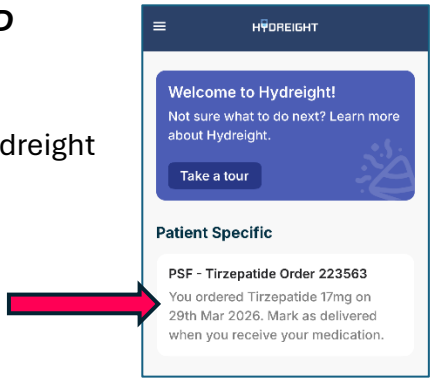
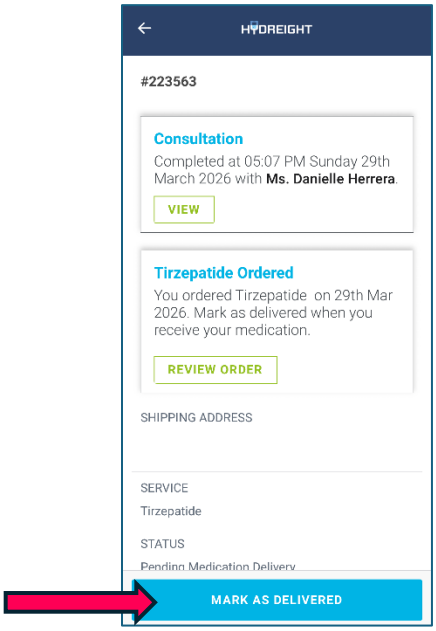
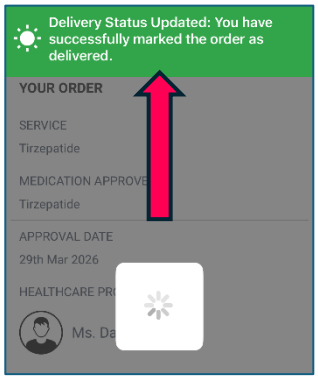
HOW TO LOG YOUR INJECTIONS AND CONTINUE YOUR PROGRAM

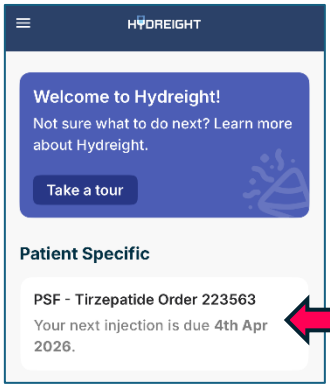
1. When you receive your shipment, log into your account in the Hydreight Wellness app. Click on your order.



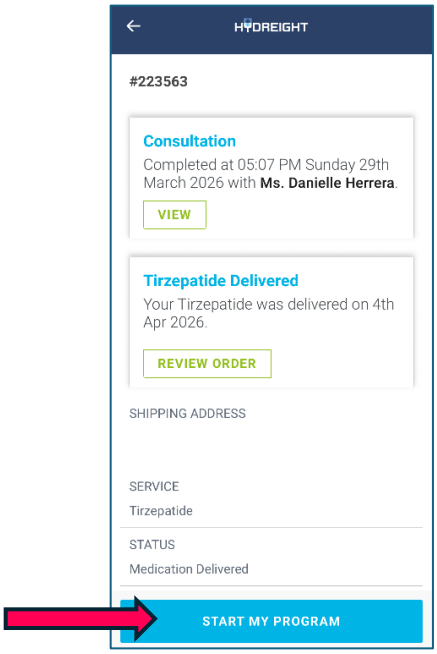
2. Mark your order Delivered. (Follow the prompts until you receive the delivered status update.) Click on your order again from the home page (note that it now indicates when your shot is due.)

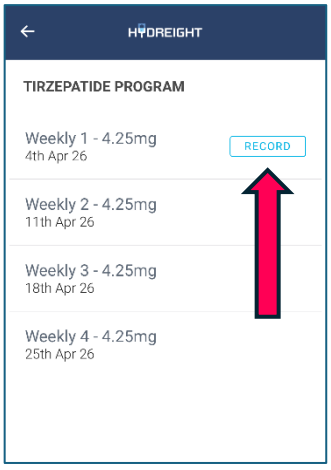






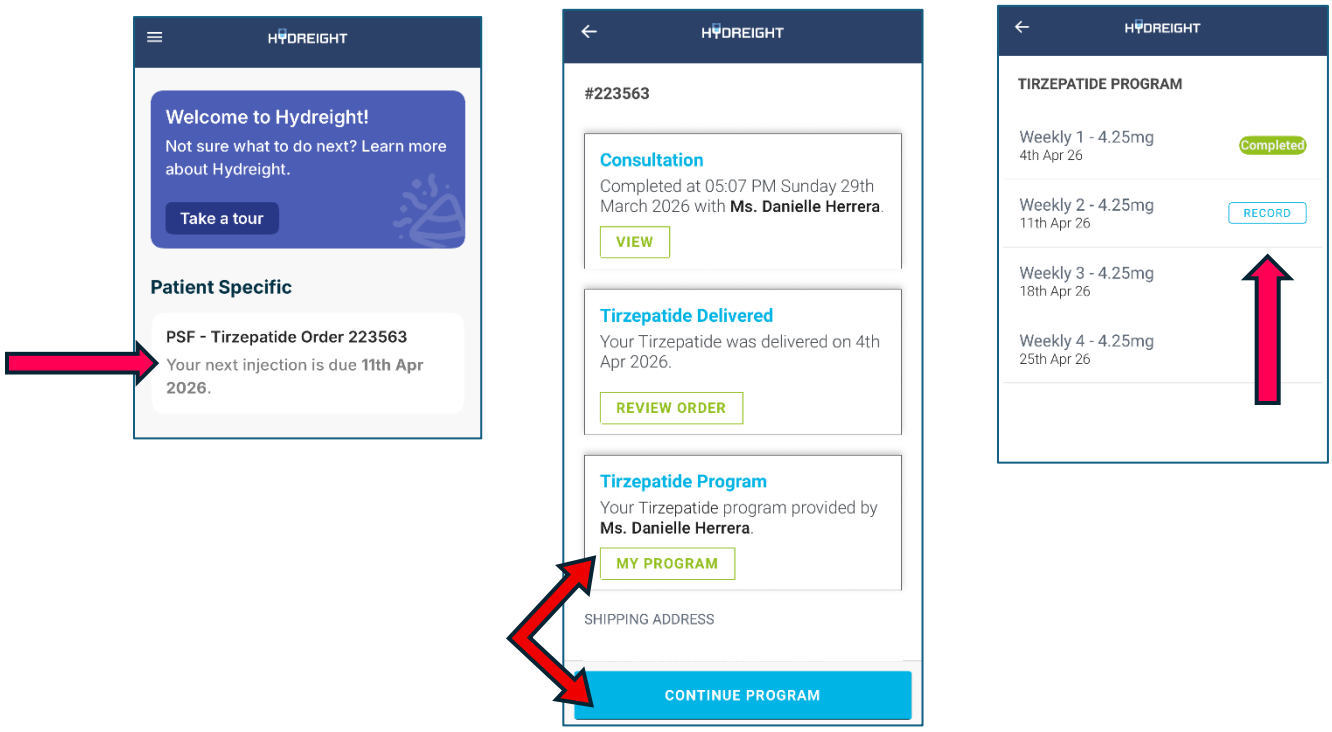
3. Click Start My Program. Click Record. Enter your weight (if applicable) and the date of your shot (defaults to today's date; change the date if you are logging your shot on a different date than shown). You may enter how you are feeling, but it is not required. Click Complete. You have now logged your first shot of this prescription.







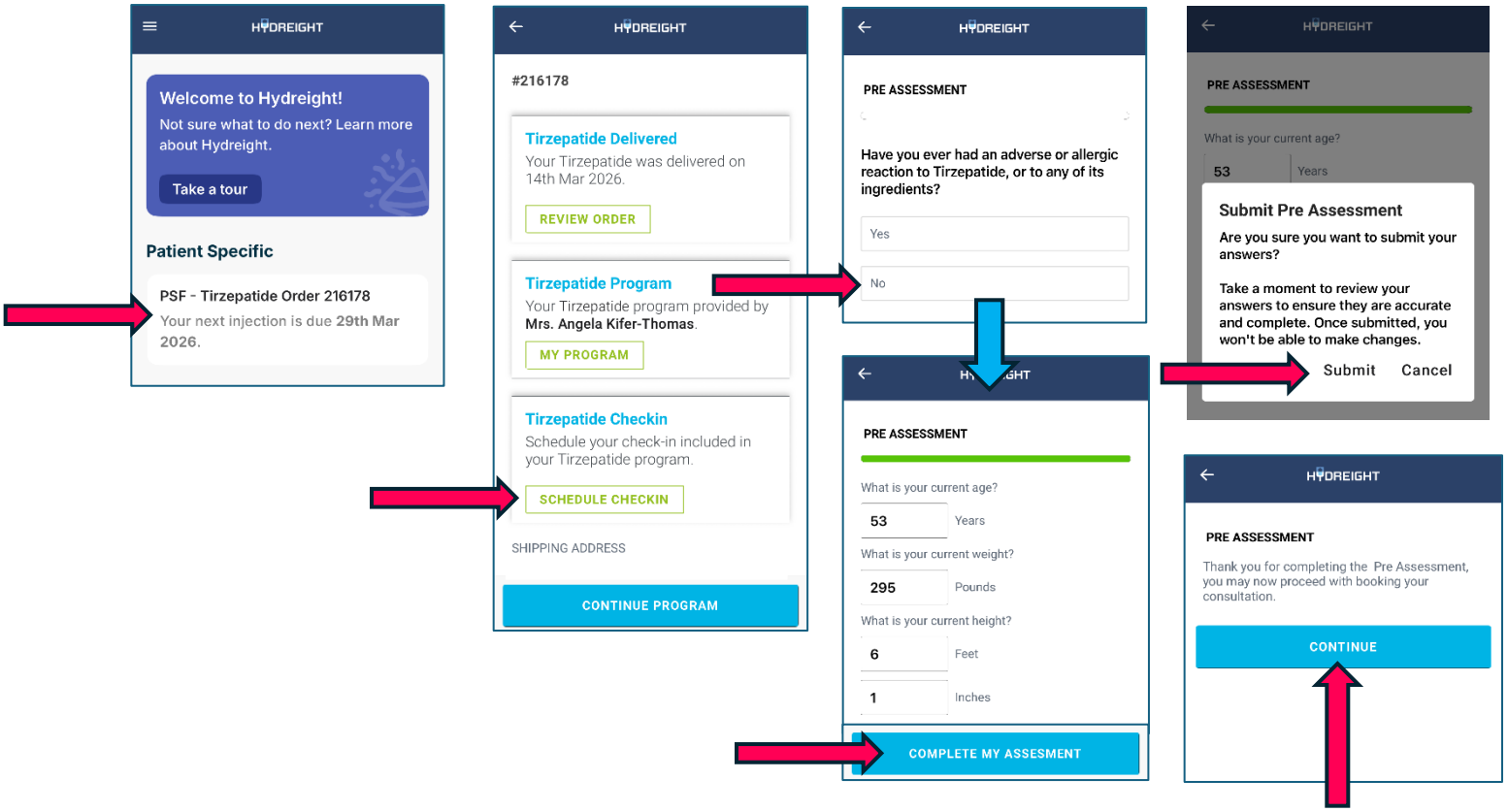
4. Your home screen will now show your next shot due date, one week from your recorded date. When your next shot is due, log into the Hydreight Wellness app and click on your order. Click My Program or Continue Program and Record your next shot(s) as scheduled.



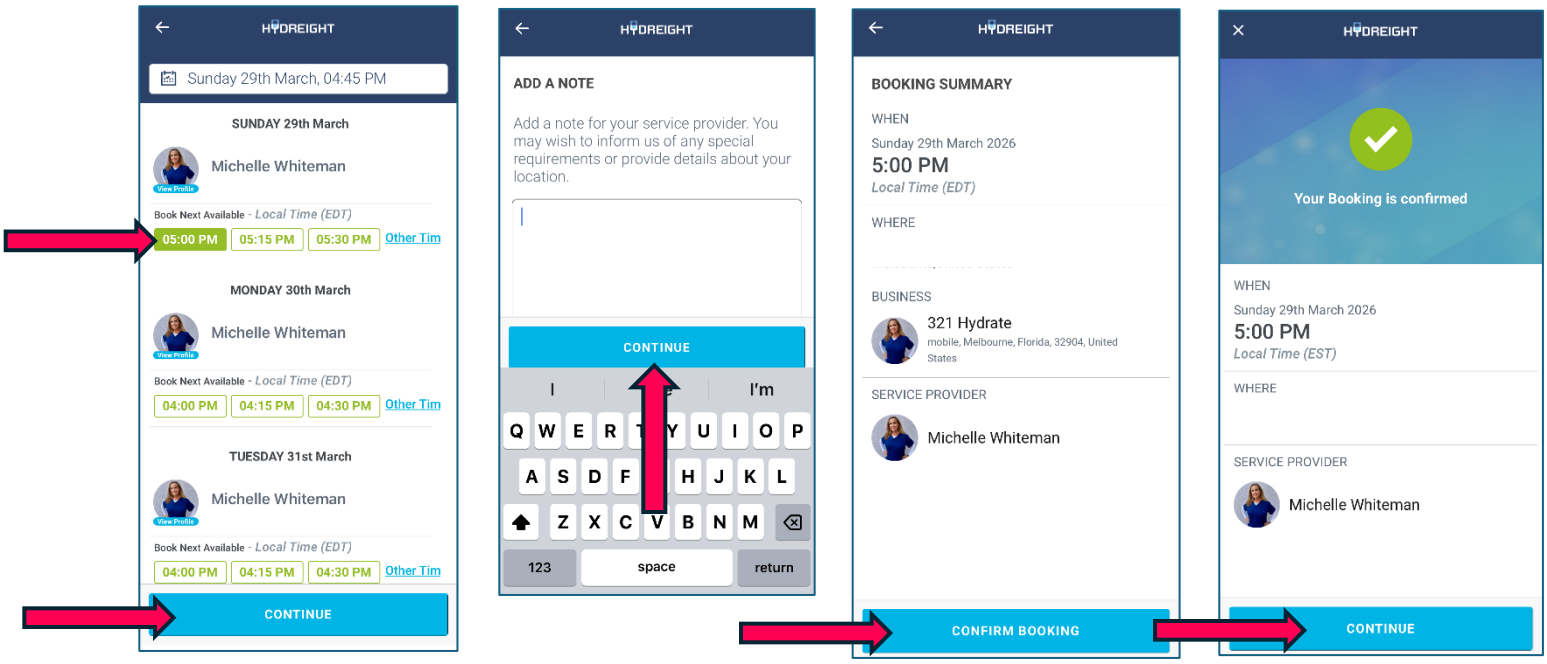
After recording shot 3, you will be able to schedule a check-in to continue your program for the next month. It is important to schedule your check-in on or before shot 4's due date to allow for shipping time and keep your program on schedule. Please note you are not able to schedule a check-in to continue your program until shot 3 is recorded. *

Note for split-dosing: The app does not have the capability at this time to track twice weekly shots. Record your shots as if you are administering only one shot per week (or your total weekly dose).

5. On the home page, click on your order. Click Schedule Checkin. If you are prompted to complete the Pre-Assessment, please answer all the questions and click Complete Assessment, Submit, and Continue. If you are not prompted to complete the Pre Assessment, continue to Step 6.



6. Choose a date and time for your check-in that is convenient for you* and click Continue. Add any information you need us to be aware of (not required) and click Continue. Review your booking for accuracy and click Confirm Booking. Your booking is confirmed, click Continue.



**If there is not a convenient appointment available, please choose any date and time as we can override the appointment. Call or text 321-989-3747 to let us know you need a different date/time than scheduled and we will coordinate another date/time that fits your schedule.*

When your check-in is scheduled, we will confirm with you via text or phone call to follow up, obtain your current weight and discuss your progress and dosing. If you are required to have an in-person and/or telehealth appointment with a nurse and/or medical provider, we will inform you at this time and coordinate a convenient time for you (no additional charges will apply).

7. Once your check-in and next month's order have been completed, you will see a new order on your home page. Note that if you have not yet recorded shot 4 of your current prescription, you will see 2 orders on your home page. Once you record shot 4, your current order will be completed and will no longer be visible on your home page. Complete the process for each new order once received.

