Customer Intake Form	
Personal Information:	
Name:	
Address:	
City:	
State:	
Zip Code:	
Phone Number:	
Email Address:	
Date of Birth:	
Gender:	
Occupation:	
Emergency Contact Information:	
Name:	
Relationship:	
Phone Number:	
Email Address:	
Coaching/Training Information:	
What type of coaching/training are you interested in?	
What are your goals for coaching/training?	
What are your current challenges or obstacles?	
How did you hear about our coaching/training services?	
Have you worked with a coach/trainer before? If so, please describe your experience.	

Are you currently working with a coach/trainer? If so, please provide their contact information.

Medical Information:

Do you have any medical conditions or injuries that may affect your ability to participate in coaching/training sessions?

Are you currently taking any medications? If so, please list them.

Do you have any allergies? If so, please list them.

By signing below, I acknowledge that I have read and understand the terms and conditions of the coaching/training services provided by [Your Business Name]. I agree to participate in coaching/training sessions at my own risk and release [Your Business Name] from any liability for any injuries or damages that may occur during or as a result of coaching/training sessions.

Signature: _____

Date: _____