Battery
  - I. <https://www.amazon.com/APC-Battery-Protector-BackUPS-BX1500M/dp/B06VY6FXMM>
3. Vehicle
  - I. <https://www.amazon.com/STANLEY-J5C09-Jump-Starter-Compressor/dp/B002X6VXL4>
  - II. [https://www.amazon.com/gp/product/B00KC9HIG8/ref=oh\\_aui\\_search\\_asin\\_title?ie=UTF8&psc=1](https://www.amazon.com/gp/product/B00KC9HIG8/ref=oh_aui_search_asin_title?ie=UTF8&psc=1)
  - III. [https://www.amazon.com/dp/B07541SV4Y/ref=sspa\\_dk\\_detail\\_3?psc=1&pd\\_rd\\_i=B07541SV4Y&pd\\_rd\\_w=9KQmm&pf\\_rd\\_p=f0dedbe2-13c8-4136-](https://www.amazon.com/dp/B07541SV4Y/ref=sspa_dk_detail_3?psc=1&pd_rd_i=B07541SV4Y&pd_rd_w=9KQmm&pf_rd_p=f0dedbe2-13c8-4136-)

- [a746-4398ed93cf0f&pd\\_rd\\_wg=jNi3g&pf\\_rd\\_r=4377G0GG9YGAJ6S1A0TW&pd\\_rd\\_r=354d9b41-1d23-11e9-9c09-93d0651ab230](https://www.amazon.com/dp/B00125ZMD2/ref=sr_1_4?ie=UTF8&qid=1548037347&sr=8-4&keywords=gasoline+stabilizer)
- IV. [https://www.amazon.com/STA-BIL-22208-Fuel-Stabilizer-Fluid\\_Ounces/dp/B00125ZMD2/ref=sr\\_1\\_4?ie=UTF8&qid=1548037347&sr=8-4&keywords=gasoline+stabilizer](https://www.amazon.com/STA-BIL-22208-Fuel-Stabilizer-Fluid_Ounces/dp/B00125ZMD2/ref=sr_1_4?ie=UTF8&qid=1548037347&sr=8-4&keywords=gasoline+stabilizer)
4. Home Emergency Lighting
- I. [https://www.amazon.com/dp/B07KQSZVB6/ref=twister\\_B07KQTTV19?\\_encoding=UTF8&pvc=1](https://www.amazon.com/dp/B07KQSZVB6/ref=twister_B07KQTTV19?_encoding=UTF8&pvc=1)
5. Data Security
- I. [https://www.amazon.com/Apricorn-Hardware-Encrypted-Validated-ASK3Z-128GB/dp/B0711KDGML?ref=bl\\_dp\\_s\\_web\\_2528945011&th=1](https://www.amazon.com/Apricorn-Hardware-Encrypted-Validated-ASK3Z-128GB/dp/B0711KDGML?ref=bl_dp_s_web_2528945011&th=1)
6. Phone / Tablet Charging
- I. <https://www.rei.com/product/106695/goal-zero-flip-30-portable-charger>
7. Grid Down Communication
- I. <https://www.rei.com/product/129626/gotenna-mesh-text-and-location-communicator-pair>
- II. <https://www.rei.com/product/140100/motorola-talkabout-t800-2-way-radios-pair>
8. Water Storage
- I. [https://www.amazon.com/Nestlé-Bottled-Purified-Water-Bottles/dp/B00LLKWVL4?ref=fsclp\\_pl\\_dp\\_2&th=1](https://www.amazon.com/Nestlé-Bottled-Purified-Water-Bottles/dp/B00LLKWVL4?ref=fsclp_pl_dp_2&th=1)
- II. <https://www.thereadystore.com/3-5-gallon-interlocking-waterbrick>