

# TRTG's Secure Driving Checklist

## ✔ While Driving

- Eliminate distractions; stay off your phone.
  - Maintain space around your vehicle—never get boxed in.
  - Don't engage with hostile or aggressive drivers.
  - Monitor rearview for suspicious following behavior.
  - Project alertness through posture and movement.
  - Keep emergency numbers accessible.
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## ✔ If You Suspect You're Being Followed

- Make three right turns to confirm.
  - Do not drive home—go to a police station or public location.
  - Stay on the phone with a trusted contact.
  - Never stop or confront—stay visible and moving.
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## ✔ When Stopping or Parking

- Choose well-lit, visible spaces with exits.
  - Back into spaces for faster getaways.
  - Keep the engine running if unsure.
  - Scan surroundings before unlocking or exiting.
  - Move with purpose; avoid lingering.
  - Lock up immediately after entering or exiting.
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## ✔ Emergency Equipment to Keep in Your Car

- Tactical flashlight (preferably with strobe).
- Pepper spray or personal alarm (if legal).
- Seatbelt cutter / window breaker tool.
- Fully charged phone and backup power bank.
- First-aid kit and emergency blanket.
- ICE (In Case of Emergency) contact list.