



**New Patient Intake Form**

Your completed intake paperwork helps our physicians and other providers get to know you and your medical history better. We rely on this accuracy and completeness to provide you with the best possible care. Please inquire at our front desk if you have any questions on how to complete any section of this form.

**Patient Information**     New Consult     Re-consult    Date: \_\_\_\_\_

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Gender: \_\_\_\_\_

Referring Physician: \_\_\_\_\_ Age: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Your Contact Info: Cell Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Dominant hand?    Right     Left     Ambidextrous

Is this pain related to:    WSIB?    MVA?    Military Duty?   if so, Date Of Onset: \_\_\_\_\_

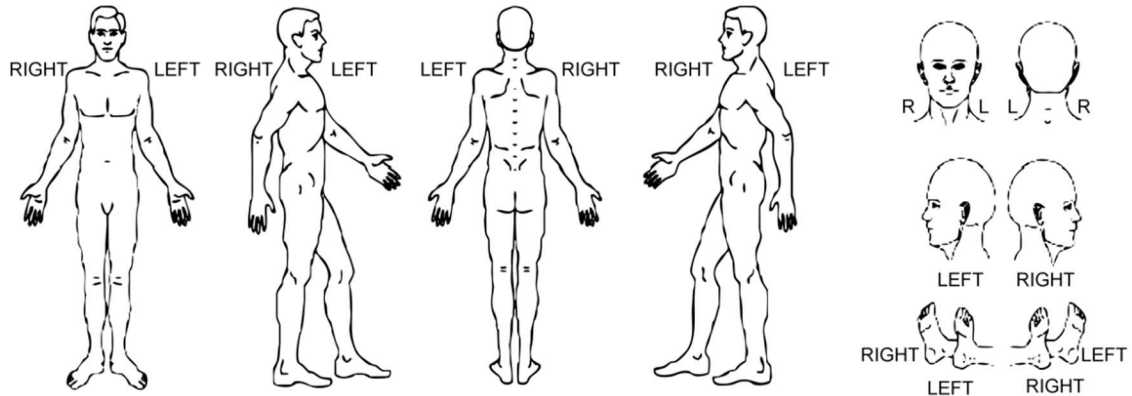
Is the pain problem related to work?    YES    NO    Is there a lawsuit due to this pain?    YES    NO

**Pain History**    **Chief Complaint:(#1Reason for your visit today):** \_\_\_\_\_

Does this pain radiate? If so, where? \_\_\_\_\_

Please list additional areas of pain: \_\_\_\_\_

Use this diagram to indicate the area of your pain. Mark/shade location of your pain with an "X".



**Onset of Symptoms**     Sudden     Slow     I had something similar before

Approximately when did it begin? \_\_\_\_\_

What caused your current pain episode? \_\_\_\_\_

How did your current pain episode begin? \_\_\_\_\_

Since your pain began, how has it changed? \_\_\_\_\_

**Pain Description**

*Check all that apply:*

<input type="checkbox"/> Dull/aching	<input type="checkbox"/> Hot/burning	<input type="checkbox"/> Shooting
<input type="checkbox"/> Throbbing	<input type="checkbox"/> Painful Cold	<input type="checkbox"/> Stabbing/sharp
<input type="checkbox"/> Squeezing	<input type="checkbox"/> Spasming	<input type="checkbox"/> Cramping
		<input type="checkbox"/> Numbness
		<input type="checkbox"/> Tingling/ pins and needles

**When is your pain at its worst?**

Mornings     Daytime     Evenings

Always the same     After a specific activity

**How often does the pain occur?**

Constant     Changes in severity but is always present     Intermittent (comes and goes)

**If pain "0" is no pain and "10" is the worst pain you can imagine, how would you rate your pain?**

Right now: \_\_\_\_\_ The best it gets: \_\_\_\_\_ The worst it gets: \_\_\_\_\_

Most severe pain experience in your life (what do you compare it to?): \_\_\_\_\_

Mark the effect each on your pain level			
	No change	Worsened pain	Improved pain
Bending backward	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bending forward	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Changes in weather	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Climbing stairs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Coughing/sneezing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Driving	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Lifting objects	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Looking upward	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Looking downward	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Rising from seated position	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sitting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Standing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Walking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
What affects your pain not mentioned above?			

Please mark all of the following treatments you have used for pain relief			
	No change	Worsened pain	Improved pain
Spine surgery	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Physiotherapy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Chiropractic care	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Psychological therapy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Brace support	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Acupuncture	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hot/cold packs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Massage therapy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Medications	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
TENS unit	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### Diagnostic Tests And Imaging

Mark all the following tests you have related to your current pain complaints

- |  |              |             |
|--|--------------|-------------|
| <input type="checkbox"/> MRI of the: _____   | Place: _____ | Date: _____ |
| <input type="checkbox"/> X-ray of the: _____   | Place: _____ | Date: _____ |
| <input type="checkbox"/> CT scan of the : _____  | Place: _____ | Date: _____ |
| <input type="checkbox"/> EMG/NCV study of the : _____  | Place: _____ | Date: _____ |
| <input type="checkbox"/> Other diagnostic testing: _____   | Place: _____ | Date: _____ |
| <input type="checkbox"/> I have <b>NOT</b> had any diagnostic tests for my current pain complaint. |              |             |

Mark the following physicians or specialists you have consulted for your current pain problem

- |   |   |  |                                      |
|---|---|--|--------------------------------------|
| <input type="checkbox"/> Acupuncturist                  | <input type="checkbox"/> Neurosurgeon       | <input type="checkbox"/> Psychiatrist/psychologist | <input type="checkbox"/> None        |
| <input type="checkbox"/> Chiropractor                   | <input type="checkbox"/> Orthopedic surgeon | <input type="checkbox"/> Rheumatologist            | <input type="checkbox"/> Neurologist |
| <input type="checkbox"/> Physical therapist             | <input type="checkbox"/> Internist          |  |                                      |
| <input type="checkbox"/> <b>Other pain physicians?:</b> |   |  |                                      |

## Review of Systems

Mark symptoms you had in the last 2 weeks **NOT** related to your principal pain problem:

### Constitutional:

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Chills                  | <input type="checkbox"/> Difficulty sleeping     | <input type="checkbox"/> Easy bruising |
| <input type="checkbox"/> Night sweats            | <input type="checkbox"/> Fatigue                 | <input type="checkbox"/> Fevers        |
| <input type="checkbox"/> Insomnia                | <input type="checkbox"/> Low sex drive           | <input type="checkbox"/> Tremors       |
| <input type="checkbox"/> Unexplained weight gain | <input type="checkbox"/> Unexplained weight loss | <input type="checkbox"/> Weakness      |

### Eyes:

- Recent visual changes

### Ears/Nose/Throat/Neck:

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Dental problems | <input type="checkbox"/> Earaches       | <input type="checkbox"/> Hearing problems |
| <input type="checkbox"/> Nose bleeds     | <input type="checkbox"/> Sinus problems |   |

### Cardiovascular:

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Chest pain                       | <input type="checkbox"/> Bleeding disorder | <input type="checkbox"/> Blood clots          |
| <input type="checkbox"/> Fainting                         | <input type="checkbox"/> Palpitations      | <input type="checkbox"/> Swelling in the feet |
| <input type="checkbox"/> Shortness of breath during sleep |  |   |

### Respiratory:

- Cough  Wheezing

### Gastrointestinal

- |                                       |  |   |
|---------------------------------------|--|---|
| <input type="checkbox"/> Constipation | <input type="checkbox"/> Acid reflux     | <input type="checkbox"/> Abdominal cramps |
| <input type="checkbox"/> Diarrhea     | <input type="checkbox"/> Nausea/Vomiting | <input type="checkbox"/> Hernia           |

### Musculoskeletal:

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Back pain      | <input type="checkbox"/> Joint pains   | <input type="checkbox"/> Joint stiffness |
| <input type="checkbox"/> Joint swelling | <input type="checkbox"/> Muscle spasms | <input type="checkbox"/> Neck pain       |

### Genitourinary/Nephrology:

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Flank pain                              | <input type="checkbox"/> Blood in urine | <input type="checkbox"/> Painful urination |
| <input type="checkbox"/> Decreased urinary flow/frequency/volume |   |  |

### Neurological:

- |  |                                    |                                  |
|--|------------------------------------|----------------------------------|
| <input type="checkbox"/> Dizziness         | <input type="checkbox"/> Headaches | <input type="checkbox"/> Tremors |
| <input type="checkbox"/> Numbness/tingling | <input type="checkbox"/> Seizures  |                                  |

### Psychiatric:

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Depressed mood    | <input type="checkbox"/> Feeling anxious   | <input type="checkbox"/> Stress problems            |
| <input type="checkbox"/> Suicidal thoughts | <input type="checkbox"/> Suicidal planning | <input type="checkbox"/> Thoughts of harming others |

- All other review of systems negative

## Past Medical History

### General medical history

- Cancer – type: \_\_\_\_\_
- Diabetes – type \_\_\_\_\_

### Cardiovascular/hematologic

- Anemia
- Heart attack
- Coronary artery disease
- High blood pressure
- Peripheral vascular disease
- Heart valve disorders

### Gastrointestinal

- GERD (Acid Reflux)
- Gastrointestinal Bleeding
- Stomach Ulcers
- Constipation

### Urological

- Chronic Kidney Disease
- Kidney Stones
- Urinary Incontinence
- Dialysis

### Neurological

- Multiple Sclerosis
- Peripheral Neuropathy
- Seizures
- Stroke/TIA

### Other:

- \_\_\_\_\_
- \_\_\_\_\_

### Head/Ears/Eyes/Nose/Throat

- Severe Head injury
- Migraines
- Hearing Impaired / Deafness
- Hypothyroidism
- Glaucoma

### Respiratory

- Asthma
- Bronchitis/pneumonia
- Emphysema/COPD
- Sleep Apnea

### Musculoskeletal/Rheumatologic

- Carpal Tunnel Syndrome
- Ankylosing Spondylitis
- Osteoporosis (Brittle bones)
- Rheumatoid Arthritis
- Lyme Disease

### Infectious

- HIV
- HEPATITIS A / B / C
- M.R.S.A. (Antibiotic-resistant Infection)
- C.DIFF
- Meningitis (Brain Infection)
- Osteomyelitis (Bone Infection)

### Psychological

- Anxiety
- Schizophrenia
- Bipolar Disorder
- Depression

## Past Surgical History

Please list any surgical procedures you have had done in the past including date:

1. \_\_\_\_\_ Date: \_\_\_\_\_
2. \_\_\_\_\_ Date: \_\_\_\_\_
3. \_\_\_\_\_ Date: \_\_\_\_\_
4. \_\_\_\_\_ Date: \_\_\_\_\_
5. \_\_\_\_\_ Date: \_\_\_\_\_

I have NEVER had any surgical procedures performed.

## Interventional Pain Treatment History

- Epidural steroid injection      Where/when? \_\_\_\_\_
- Nerve blocks – area/nerve(s) \_\_\_\_\_
- Medial branch blocks/facet injections
- Radiofrequency nerve ablation
- Vertebroplasty/kyphoplasty
- Other: \_\_\_\_\_
- Trigger point injection
- Joint injection

Which procedures from above helped your pain? \_\_\_\_\_

## Current Medications

Are you taking any blood thinners or anti-coagulants?  YES  NO

If YES, which ones?  Aspirin  Plavix  Coumadin  Lovenox  Others:

Are you able to stop blood thinners for procedures (do you have a written note from your doctor?)

YES  NO  I don't know!

Please list **all medications** you are currently taking including vitamins. Attach additional sheet if required.

	<u>Medication Name</u>	<u>Dose</u>	<u>Frequency</u>
1.	_____	_____	_____
2.	_____	_____	_____
3.	_____	_____	_____
4.	_____	_____	_____
5.	_____	_____	_____
6.	_____	_____	_____

Please list medications that you have been on at any point for your current pain.

	<u>Medication Name</u>	<u>Dose</u>	<u>Frequency</u>
1.	_____	_____	_____
2.	_____	_____	_____
3.	_____	_____	_____
4.	_____	_____	_____
5.	_____	_____	_____
6.	_____	_____	_____

## Allergies

Do you have any drug/medication allergies?

YES

NO

If so, please list all medications allergic to:

	<u>Medication Name</u>	<u>Allergic Reaction</u>
1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____

Topical Allergies:  Latex  Iodine  Tape  IV Contrast

## Family History

Mark all appropriate diagnoses as they pertain to your five degree relatives:

Arthritis

Cancer

Diabetes

Headaches/Migraines

High Blood Pressure

Kidney Problems

Liver Problems

Osteoporosis

Rheumatoid arthritis

Seizures

Stroke

Other Medical Problems:

I have NO significant family medical history

## Social History

Occupation: \_\_\_\_\_ When was the last time you worked? \_\_\_\_\_

What is your status?

Temporary Disability

Permanent Disability

Retired

Unemployed

Who lives in your current household? \_\_\_\_\_

Are there any stairs? \_\_\_\_\_

### Alcohol Use:

Social use

History of Alcoholism

Current Alcoholism

Daily use of alcohol

Never

### Tobacco Use:

Current user

Former user

Never used

Packs per day? \_\_\_\_\_

How many years? \_\_\_\_\_

Quit date: \_\_\_\_\_

### Illegal Drug Use:

Denies any illegal drug use

Currently uses illegal drugs

Formerly used illegal drugs(not current)

Have you ever abused narcotics or prescription medications?

YES

NO