

## **What People Say About Our Leadership Class:**

“This class has helped me understand myself and how to get the most out of interacting with others in both my personal and professional life.” —*Robert D. Klavoon, P.E., Wendel Duchscherer Architects and Engineers, P.C.*

“This class has provided me with tools I’ll be able to use throughout my career as I continue to further develop myself and my team members as leaders.” —*Jill Walsh, P.E., LEED AP, O’Dea Lynch Abbattista Consulting Engineers, P.C.*

“This leadership class provided me a better understanding of myself and gave me the tools to reach others at a core level.” —*Kieran P. Spillane, P.E., WSP/Parsons Brinckerhoff*

“The program reveals new ways to build collaboration, teamwork, and trust, to help each other excel. Best leadership training I’ve had in my life.” —*Mahmood Mohammed, P.E., HAKS Engineers, Architects, and Land Surveyors, P.C.*

“Due to the Jennings Group I have learned to appreciate and more effectively lead a diverse team of people.” —*Christopher M. Kaiser, P.E., STV*

“Knowing oneself is equally as important as understanding those around you in order to be an effective leader, and in return help those around you to evolve into effective leaders.” —*Jared R. Donnamiller, P.E., LEED AP, AKF Group LLC*

“Understanding and recognizing a wide spectrum of personalities and being able to interact with them on a personal level that maintains them in their comfort zone is one of the key aspects of being a successful leader.” —*Mariette F. Rajan, P.E., STV*

## **About The Jennings Group**

The program will be taught by The Jennings Group LLC. The Jennings Group specializes in working with engineering and other technical and project management organizations. Over 1,500 professionals from over 200 organizations and 28 countries have participated in The Jennings Group’s leadership programs. In our more than 30 years in the industry, we have conducted over 55 extended leadership programs and nearly 1700 coaching sessions.

The faculty includes:

**Kate Kaynak**, Ph.D., (President) has taught undergraduate and graduate courses at the Johns Hopkins University, The University of Maryland, American University, Marymount University, and Rutgers University. She was the founder of Spencer Hill Press, which was acquired in 2014 by a New York publishing company. She has received degrees in psychology from Yale University and Rutgers University. She started facilitating for The Jennings Group in 2010.

**Rachel Rothman Cohen** (Facilitator) is a graduate of the University of Pennsylvania (B.A.) and Cornell Law School (J.D.). She has experience practicing law privately, and more recently acting as a contracts manager in the publishing industry. She started facilitating for The Jennings Group in 2015.

**Nick Kessler** (Facilitator) brings experience as a policy analyst and campaign consultant, as well as Deputy Commissioner of the Virginia Employment Commission. He is a graduate of Yale University (B.A.) and the University of Virginia Law School (J.D.) and has attended the Sorensen Institute for Political Leadership and the leadership program of the Virginia Executive Institute. He started facilitating for The Jennings Group in 2016.

**Jennifer Boldt** (Facilitator) has been a practicing marriage and family therapist for over a decade and is an ordained minister. Her counseling practice focuses on the various facets of emotional intelligence in leadership development, marriage & family, and conflict management. She holds a master certification with PSP and Total SDI and a 90 hour MA in Counseling from Gordon-Conwell Theological Seminary. Additionally, she is a co-founder of the Jennings Leadership Foundation. She started facilitating for The Jennings Group in 2018.

*The Jennings Group*

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[www.TheJenningsGroup.com](http://www.TheJenningsGroup.com)

*The  
Jennings  
Group*

**Leadership  
Institute**



***A practical skillset to transform rising stars into the leaders people actually want to follow***

**Metro DC  
2019-20**

## Where and When

Classes will take place at the meeting center in the Holiday Inn at Dulles Airport (45425 Holiday Drive, Sterling, VA 20166). All full-day classes will run from 8:30am to 4pm. The one-on-one personal coaching session will last for approximately one hour. Personal coaching may be conducted in-person or by phone.



## Schedule

### **Session 1: Leadership Principles**

October 11, 2019

### **Session 2: Understanding Yourself and Others Better**

November 15, 2019

Delivery date for one-on-one materials (personal evaluations and vision). To be sent to The Jennings Group for review in preparation for individual one-on-one sessions (not a formal session)

November 30, 2019

### **Session 3: Individual Meetings for One-on-one Coaching 1-hour Sessions**

(options for in-person or by phone)

December 3-4, 2019

### **Session 4: Communicating to Motivate**

January 24, 2020

## Tuition

Tuition costs include the costs of 8 sessions with continental breakfast and lunch, a one-on-one individual coaching session, and all program materials and online assessments.

Standard tuition: \$7,000

Tuition for ACEC member firms: \$4,500

Tuition for ASCE member firms: \$4,500

### **Session 5: Leading Strong-Willed/Difficult People and Leading in Conflict Situations**

February 21, 2020

### **Session 6: Leading Change: Creating Environments for Change and Overcoming Resistance to Change**

March 27, 2020

### **Session 7: Empowering and Growing Others: Delegating, Coaching, Mentoring and Empowering**

April 24, 2020

### **Session 8: Taking and Controlling Personal Risk: Defining Your Own Leadership Style**

May 22, 2020

### **Session 9: Inspiring Leadership in Others: Creating a Leadership Culture; Creating a Personal Growth Plan**

June 12, 2020

Make-up/Snow Day (if needed)

June 26, 2020

## Registration Form

Full Name \_\_\_\_\_

Firm \_\_\_\_\_

Title \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Work Phone \_\_\_\_\_

Cell \_\_\_\_\_

Email \_\_\_\_\_

Please include a copy of your most recent resume.

What do you hope to gain from the class?

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Send completed forms and checks payable to:

**The Jennings Group LLC**  
**293 Main St., Hopkinton, NH 03229.**

Cancellation policy: All cancellations must be in writing and must be received at least 10 business days before the first session. Companies may send replacement participants if the initial registrant is unable to attend. Registered participants will receive a full refund if the class does not have minimum enrollment 10 business days before the first session.