Characteristics of Sprint Planning

The following are characteristics of effective Sprint Planning. For each statement, indicate how strongly you agree with that statement.

#	Statement	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	Not Applicable
1	The time spent in Sprint Planning is valuable.						
2	Only items that meet the Scrum Team's criteria for "Ready" (i.e. "Definition of Ready") are brought into the Sprint Planning session; Sprint Planning is not used for Backlog Refinement.						
3	Work is pulled in by Developers versus work being pushed onto Developers.						
4	All Scrum Team members understand the outcomes they are responsible to deliver in the Sprint.						
5	Scrum Teams consistently use velocity as a reliable predictor of scope for the upcoming Sprint.						
6	All Scrum Team members are actively engaged in the Sprint Planning session.						
7	All Scrum Team members understand their first step they will take when they leave Sprint Planning.						
8	Developers consistently have high confidence they can deliver all the forecasted work they pulled into the Sprint.						
9	A Sprint Goal is consistently identified in every Sprint Planning.						
10	A Sprint Goal focuses on delivering value in a limited area; the Sprint Goal is not too wide in scope or breadth.						
11	The work pulled into the Sprint aligns with Product Vision, Product Goal, and Sprint Goal.						
12	The tools (e.g. Jira, ADO, etc.) we use are optimized to enable easy facilitation/execution of our Sprint Planning session.						
13	A reasonable amount of time/capacity is consistently reserved in the current Sprint for continuous improvement action items identified in a prior Sprint Retrospective						

While the above is not an all-inclusive list, Scrum Teams that have more effective Sprint Planning sessions tend to exhibit the characteristics above. Review your answers. See if there are any patterns to your responses. Are there any opportunities for improvement you see? What actions might be needed to increase the impact of Sprint Planning?

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