

# AWARD SPECIFICATION



## Level 1 Assistant Coach

<b>Minimum Age at Assessment:</b>	16 years
<b>Minimum Guided Learning Hours (GLH):</b>	8 GLH – units as listed below plus Myagi test checked by a Level 2 – Lead Coach Plus, further minimum of 10 hours supervised activities to become competent to undertake supervised activities as listed in the Level 1 Logbook
<b>Pre-Requisites:</b>	Be an existing member of SLSGB
<b>Validity:</b>	Will expire if in any 2-year period the CPD requirements as set out below are not met (Use it or snooze it)
<b>Continuous Professional Development (CPD):</b>	Annual submission of a minimum of 10 hours of SLSGB Coaching using the Self Declaration Form
<b>Trained By:</b>	SLSGB Level 2 Lead Coach (Accredited to train)
<b>Assessed By:</b>	SLSGB Level 2 Lead Coach (Accredited to assess)
<b>Assessment Fee:</b>	£65 in-club delivery
<b>Myagi Online Learning Resource:</b>	<ul style="list-style-type: none"><li>- Safeguarding</li><li>- Duty of Care</li></ul>
<b>Trainer led units to be taken to achieve this award:</b>	<ul style="list-style-type: none"><li>- Introduction to Coaching</li><li>- Coaching Fundamentals</li><li>- Preparing, delivering and evaluating coaching activities</li></ul>
<b>Completion of supervised, assessed activity as per the Level 1 logbook:</b>	Must be completed to be able to undertake Coach led supervised activities
<b>Award Aims:</b>	
This award will provide the learner with an introduction to the knowledge, skills and understanding of safe and ethical coaching principles in a Surf Life Saving Environment. It will equip the learner with the knowledge and skills needed to actively support a Competent Person (see National Safety Guide) in the delivery of pre-prepared sessions within a Surf Life Saving Environment.	
<b>Award Learning outcomes:</b>	
By the end of this course all candidates will be able to: <ul style="list-style-type: none"><li>- Demonstrate an understanding and knowledge of the roles, responsibilities, skills and techniques of a Surf Life Saving Sports coach and how to apply them whilst working under the supervision of a Competent Person (see National Safety Guide)</li><li>- Explain the principles of coaching and demonstrate how to prepare and maintain an equitable and safe coaching environment</li><li>- Demonstrate the principles of preparing, delivering and evaluating coaching session, including the preparation of equipment, facilities and participants, and supporting participant behavior and performance</li><li>- Demonstrate an understanding of basic guidelines of safeguarding and to provide children and young people with the best possible experience and opportunities in Surf Life Saving</li></ul>	

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## Assessment Process:

This course is Level 2 Lead Coach Assessed. Learners will be assessed using a variety of assessment methods. These are inclusive of, but not limited to:

- Observation of practice
- Questioning (written and oral)
- Online Tests
- Professional Discussions

## Typical format of delivery:

This is a one-day classroom-based course

## Supporting Information:

Resources Available:	<ul style="list-style-type: none"><li>- Online Learning Resources</li><li>- Level 1 Coach Workbook</li><li>- Level 1 Coach Logbook</li><li>- National Safety Guide</li><li>- SLSGB Coaching FUNdamentals</li></ul>
Online Learning Environment (Myagi):	You will be sent access to the SLSGB Myagi on registration and payment for the course, you will then be required to complete the Safeguarding and Duty of Care tests prior to attendance on the course
Recognition of Prior Learning (RPL):	Not Applicable
Progression:	SLSGB awards in the Lifesaving Pathway, SLSGB Level 2 Lead Coach