



# PORTHTOWAN

## SURF LIFE SAVING CLUB

### **EMERGENCY OPERATING PROCEDURE – NIPPERS AND JUNIORS BEACH SESSION**

#### **MINOR INCIDENT** (sprain, weever, anxiety, Porthtowan toe)

- Participant to leave session with adult or (competent junior) to be taken to first aid station at the club.
- Any first aid treatment to be given by qualified members or RNLI Lifeguard. First aid log must be completed.
- Adult must liaise with register taker at the club to contact parent/carer and inform adult what has happened.

#### **MAJOR INCIDENT** (Time critical injury/drowning/big sick/ any incident requiring 999 call)

- Raise the alarm – 3 whistle blasts.
- RNLI Lifeguards / L2 coach / Trainer/Assessors to take charge of incident
- Coaches and helpers: Cease activity, ensure all participants are out of the water and reregistered at the clubhouse.
- Lifeguards: follow procedures dependant on incident
- Lifeguard control / senior club member: dial 999 as necessary.

#### **AFTER THE EVENT**

1. Debrief the team. How did it go? How is everyone feeling?
2. Complete incident reports:
  - Minor first aid forms in the first aid kit
  - Major incidents reported to SLSGB, the committee and potentially HSE.
3. Phone Adam on 07792533331 to help with support and next steps
4. Be stress aware. People can be impacted by incidents in different ways. Professional post incident support is available through SLSGB.