

TRTG's Secure Driving Checklist

✔ While Driving

- Eliminate distractions; stay off your phone.
 - Maintain space around your vehicle—never get boxed in.
 - Don't engage with hostile or aggressive drivers.
 - Monitor rearview for suspicious following behavior.
 - Project alertness through posture and movement.
 - Keep emergency numbers accessible.
-

✔ If You Suspect You're Being Followed

- Make three right turns to confirm.
 - Do not drive home—go to a police station or public location.
 - Stay on the phone with a trusted contact.
 - Never stop or confront—stay visible and moving.
-

✔ When Stopping or Parking

- Choose well-lit, visible spaces with exits.
 - Back into spaces for faster getaways.
 - Keep the engine running if unsure.
 - Scan surroundings before unlocking or exiting.
 - Move with purpose; avoid lingering.
 - Lock up immediately after entering or exiting.
-

✔ Emergency Equipment to Keep in Your Car

- Tactical flashlight (preferably with strobe).
- Pepper spray or personal alarm (if legal).
- Seatbelt cutter / window breaker tool.
- Fully charged phone and backup power bank.
- First-aid kit and emergency blanket.
- ICE (In Case of Emergency) contact list.