

# THINK FOR YOURSELF

CHAPTER ONE

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# **Think for Yourself**

# What this Book is About

[Introduction]

Leonardo da Vinci was one of the greatest thinkers, inventors, artists, and innovators of recorded history - if not *the* greatest.

Yet he was called a bastard by the religious ones of his society, because his parents did not have the official permission of the priests to perform the natural and necessary act of sexual union. This holy condemnation denied him the right of the traditional, classical education of his day that he would otherwise have had, and this gave him a supreme advantage over others of his society - it left him free of most of the fetters of traditional mental conditioning.

He himself said he had to think for himself because, not being educated, he did not know what he was *supposed* to think.

What a beautiful gift it would have been for all of us, if we hadn't had our thinking done for us, prepared for us, mostly before we were born - if we therefore didn't know what we were *supposed to think*, or to believe - if our minds had not been conditioned and caged, but allowed to fly free as a bird.

Leonardo used to purchase caged birds, then take them from the cage and throw them into the air and let them go free. He said they were designed and born to fly free. As is our capacity of thought. In that way lies inspiration - and in that way only.

It is a fact that cage birds, after having been confined for years, are usually very reluctant to leave the cage, even when the door is left wide open. They often remain inside - afraid to venture out, afraid of freedom. They feel much more secure within their confining environment, safe with the imprisonment they are familiar with. They have never flown and they are afraid to attempt to fly. Freedom can be frightening for them.

And so it is with human beings. Their conditioning is all-embracing: they know nothing else, and what they don't know, are not familiar with, they are afraid of. If it is not already open, the words of this book are opening the door of your prison: are you afraid to fly free? If you miss this opportunity you may have to wait a very long time indeed before you find the cage door open once more: there are many champions of the old established ways and traditions who will be more than willing to slam it shut for you. It is in their interests that you remain a prisoner.

I do not *want* you to come out and fly free: I do not *want* you to remain within your prison. I merely want you to have the free choice to do either. And you cannot have free choice unless you have the alternative way presented to you. I present it to you. I neither gain nor lose by the choice you make. I have no vested interests, either way. I am satisfied that you now have the opportunity to choose. That is the purpose of this book. What you do with that opportunity does not concern me: it is solely a matter **concerning you and your Higher Self**.

Choose wisely.

# Chapter 1 - Purpose

#### Is There Really a Purpose to Life?

Do you believe that there is a purpose to life - human life - or do you consider you're just a walking accident of nature, as Big Bang and Evolution theorists tell us? If you believe you have no specific Purpose for being on Earth, then you don't really have much to aim for in life, except your own personal well-being and maybe helping some others along the way, if you feel inclined.

If you believe that you do *not* have a Purpose in life, then there's no more to be said - what's the point? On the other hand, if you believe you may have a Purpose - a specific reason for existing on this Earth but you don't know what that Purpose is, then you *cannot know how to behave* in life. At best you can only pick out what you consider may be the best principles you may find in and among the morass of laws, morals, rules and regulations of the various cultures of the world - most of which have been laid down many centuries ago by primitive and often savage tribesmen, worshipping their various gods.

But if you're still looking, you must be seeking something different from what you've already experienced, and you must have recognised that what is the accepted, conventional explanation for how things are in this world (and the Universe) is false, lacking and unsatisfactory. You must have realised that the current and past established systems and ways of life just *do not work* - do not bring about a satisfactory outcome, and therefore do not have a sound basis. *The Truth, the solution to your problems, must lie elsewhere.* Why else would you still be searching?

# Is Religion the Answer?

Where do you look to find the Purpose of life - and specifically *your* Purpose for existing on this Earth? Suppose, for instance, the first place you started looking was in the various religions. Let's just consider that way.

If you own a motor car and you're not satisfied with its performance, or don't really know how to operate it with all its sophisticated electronic and mechanical refinements, you can go to an Agent of the manufacturer, or even the Main Agent. These Agents, *if genuine*, will have been trained by the manufacturer, and have diagrams of the electrical and mechanical parts, with full operating instructions.

But what if there were dozens of groups of Agents throughout the world, each chain with a different company name and in fierce competition with one another, all giving out different, contradictory advice and instructions - and most of them not even able to keep their *own* car in good condition - yet *all claiming to be the true Representatives and Agents* of the Manufacturer and designer of the vehicle?

You could drive yourself crazy contacting each company or group of Agents in turn, trying out their ideas, and following their instructions. You'd most likely ruin your vehicle and bankrupt yourself in the process, without ever finding out how the vehicle was supposed to work, or the purpose of the various controls and working parts. Unless, of course, you just happened to hit on the *one* genuine company or representative of the Manufacturer - *if* the Manufacturer had ever appointed one.

You could, of course, come to the conclusion that they were *all* the true representatives of a demented manufacturer, with a twisted, sadistic mind, who deliberately wanted to throw the whole motoring public into confusion and ruin, for his own amusement.

The same applies with religions. In all sanity, can you really believe that a god, presumably a vastly intelligent and merciful Being, would appoint a massive array of agents (that is, priests, bishops, mullahs, rabbis, elders, and other preachers) all over the world, to represent him - and all bunched under a variety of different religions, with widely differing morals, rules and regulations - and all claiming to be the *true* religion? If so, then the system must have been designed to drive people crazy - or create wars.

Realise you don't need to be involved in such a senseless way - because in truth there is a different system in operation, and this is the way it works:

Suppose you bought a modern computer, with all accessories. You'd find that it had a special 'Help-line' system built in. With this, if you encountered a situation where you were out of your depth or baffled, you'd merely press a key to open a channel to the relevant information or advice. A much better system - simple and direct.

Similarly, you are already equipped with that built-in 'Help-line' system. It's the intelligent way. With the human mind you definitely do not need any sort of Agent. You have a *direct line* to all the understanding you need - if you have the courage to use it.

#### Are You an Accident of Nature?

Before we go any further, before we discuss *how* to get in touch with your 'Help-Line', we need to ask *who or what* we are supposed to be contacting, so allow me to explain the nature of your contact.

This planet of ours may appear to be one of millions, and it may be sheer arrogance to assume that human beings are the most important thing in the Universe; but, nevertheless, this planet is unique, although it is but a part of the universal pattern. It is not an accident. It was designed for a special and specific purpose. Human beings are not *accidents of nature* or evolution. They are on Earth for a specific purpose.

You are the inhabitant of a human body on this Earth. But, away from the Earth, you are a Being of immense power and intelligence. You had a specific task to perform on the Earth, and this could be done in the most efficient manner by employing a machine capable of interaction with other beings and with the environment. Hence the human body/machine.

So, away from the Earth, you divided yourself into two parts - the main mass of Power and Intelligence (which we'll call your Higher Self) and a small spark that you projected to Earth to occupy a body/machine for a short span of time.

You arranged for differing Patterns of Thought to be available for your use, for the use of your human body/machine, patterns geared either to work towards your Purpose for being on Earth or against it. This was necessary because free choice is an essential element of the fulfilment of your Purpose, and your future depends upon fulfilling your task *willingly* - or not at all. You arranged for the facility of being able to select the use of a pattern of thought of high value - or one dedicated to the satisfaction of emotion. Your thought pattern of high value is, in effect, your 'Help-line', your unique personal link with your Higher Self - the Intelligent part of you. Therein lies all the understanding you require.

YOU - the real you, the whole Being - prepared the thought pattern of value before you came to this Earth. YOU arranged for your Earth-self to be fed all the necessary understanding of life, *directly*, as and when required.

To fulfil the purpose for your existence on this Earth, you need no-one - no other person. Can you imagine a Being of superior intelligence arranging a special mission for itself, or a part of itself, where it had to depend on the ability, goodwill or whims of others?

#### What is Your Mission in Life?

So, what is your special mission in life then, this special purpose? I cannot tell you. Nor can anyone else tell you - not agents, not middlemen. It is not for them to know. Do you think you would have sent yourself on a mission and withheld the knowledge of it from yourself, and instead told someone else? And would you then have relied upon their telling you - if they felt like it, if it pleased them, if you could contact them, and if they got the right price for it? Ridiculous! Would any Being with an ounce of common sense do such a thing?

But there is a sure way to discover all you need to know - from your own Higher Self - by making the effort, not to struggle to find out, but to *allow* your Intelligence to show you.

No guru, grand master or priest, occult or otherwise, can tell you. Your Higher Intelligence is, by definition, intelligent not stupid. Why would it arrange for itself to only be able to contact the other part of itself through an agent? It is only intelligent and efficient to arrange a direct contact - then there's no fear of misinterpretation or misunderstanding. And no confusion about who, among the world's profusion of conflicting and warring religions, the real, genuine Agent might be.

It would be idiocy to arrange to have thousands of Agents of differing persuasions all over the Earth, all claiming to be the true ones, to relay instructions from some god or super-being to you. Yet there are so many preaching a wide variety of differing rules and regulations, with many of them fighting for supremacy, and killing one another - even with armies.

It would be like the old television game, Call My Bluff, in which four players each give their version of the definition of a certain word or phrase: only one has the true answer and the other three have to bluff the audience by giving a plausible but false explanation. In the end, the members of a panel, and the audience, have then to try to guess which one is telling the truth. Then the real truth-teller stands up. Real life is the same, but with hundreds of players, in this case the high priests of dozens of religions, all trying to convince you their version is the Truth: and in the end they **all** stand up.

No intelligent Being, a god or otherwise, would act in such a way. The Intelligence part of you is caring and sensible in arranging communication directly with you, to avoid any misunderstanding whatsoever.

#### You are a Receiver

Now, as to how you go about opening this communication with your Higher Self, the whole thing is a matter of preparing yourself to *receive* thoughts of a higher quality, which entails altering your basic attitude towards your Higher Self. So I'll list the main important factors you need to bear in mind:

ONE - you need to realise there's no need to *search* for Truth, for Purpose. The link with all the knowledge and understanding you will ever need is right there, within you, waiting for you to release it.

TWO - you need to understand the nature of the Being you're dealing with. It is no angry god, no Being that will punish you, nothing that will harm you. It is the other part of you. If you set out on the road to fulfilling your mission in life, it will care for you, protect you, and enlighten you. It's as simple as that. Otherwise it is arranged that you must suffer the natural consequences of your own attitude - the chain of reactions you yourself set in motion. That is your choice.

THREE - because of what you are, what you are a part of, you must realise there's no need for praying, begging, flattery, chanting or rituals. Your Higher Self could be saying to you, "Hey partner, cut out the grovelling. It's me you're talking to, remember? *You are I*."

FOUR - and this is most important - do not strive, do not struggle for contact, for understanding. Merely put aside your old ways, the old ideas, rules and principles that *other people* have invented and prepared for you. Just understand that you are a *receiver* of enlightenment, not a searcher, a grasper of knowledge, of the knowledge you *want*. Just allow your Intelligence to teach you, to show you what the purpose of your existence is.

It is a matter of what your Higher Self, the super-intelligent part of you, considers is necessary and desirable for you to have understanding of, at any particular stage. Simply put yourself in a **listening mode:** be patient and not demanding; let the intelligent part of you direct the operation.

Because of superstitions about devils and evil spirits, fostered by those who wish to control others, many people are afraid of inadvertently allowing other entities to enter the mind - afraid of being 'taken over', as they say. No need to worry, for this is not possible under any circumstances. **No other Being, person or entity can enter into your mind.** So set your mind at rest.

The only way to allow anyone to have control over your mind is by you accepting pre-packaged, preconceived ideas and theories as correct, without question, without very thorough investigation indeed, without applying the 'common sense' test. And this applies even to what I'm telling you now. Whatever so-called 'Truth' other people may come up with, it is of no value at all unless it helps you to *make sense out of life*. Until you can do that, all the rest is irrelevant. That's why it's so futile to get involved with mysterious and mystical things.

# There are No Mysteries

Certainly there can be no mysteries, as many agents of religion and occult gurus find it so convenient to claim when you ask about matters that are contradictory, or that they cannot explain. Unless the perpetrators of 'mystery' can give you a simple and clear explanation of them, you can take it with certainty that they themselves are indeed mystified. If you were genuinely trying to find and fulfil your Purpose in life, why would any intelligent and caring Being - the other part of you - want to mystify you? Mystery serves no purpose, except for those who like to play games or fool people. Mystery does not exist - only ignorance in the minds of Man exists.

I know it's true that at certain times in life people do have odd, unexplainable things happening to them. When in bed or sitting alone, it could be a vivid scene or vision that comes to mind; a voice you seem to hear; looking down on your own body; a floating in the air or mental travelling to some other place; even a premonition. It doesn't matter what, it's just your Higher Self sort of tapping you on the shoulder and saying, "Hey, look, I'm here. There's something else apart from what you see around you, or what you've been taught. Do something about it!"

Dabblers in spiritualistic and occult-type practices may recommend that you sit and meditate at particular times, with candles or incense sticks burning, with a dim half-light atmosphere, and with other aids to yourself and the spirit entities. Is this necessary to open a channel with your Higher Intelligence? I don't mean to be disrespectful to such ones, but just apply common sense to the situation and you'll have your own answer. No special effects are necessary or desirable.

Can you imagine that a super-intelligent Being is going to check its watch before it communicates with you. Or if you urgently needed guidance, might you just get an answerphone message, saying: "I can't speak to you just now, but please leave a message and I'll get back to you during holy office hours".

Can you imagine that it would approach your room, take a big sniff and say: "Ahh! I think I'll call in here - I just love the smell of sandalwood".

Can you imagine it would approach, see the lighted candles and clap its hands in glee? Can you imagine that it would appear in your room wearing shades because the light was too strong for its eyes - because it needed dim lighting? Let's be reasonable about these things.

As for helping you, all you need, initially, is to be alone and quiet. Let everything be natural. Don't try to be supernatural, with gimmicks. They don't help your natural receptive state of mind, they hinder. Again, apply the common sense test.

# You are Part of a Team

Now I know we've diverted from discussing the six factors which I was saying you must bear in mind, but it was necessary. So, now we come to number five.

FIVE - realise that you are part of a team - you, the Higher Self, and you, the Earthling - partners forever. The 'higher you' is a Being of Power permeated with Intelligence. Yet, in order to fulfil its mission on Earth, *it needs you*, its Earthly representative. It needs your co-operation. It needs to use the Earthly part of itself as its probe among the beings, substances and environment of Earth. You inhabit a body for that very purpose. It cannot proceed without its Earth Being. But first it requires you to open the channel to the higher *pattern of thought* through which it operates.

# The Grand Design

SIX - this is the most crucial time in Man's history. The Earth is becoming a scrapyard of beings, the rubbish dump of Man's stupidity. The human race is determinedly going along the road of self-destruction - and destroying all its fellow creatures into the bargain. And this is no mystical prophecy: it is the cold fact of what can clearly be seen to be occurring.

But, there is a grand design in hand for the assistance and enlightenment of Mankind. Many Higher Beings are involved. And it *will* proceed. The question is - are *you* to be actively involved? And how would you know if you *were* intended to be involved?

Well, it's simple! You can divide the human race into two factions: those who are content with the old ways, or with the old way of just trying to change what they don't like - and those who are genuinely looking for a new way, not just playing with old religions or mysticism, morals or traditions.

Have you seen things happen around you and thought, 'This definitely isn't right', yet no-one else seems to mind particularly? Have you felt an urge to do something about it, something to help Man in general out of his mess, but you don't know how, and are still searching for an answer to it all? If you just don't seem to fit in, even with your own friends and relatives, then you're not alone - there are thousands the same as you, all over the Earth. And you are not ordinary: you do have a mission in life. You're not here merely to fill in time from birth till death, fitting in with the conditioned ways of Man - although you can do that if you don't want to make the effort to do otherwise. If you do not allow your Higher Self to play its part, another will step in and do its part (or rather *your* part) for you: your opportunity will be lost forever. On the other hand, you could be a pioneer.

A pioneer is someone who takes a new way *first*. And being among the first means acting upon it *now*! In this case by allowing your Higher Self to act through you - in other words by becoming a *Being inspired*. A pioneer will be a leader - those who come later merely followers. But be careful - no religion of any sort will ever be used as part of this plan for ensuring the survival of the race of Man. You can be sure of that. Religion is the very opposite of using your own thoughts: it's merely blindly following someone else's. And using *your own* thoughts is the key to all matters of improvement of the mind, and of the search for Truth or Purpose. However, do not confuse the two things - thoughts to satisfy *emotion* and thoughts of guidance. This difference is explained in the chapter on 'Senses'.

In the end, you have to do it yourself - there's no other way. But it could be an interesting, exciting and enjoyable journey of discovery.

#### Summary

- 1) Realise and keep in mind *who* you are and *what* you are.
- 2) No kinds of priests or agents are necessary or desirable especially representatives of each of a variety of gods. You have a *direct* line to your Self, your Higher Self.
- 3) There is no need for any searching what you require is already there.
- 4) There is no need for praying, flattery, or grovelling to a vindictive god.
- 5) Come to understand the nature of the Being you're dealing with the magnificent part of yourself.
- 6) Remember, you are an essential partner in a team.
- 7) No need for mysticism, rituals, or semi-darkness just be open and natural.
- Do not struggle for understanding. Allow your Higher Self to give you what you earn by your efforts to contact what is within.
- If you feel you're the odd-man-out, then you're not alone. You're part of a small army, as you will discover before long.
- 10) Above all, you must establish a close working relationship with your Higher Self. Talk to it, write down the thoughts it sends. Consciously allow it, gradually but surely, to guide you. Your eternal partner awaits your contact.

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The Singer not the Song, but the Writing, not the Writer.



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