

# Balsam Fir Essential Oil

**Botanical Name:** *Abies balsamea*

**Main Constituents:**

**$\alpha,\beta$ -pinene:** 39.55%

**l-bornyl acetate:** 7.8%

**Plant Part:** Needles

**Origin:** Canada

**Processing Method:** Steam Distilled

**Description / Color / Consistency:** A medium, clear, colourless to pale yellow liquid.

**Aromatic Summary / Note / Strength of Aroma:** A middle note of strong aroma, Fir Balsam Essential Oil has the crisp, clean scent of newly-cut Christmas trees.

**Blends With:** Pine, Cedarwood, Benzoin, Lavender, Spruce and Rosemary.

**Product Abstract:** Balsam Fir Needles are about 3/4 to 1-1/4 inches long with two white stripes running down the underside of each needle. Also known as Blistering Pine, the oil is commonly used in air fresheners and household cleansers. Fir Balsam was used in the field during the American Civil War, and before the advent of chewing gum, the gum was sold as a breath-freshening confection.

**Cautions:** Dilute very well before use; for external use only. May cause skin irritation in some individuals; a skin test is recommended prior to use. Contact with eyes should be avoided.

**IMPORTANT:** All of our products are for external use only.

In addition, please read & understand appropriate technical, material safety data sheets and disclaimers before using this or any other Rasheed product.

