

N.D.A.

GIRLS PLAYING REGULATIONS

(Revised June 2025)

BASKETBALL

ALL SPORTS

Eligibility - See the NDA Constitution.

Schedules -

If at all possible, there shall be no overlapping of NDA schedules (including NDA play-off games) for season sports.

*There shall be no NDA scheduled games, or activities, for **3 days** preceding any examination day in a school calendar. Any changes will be communicated amongst principals.*

Every attempt should be made to avoid league games on Sundays or holidays.

Every attempt should be made to schedule no more than 2 games per week in all sports.

*No NDA contest or activity shall be scheduled that "**affects school time**", unless authorized by these guidelines, or arranged through the mutual agreement of the Principals of the schools involved.*

The schedules for all NDA sports must be made available to all Principals for approval, at the earliest time possible, but no later than 24 hours prior to the beginning of each sport season.

Any incidences of player or coach misconduct must be forwarded, by the convenor to the coach's principal.

In order to participate in any NDA activity, participants shall be in the charge of a coach for the duration of the game or contest.

DIVISIONS:

- Junior: the individual's birth certificate indicates that he/she has not reached his/her 15th birthday by January 1st prior to the start of the school year in which the competition is held.
- Senior: the individual's birth certificate indicates that he/she has not reached his/her 19th birthday by January 1st prior to the start of the school year in which the competition is held.

ELIGIBILITY:

A student must have played in at least two (2) regular league games exclusive of play-off games in that division in the district before being eligible for N.O.S.S.A. A player may not play in one classification if she has played in her district play-offs in another classification.

TEAM FINANCING:

1. The costs for tie breaking games are to be shared by the teams involved.
2. Costs include travel and officials.

REGULAR SEASON AND PLAY-OFF STRUCTURE

The junior and senior girls' basketball leagues regular season consist of each team playing each other in a home and away contest with a maximum of 12 games. In the event of an 8-team league, the schedule shall consist of 7 regular season games. The convenor will evaluate the need/desire for a 'double-header' as needed. Every effort should be made to make junior and senior double headers versus the same school. Schools competing for a NOSSA B, can choose not to compete in NDA playoffs and have their own championship. These schools must state their intentions by the NOSSA intent to participate date. In the event that a team (or teams) drops out of a league after the schedule has been made, no revisions will be permitted. Teams will follow the original schedule and will receive a bye where the games with the team dropping out of the league were scheduled.

1. All teams shall make the play-offs unless B schools have opted out.
2. All play-off games shall be sudden-death.
3. The NDA Finals shall be a best two (2) of three (3) series.
4. All playoff games will be at the court of choice of the home team with venue fees if any to be paid by the host school.

The following shall be used as the format for the play-off structure:

- (a) In a three (3) team play-off, the format shall be: 1-bye, 2 vs. 3 and the winner and 1 play in the final (best two of three).
- (b) In a four (4) team play-off, the format shall be: 1 vs. 4, 2 vs. 3 and the winners play in the final (best two of three).
- (c) In a five (5) team play-off, the format shall be: 1-bye, 2-bye, and 3-bye, 4 vs. 5 and the winning teams then follow the four (4) team league.
- (d) In a six (6) team league, the play-off format shall be: 1-bye, 2-bye, 3 vs. 6, 4 vs. 5 and the winning teams then follow the four (4) team league.

- (e) In a seven (7) team league, the play-off format shall be: 1-bye, 2 vs. 7, 3 vs. 6, 4 vs. 5 and the winning teams will then follow the format for a four (4) team league.
- (f) In an eight (8) team league, the play-off format shall be: 1-bye, 2-bye, 3-bye 4-bye 5 vs. 8, 6 vs. 7, with the winning teams advancing to the next round where 1-bye, 2-bye, 3 vs the lowest ranked remaining team, 4 vs the highest ranked remaining team. The winning teams will then follow the format for a four (4) team league.
- (g) In a nine (9) team league, the play-off format shall be 1-bye, 2-bye, 3-bye, 4-bye, 5-bye, 6-bye, 7-bye, 8 vs. 9 with the winning team advances and the format followed shall be according to an eight (8) team league.
- (h) In a ten (10) team league, the play-off format shall be 1-bye, 2-bye, 3-bye, 4-bye, 5-bye, 6-bye, 7 vs. 10, 8 vs 9 with the winners advancing and the format shall be that of an eight (8) team league.

TIE-BREAKING PROCEDURE:

1. In all cases of **two-way ties** for any position in the league standing, the Convenor will take into consideration the following procedures for breaking the tie(s) in the sequence in which they appear.
 - (a) The won-lost record of the teams tied as they appear against each other.
 - (b) The difference between the points for and against, with the teams tied as they appear against each other - a maximum difference of 20 points shall be awarded in each game.
 - (c) The season's difference between the points for and against of the teams tied as they appear against every other team in the league.
 - (d) The team that has the fewest points against
2. In all cases of **three-way ties** for any position in the league standing, the convenor will take into consideration the following procedures for breaking the tie(s) in the sequence in which they appear. Once a team has been eliminated using the three-way tie breaking procedure, the tie between the two remaining teams will be broken by the two-way tie breaking procedure. Once the order (ranking) of the three tied teams has been established, the lowest ranking team shall be eliminated, and the convenor shall then break the tie between the two remaining teams using the two-way tie breaking procedures.
 - (a) The won-lost record of the teams tied as they appear against each other.
 - (b) The difference between the points for and against, with the teams tied as they appear against each other.
 - (c) The season's won-lost record of each of the teams tied as they appear against every other team in the league.
 - (d) The season's difference between the points for and against of the teams tied as they appear against every other team in the league.
 - (e) The team that has the fewest points against

N.O.S.S.A. REPRESENTATIVES

1. NOSSA participants will be determined following playoffs with the winning team getting first pick (declaring in their respective classification or higher), finalists getting the second pick with the third spot being filled according to league standings.
2. All N.D.A. entries to N.O.S.S.A. Championships shall be determined using the following order of priority:
 - (a) N.D.A. Play-off Champion
 - (b) N.D.A. Play-off Finalist
 - (c) N.D.A. League Champion
 - (d) The highest ranking Semi-finalist using league standings
 - (e) The other Semi-finalist
 - (f) The team with the best league record among the schools in the same NOSSA school classification. In the event that the championship involves more than one classification, the league records of all the schools in those classifications will be used.
 - (g) In the case of a 2-way tie in part (e), a play-off contest shall be played at the home of the higher ranking team determined by the 2-way tie-breaking procedure.
 - (h) In the case of a 3-way tie, the 3-way tie-breaking procedure will be used to determine the ranking of the teams. The 2nd ranked team will host the 3rd ranked team in a play-off contest. The winner of this contest will play a final play-off contest against the 1st ranked team at the home of the 1st ranked team.

OFFICIALS AND GAME RULES:

1. The current National Basketball Association Rule Book will be the guide for all games and officials. Local variations may be permitted at the discretion of the membership as a whole.
2. One (1) IAABO rated official or Superior OBA official must be used for every game.
3. Rated officials only, are to be assigned to officiate at all tie breaking games at the end of league play.
4. Rated officials, only, are to be assigned to officiate at N.D.A. tournament games.
5. Officials should be given a dressing room not used by coaches or team members.
6. The three (3) point shot rule shall be in effect.

CODE OF CONDUCT:

1. Any player or coach who is ejected from an NDA game must serve an additional one game suspension for the next league, NOSSA or OFSAA game; whichever comes first.

AWARDS:**1. Trophies to be presented:**

Junior:	League Champions - C.S.S. Raiderettes Trophy Play-off Champions - N.D.A. Tournament Plaque
Senior:	League Champions - Norma Higgs Trophy Play-off Champions - N.D.A. Tournament Plaque
Other Trophies:	Marg Stephen Trophy - Officials

Each of these trophies will be held by the winning school for the championship year.

2. Pennants to be presented:

An N.D.A. pennant shall be awarded to the N.D.A. Play-off Champions. This pennant will be kept by the winning school. If there are no play-offs, the pennants will be presented to the League Champions.

3. No additional awards shall be given to each member of a championship team.
4. Convenors for all team sports are asked to include an All-Star team discussion on the agenda at their coaches meeting at the beginning of their season.

GIRLS HOCKEY

ALL SPORTS

Eligibility - See the NDA Constitution.

Schedules -

If at all possible, there shall be no overlapping of NDA schedules (including NDA play-off games) for season sports.

*There shall be no NDA scheduled games, or activities, for **3 days** preceding any examination day in a school calendar. Any changes will be communicated amongst principals.*

Every attempt should be made to avoid league games on Sundays or holidays.

Every attempt should be made to schedule no more than 2 games per week in all sports.

*No NDA contest or activity shall be scheduled that "**affects school time**", unless authorized by these guidelines, or arranged through the mutual agreement of the Principals of the schools involved.*

The schedules for all NDA sports must be made available to all Principals for approval, at the earliest time possible, but no later than 24 hours prior to the beginning of each sport season.

Any incidences of player or coach misconduct must be forwarded, by the convenor to the coach's principal.

In order to participate in any NDA activity, participants shall be in the charge of a coach for the duration of the game or contest.

DIVISION:

There are no age divisions in N.D.A. Hockey, but the individual's birth certificate indicates that she has not reached her 20th birthday by December 31st of the current school year.

ELIGIBILITY:

1. No competitor is eligible whose name has appeared on a game sheet, and has dressed, after the first NDA regular season game for a team in the Ontario Women's Hockey League U-22 Elite or any equivalent team, any other expansion team in this league, any Women's Junior Hockey team or who is a member of the National Junior or Senior team.
2. All players must be certified as eligible by the principal of the school and as such, all teams shall submit an Eligibility List (through the AELS System) to the Convenor 24 hours prior to the first scheduled NDA game in November.

LEAGUE FORMAT:

1. Each team must compete in a minimum of 6 games PRIOR to the NDA playoff.
2. The convenor will organize a league allowing all teams who have notified their intent to participate by the deadline date (page 17 of N.D.A CONSTITUTION) to play six regular season games. Two games each in November, December, and January. These games may be played during school hours in the form of mini tournaments to accommodate athletes and cost.
3. In a two (2) team league, both teams may choose to play each other fewer than six (6) times and use scorecards from other tournaments and exhibition games to make up the six (6) required games. This will reduce the cost for both teams.
4. In a three (3) or more team league the convenor will organize the six game each league and an NDA play-off (see PLAY-OFF FORMAT).

PLAY-OFF FORMAT:

1. Determine standing in pool play. Points are awarded for pool play as follows:

regulation win = 3 points

overtime win = 2 points

overtime loss = 1 point

regulation loss = 0 points

(a) In a three (3) team play-off, the format shall be: 1-bye, 2 vs. 3 and the winner of 2 vs 3 will play 1 in the final if necessary.

(b) In a four (4) team play-off, the format shall be: 1 vs. 4, 2 vs. 3 and the winners play off if necessary.

(c) In a five (5) team play-off, the format shall be: 1-bye, 2-bye, and 3-bye, 4 vs. 5 and the winning teams then follow the four (4) team league.

2. Tie Breaking Procedures to Determine Standing in Pool Play:

Note: A maximum of a five (5)-goal point spread, regardless of the score, will be used to determine goal differential.

(a) If two teams are tied for a playoff position:

The team which won the game between the two tied teams during pool play shall receive the position.

(b) If three (3) teams are tied for one playoff position:

i. If one team defeated the other two teams during round robin pool play that team shall receive the playoff position

ii. The team with the greater goal differential ("goals for" minus "goals against") among the three tied teams in pool play, in games involving the tied teams only shall receive the position.

iii. If still tied then the team with the greatest goal differential in all pool games shall receive the position

iv. If still tied, the following equation shall come into effect "goals for" minus "goals against" divided by "goals against."

(c) In the event that any of the above do not break the tie for pool placement, the positions will be determined by the number of penalty minutes by the teams throughout the pool play and those teams with the least number of penalty minutes shall receive the position(s).

3. If outlying schools are of higher standings, they have the choice to host games in their community.

4. Overtime in play-off hockey shall be the following:

(a) At the end of the third period, there will be a three (3) minute break followed by a 10-minute sudden-victory period.

(b) If the tie is not broken, a thirteen (13) minute sudden-victory period will be played, after a flood of the playing surface. This procedure is to continue until the tie is broken.

SCORING:

1. Uniform score sheets must be used in all N.D.A. games.
2. The coach of the home team shall be responsible for seeing that all game sheets are properly filled out and advise the convenor and the media of the results immediately following the game.

RULES:

Hockey Canada rules shall govern play in the N.D.A with the following exceptions:

- (a) C.S.A approved facemasks and throat protectors must be worn by all participants including goalies. Inner mouth guards are strongly recommended but are not mandatory.
- (b) There is no limit on the maximum number of players that a team may dress for any games. A team must have a minimum of nine (9) players, eight (8) skaters and one (1) goalie to start a game. Otherwise, the game is forfeited. However, note that at NOSSA a maximum of 20 players (18 players, 2 goalies) will be enforced.
- (c) If a player receives four (4) minor penalties or three (3) stick penalties in one game, she is ejected for the remainder of the game.
- (d) If a player receives a match penalty or a major penalty her team shall play shorthanded for five (5) minutes and that player is ineligible to play in the remainder of that game and further suspension will be determined by the misconduct or match penalty code using the current year's OWSHA minimum suspension guidelines.
- (e) All games, including the final game, shall consist of three (3) thirteen-minute stop-time periods. If there is a spread of five (5) or more goals the final period shall be straight time. If the point spread returns to a 3-goal spread, it returns to stop time. There will be a flood every second period.
- (f) Teams are permitted one 60 second time-out per game.
- (g) In the event of a tie game at the end of regulation time in regular season play, the following will apply:
 - (i) one ten-minute sudden victory overtime period using a three-on-three system shall be played until a winner is declared.

(ii) in the event that one team is serving a penalty at the end of regulation time, it shall be four-on-three until the first whistle after the penalty has expired. At the expiration of the penalty the penalized player shall return to the ice and the teams shall play four-on-four until the first whistle at which time the teams shall revert to three-on- three.

(iii) if the game is still tied, a three (3) girl simultaneous shootout will take place. Shooters and one alternate must be declared on the game sheet prior to the start of the game. Substitution for an injured or penalized player is allowed. Penalized players may not participate in a shootout.

(iv) if the game is still tied, a one (1) girl simultaneous sudden victory shootout shall take place using the same players in the same order as above.

N.O.S.S.A. REPRESENTATIVES

1. All N.D.A. Schools must compete at the N.O.S.S.A. level indicated by the N.O.S.S.A. school classification rules unless the school has declared their intention to compete at a higher classification in writing to the N.D.A. Sport Convenor the day before the start of the N.D.A. play-off schedule. Such declaration must be signed by the school Principal, Athletic Coordinator (where applicable) and the Head Coach.

2. All N.D.A. entries to N.O.S.S.A. Championships shall be determined using the following order of priority:

(a) N.D.A. Play-off Champion

(b) N.D.A. Play-off Finalist

(c) N.D.A. League Champion

(d) The highest-ranking Semi-finalist using league standings

(e) The other Semi-finalist

(f) The team with the best league record among the schools in the same NOSSA school classification. In the event that the championship involves more than one classification, the league records of all the schools in those classifications will be used.

(g) In the case of a 2-way tie in part (e), a play-off contest shall be played at the home of the higher-ranking team determined by the 2-way tie-breaking procedure.

(h) In the case of a 3-way tie, the 3-way tie-breaking procedure will be used to determine the ranking of the teams. The 2nd ranked team will host the 3rd ranked team in a play-off contest. The winner of this contest will play a final play-off contest against the 1st ranked team at the home of the 1st ranked team.

CONVENORSHIP:

1. Girl's hockey shall follow the NDA Rotation.
2. Convenors will be responsible for organization (ice rental, scheduling, obtaining two referees for all games and score keepers) for a minimum of six games per team as well as the play-offs. On years when the NDA is also the NOSSA host, the NDA convenor shall also be the NOSSA convenor.

AWARDS:

1. There are awards (banners, ribbons, or medals) for Girls Hockey.
2. Convenors for all team sports are asked to include an All-Star team discussion on the agenda at their coaches meeting at the beginning of their season.

GIRL'S HOCKEY NDA LEAGUE FORMAT IDEAS:

Three (3) team league:

November (1 DAY from 9:00AM-3:00PM)

9:00 – 10:30 - TEAM 1 vs TEAM 3

11:15 – 12:45 - TEAM 3 vs TEAM 2

1:30 -3:00 - TEAM 2 vs TEAM 1

December (1 DAY from 9:00AM-3:00PM)

9:00 – 10:30 - TEAM 2 vs TEAM 1

11:15 – 12:45 - TEAM 3 vs TEAM 1

1:30 -3:00 - TEAM 3 vs TEAM 2

January (1 DAY from 9:AM-3:00PM)

9:00 – 10:30 - TEAM 3 vs TEAM 1

11:15 – 12:45 - TEAM 2 vs TEAM 1

1:30 -3:00 - TEAM 2 vs TEAM 3

Four (4) team league:

November (1 DAY from 8:00AM-3:30PM)

8:00 – 9:30 - TEAM 1 vs TEAM 2

10:00 – 11:30 - TEAM 3 vs TEAM 4

12:00 -1:30 - TEAM 1 vs TEAM 4

2:00-3:30 – TEAM 2 vs TEAM 3

December (1 DAY from 8:00AM-3:30PM)

8:00 – 9:30 - TEAM 3 vs TEAM 4

10:00 – 11:30 - TEAM 1 vs TEAM 2

12:00 -1:30 - TEAM 1 vs TEAM 3

2:00-3:30 – TEAM 2 vs TEAM 4

January (1 DAY from 8:00AM-3:30PM)

8:00 – 9:30 - TEAM 1 vs TEAM 3

10:00 – 11:30 - TEAM 2 vs TEAM 4

12:00 -1:30 - TEAM 2 vs TEAM 3

2:00-3:30 – TEAM 1 vs TEAM 4

SOCCKER

ALL SPORTS

Eligibility - See the NDA Constitution.

Schedules -

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Any incidences of player or coach misconduct must be forwarded, by the convenor to the coach's principal.

In order to participate in any NDA activity, participants shall be in the charge of a coach for the duration of the game or contest.

DIVISIONS:

There are no age divisions in N.D.A. Girls' Soccer. The individual's birth certificate must indicate that he/she has not reached his/her 19th birthday by January 1st prior to the start of the school year in which the competition is held.

ELIGIBILITY:

Players playing for any other Club or Association will be permitted to play for their respective high school teams as well as for their Club or Association.

SCHEDULE:

1. All play-off games are to be played on the home field of the higher placed team. If field conditions prevent this from happening, then a neutral field shall be used.
2. No playoff games are to be scheduled on the same day as the NDA Track and Field championship.

LENGTH OF GAMES:

Games are two (2) forty (40) minute halves, with a five minute break between halves. If a game that is in progress is cancelled due to uncontrollable circumstances, the result of the game will stand if two-thirds of the game has been played. If less than two-thirds of the game has been played, the game will be replayed during the next "make-up" day built into the schedule.

RULES:

For any discrepancy in rule interpretation at the N.D.A. level, the convenor shall refer to F.I.F.A. rules as the deciding factor with the following exceptions:

1. Substitution for a yellow-carded player is compulsory. The yellow-carded player is the only player who may be replaced at that time and he may re-enter the game at a regular substitution period.

SUBSTITUTES:

Each team will be allowed to dress an unlimited number of substitutes. Each team shall be permitted an unlimited number of substitutions on goals or goal kicks. Teams may also substitute on their own throw-ins. The other team may also substitute if substitution is first initiated by the other team.

FIELD OF PLAY:

Each school should provide four (4) corner flags. Corner flags should be at least five (5) feet high and have a non-pointed top. The field of play should be properly marked as laid out in the F.I.F.A. Rules. The convenor shall determine the field of play in extreme situations.

UNIFORMS:

Each school should have jerseys with team colours as well as numbers on the back of the sweater. If team colours are similar, the home team will be required to change their colours for the game. All players must wear shorts, appropriate footwear, shin pads and socks (which must cover the entire shin pad). The goalie must wear a jersey of a different colour which distinguishes her from other players.

RULE INFRACTIONS:

Infractions of the rules will result in the enforcement of C.S.A. rules.

Description	League Action
First Caution	No action – must be substituted and can enter at next substitution
Receives a second Caution in the same game (not directed at game official)	1 game suspension
Receives a second Caution in the same game (directed at the game official)	2 game suspension
Second Caution in the season	No action – must be substituted and can enter at next substitution
Third Caution in the season	1 game suspension
Fourth Caution in the season	1 game suspension
Second Red Card in the season	2 game suspension
Fifth Caution in the season	1 game suspension
Third Red Card in the season	Suspended for the rest of the season, NOSSA and OFSAA
Dismissed for “Serious Foul Play”. (Must occur on the field of play, against an opponent while the ball is in play)	2 game suspension

TIE-BREAKING PROCEDURE:

1. In all cases of **two-way ties** for any position in the league standing, the Convenor will take into consideration the following procedures for breaking the tie(s) in the sequence in which they appear.
 - (a) The won-lost record of the teams tied as they appear against each other.
 - (b) The difference between the goals for and against, with the teams tied as they appear against each other. A maximum difference of three (3) goals shall be awarded in each game. The team with the most positive difference (or least negative difference) shall be awarded the higher standing.
 E.g. If Team A beats Team B 11-0, the difference is only +3 and not +11
 If Team C beats Team D 6-1, the difference is still only +3, and not +5.
 - (c) The season's difference between the goal for and against of the teams tied as they appear against every other team in the league. A maximum difference of three (3) goals shall be awarded in each game.
 - (d) The team that has the fewest goals against
 - (e) **The team that has the fewest cards (yellow/red)**
 - (f) **A coin toss (Away team of game versus each other chooses side of coin)**

2. In all cases of **three-way ties** for any position in the league standing, the Convenor will take into consideration the following procedures for breaking the tie(s) in the sequence in which they appear. Once a team has been eliminated using the three-way tie breaking procedure, the tie between the two remaining teams will be broken by the two-way tie breaking procedure.
- (a) The won-lost record of the teams tied as they appear against each other.
 - (b) The difference between the goals for and against, with the teams tied as they appear against each other. A maximum difference of three (3) goals shall be awarded in each game. The team with the most positive difference (or least negative difference) shall be awarded the higher standing.
 - e.g. If Team A beats Team B 11-0, the difference is only +3 and not +11
 - If Team C beats Team D 6-1, the difference is still only +3, and not +5.
 - (c) The season's won-lost record of each of the teams tied as they appear against every other team in the league.

- (d) The season's difference between the goals for and against of the teams tied as they appear against every other team in the league. A maximum difference of three (3) goals shall be awarded in each game
- (e) The team that has the fewest goals against
- (f) **The team that has the fewest cards (yellow/red)**
- (g) **A coin toss (Away team of game versus each other chooses side of coin)**

PLAY-OFF FORMAT

1.
 - (a) In a three (3) team play-off, the format shall be: 1-bye, 2 vs. 3 and the winner and 1 play in the final.
 - (a) In a four (4) team play-off, the format shall be: 1 vs. 4, 2 vs. 3 and the winners play off.
 - (c) In a five (5) team play-off, the format shall be: 1-bye, 2-bye, 3-bye, 4 vs. 5 and the winning teams then follow the four (4) team league.
 - (d) In a six (6) team play-off, the format shall be: 1-bye, 2-bye, 3 vs. 6, 4 vs. 5 and the winning teams then follow the four(4) team league.
 - (e) In a seven (7) team play-off, the format shall be: 1-bye, 2 vs. 7, 3 vs. 6, 4 vs. 5 and the winning teams will then follow the format for a four (4) team league.
 - (f) In an eight (8) team play-off the format shall be: 1 vs. 8, 2 vs. 7, 3 vs. 6, 4 vs. 5 and the winning teams will then follow the format for a four (4) team league.
2. All teams shall advance to the play-offs.
3. All play-off games will be sudden death games at the field of choice of the home team with venue fees if any paid by the host school. In the event that teams are tied at the conclusion of regulation time in play-off games, two (2) ten (10) minute NOT sudden-death halves shall be played. If the teams are still tied at the conclusion of overtime, then the following procedure shall be used:
 - (a) Each team will select five (5) players from those on the field at the conclusion of the overtime. These five (5) players will take penalty kicks alternately, the first team to kick being decided by a coin toss. The winner will be the team scoring the most penalty kicks.
 - (b) If still tied, the remaining players shall take kicks, one from each team alternately, the winner being that team which is ahead after any pair of penalty kicks.

N.O.S.S.A. REPRESENTATIVES

1. All N.D.A. Schools must compete at the N.O.S.S.A. level indicated by the N.O.S.S.A. school classification rules unless the school has declared their intention to compete at a higher classification in writing to the N.D.A. Sport Convenor the day before the start of the N.D.A. play-off schedule. Such declaration must be signed by the school Principal, Athletic Coordinator (where applicable) and the Head Coach.

2. All N.D.A. entries to N.O.S.S.A. Championships shall be determined using the following order of priority:
 - (a) N.D.A. Play-off Champion
 - (b) N.D.A. Play-off Finalist
 - (c) N.D.A. League Champion
 - (d) The highest ranking Semi-finalist using league standings
 - (e) The other Semi-finalist
 - (f) The team with the best league record among the schools in the same NOSSA school classification. In the event that the championship involves more than one classification, the league records of all the schools in those classifications will be used.
 - (g) In the case of a 2-way tie in part (e), a play-off contest shall be played at the home of the higher ranking team determined by the 2-way tie-breaking procedure.
 - (h) In the case of a 3-way tie, the 3-way tie-breaking procedure will be used to determine the ranking of the teams. The 2nd ranked team will host the 3rd ranked team in a play-off contest. The winner of this contest will play a final play-off contest against the 1st ranked team at the home of the 1st ranked team.

AWARDS:

1. **Trophies to be presented:**

League Champion -	Youth Sports Association Trophy
Play-off Champion -	Youth Sports Association Trophy

2. **Pennant to be presented:**

An N.D.A. pennant is to be presented to the Play-off Champion. This pennant will be kept by the winning school. If there is no play-off, the pennant will be presented to the League Champion.

3. Convenors for all team sports are asked to include an All-Star team discussion on the agenda at their coaches meeting at the beginning of their season.

VOLLEYBALL

ALL SPORTS

Eligibility - See the NDA Constitution.

Schedules -

If at all possible, there shall be no overlapping of NDA schedules (including NDA play-off games) for season sports.

*There shall be no NDA scheduled games, or activities, for **3 days** preceding any examination day in a school calendar. Any changes will be communicated amongst principals.*

Every attempt should be made to avoid league games on Sundays or holidays.

Every attempt should be made to schedule no more than 2 games per week in all sports.

*No NDA contest or activity shall be scheduled that "**affects school time**", unless authorized by these guidelines, or arranged through the mutual agreement of the Principals of the schools involved.*

The schedules for all NDA sports must be made available to all Principals for approval, at the earliest time possible, but no later than 24 hours prior to the beginning of each sport season.

Any incidences of player or coach misconduct must be forwarded, by the convenor to the coach's principal.

In order to participate in any NDA activity, participants shall be in the charge of a coach for the duration of the game or contest.

DIVISIONS:

- Junior: the individual's birth certificate indicates that he/she has not reached his/her 15th birthday by January 1st prior to the start of the school year in which the competition is held.
- Senior: the individual's birth certificate indicates that he/she has not reached his/her 19th birthday by January 1st prior to the start of the school year in which the competition is held.

OFFICIALS:

1. Qualified referees must be used for every match. If the referee is unqualified, she/he must be approved by each team.

SCORING:

1. Triplicate score sheets shall be used. One (1) will be sent to the Convenor and one (1) copy given to each coach.

RULES:

1. The current VC Rule Book will be the guide for all games and officials. Local variations may be permitted at the discretion of the District membership as a whole. Exceptions to VC Rulebook:
 - (a) Each team will be permitted twelve (12) substitutions per set.
 - (b) Back row specialist player "libero" will not be designated.
 - (c) The time-outs during a match will be 60 seconds for all league and play-off matches.
2. The home team must provide the convenor with the results of their match that evening and a copy of the score sheet should be sent to the convenor as soon as possible.
3. Each school must supply trained scorers.
4. (a) a match shall consist of the best three (3) out of five (5) sets. In doubleheader matches played on Monday and Tuesday, the juniors will play the first match and the seniors the second match. On Wednesday, Thursday, or Friday doubleheader matches, the seniors will play first and the juniors second.

(b) In doubleheader matches, when officials are available, the first match can start at 5:00 p.m. with the second match beginning at 6:30 p.m. or earlier when possible.
5. N.D.A. Finals must be completed prior to the N.O.S.S.A. Championship.

REGULAR SEASON AND PLAY-OFF STRUCTURE

The junior and senior girls' volleyball leagues regular season consist of each team playing each other in a home and away contest with a maximum of 12 games. In the event of an 8-team league, the schedule shall consist of 7 regular season games. The convenor will evaluate the need/desire for a 'double-header' as needed. Every effort should be made to make junior and senior double headers versus the same school. Schools competing for a NOSSA B, can choose not to compete in NDA playoffs and have their own championship. These schools must state their intentions by the NOSSA intent to participate date. In the event that a team (or teams) drops out of a league after the schedule has been made, no revisions will be permitted. Teams will follow the original schedule and will receive a bye where the games with the team dropping out of the league were scheduled.

1. All teams shall make the play-offs unless B schools have opted out.
2. All play-off games shall be sudden-death.
3. The NDA Finals shall be a best two (2) of three (3) series.

4. All playoff games will be at the court of choice of the home team with venue fees if any to be paid by the host school.

The following shall be used as the format for the play-off structure:

- (a) In a three (3) team play-off, the format shall be: 1-bye, 2 vs. 3 and the winner and 1 play in the final (best two of three).
- (b) In a four (4) team play-off, the format shall be: 1 vs. 4, 2 vs. 3 and the winners play in the final (best two of three).
- (c) In a five (5) team play-off, the format shall be: 1-bye, 2-bye, and 3-bye, 4 vs. 5 and the winning teams then follow the four (4) team league.
- (d) In a six (6) team league, the play-off format shall be: 1-bye, 2-bye, 3 vs. 6, 4 vs. 5 and the winning teams then follow the four (4) team league.
- (e) In a seven (7) team league, the play-off format shall be: 1-bye, 2 vs. 7, 3 vs. 6, 4 vs. 5 and the winning teams will then follow the format for a four (4) team league.
- (f) In an eight (8) team league, the play-off format shall be: 1-bye, 2-bye, 3-bye 4-bye 5 vs. 8, 6 vs. 7, with the winning teams advancing to the next round where 1-bye, 2-bye, 3 vs the lowest ranked remaining team, 4 vs the highest ranked remaining team. The winning teams will then follow the format for a four (4) team league.
- (g) In a nine (9) team league, the play-off format shall be 1-bye, 2-bye, 3-bye, 4-bye, 5-bye, 6-bye, 7-bye, 8 vs. 9 with the winning team advances and the format followed shall be according to an eight (8) team league.
- (h) In a ten (10) team league, the play-off format shall be 1-bye, 2-bye, 3-bye, 4-bye, 5-bye, 6-bye, 7 vs. 10, 8 vs 9 with the winners advancing and the format shall be that of an eight (8) team league.

TIE-BREAKING PROCEDURE:

1. In all cases of **two-way ties** for any position in the league standing, the Convenor will take into consideration the following procedures for breaking the tie(s) in the sequence in which they appear.
 - (a) The won-lost record of the teams tied as they appear against each other using matches.
 - (b) The won-lost record of the teams tied as they appear against each other using sets.

- (c) The difference between the points for and against, with the teams tied as they appear against each other.
 - (d) The season's won-lost record of each of the teams tied as they appear against every other team in the league using matches
 - (e) The season's won-lost record of each of the teams tied as they appear against every other team in the league using sets
 - (f) The season's difference between the points for and against of the teams tied as they appear against every other team in the league.
 - (g) The team that has the fewest points against
2. In all cases of **three-way ties** for any position in the league standing, the Convenor will take into consideration the following procedures for breaking the tie(s) in the sequence in which they appear. Once a team has been eliminated using the three-way tie breaking procedure, the tie between the two remaining teams will be broken by the two-way tie breaking procedure.
- (a) The won-lost record of the teams tied as they appear against each other using matches.
 - (b) The won-lost record of the teams tied as they appear against each other using sets.
 - (c) The difference between the points for and against, with the teams tied as they appear against each other.
 - (d) The season's won-lost record of each of the teams tied as they appear against every other team in the league using matches
 - (e) The season's won-lost record of each of the teams tied as they appear against every other team in the league using sets
 - (f) The season's difference between the points for and against of the teams tied as they appear against every other team in the league.
 - (g) The team that has the fewest points against

N.O.S.S.A. REPRESENTATIVES:

1. All N.D.A. Schools must compete at the N.O.S.S.A. level indicated by the N.O.S.S.A. school classification rules unless the school has declared their intention to compete at a higher classification in writing to the N.D.A. Sport Convenor the day before the start of the N.D.A. play-off schedule. Such declaration must be signed by the school Principal, Athletic Coordinator (where applicable) and the Head Coach.
2. All N.D.A. entries to N.O.S.S.A. Championships shall be determined using the following order of priority:
 - (a) N.D.A. Play-off Champion
 - (b) N.D.A. Play-off Finalist
 - (c) N.D.A. League Champion
 - (d) The highest ranking Semi-finalist using league standings
 - (e) The other Semi-finalist
 - (f) The team with the best league record among the schools in the same NOSSA school classification. In the event that the championship involves more than one classification, the league records of all the schools in those classifications will be used.

- (g) In the case of a 2-way tie in part (e), a play-off contest shall be played at the home of the higher ranking team determined by the 2-way tie-breaking procedure.
- (h) In the case of a 3-way tie, the 3-way tie-breaking procedure will be used to determine the ranking of the teams. The 2nd ranked team will host the 3rd ranked team in a play-off contest. The winner of this contest will play a final play-off contest against the 1st ranked team at the home of the 1st ranked team.

AWARDS:

1. Trophies to be presented:

Junior:	League Champions Play-off Champions Team Award: Thomas Brooks Trophy
Senior:	League Champions: G.A. Whitman Trophy Play-off Champions

Each of these trophies is to be held by the winning school for the championship year.

2. Pennants to be presented:

An N.D.A. pennant is to be presented to the Play-off Champion. This pennant will be kept by the winning school. If there is no play-off, the pennant will be presented to the League Champion.

- 3. No additional awards shall be given to each member of a championship team.
- 4. Convenors for all team sports are asked to include an All-Star team discussion on the agenda at their coaches meeting at the beginning of their season.

