

Cedar Amber Essential Oil



Botanical Name: Cedrus Atlantica

Main Constituents:

Cedrol: 25.82%

Thujopsenene: 41.5%

Its constituent, cedrol, may cause the oil to crystallize. The melting point of cedrol is 86° Celsius, so by gently heating crystallized oil, the cedrol liquefies and its solubility is improved for a period of time. It may re-crystallize again in cooler temperatures.

Plant Part: Wood

Origin: USA

Processing Method: Steam Distilled

Description / Color / Consistency: deep amber color/liquid.

Aromatic Summary / Note / Strength of Aroma: A middle note of strong aroma, this oil has a sweet, balsamic wood scent that is similar to Virginian Cedarwood, but softer.

Blends With: Rosewood, Bergamot, Cypress, Cassia, Jasmine, Juniper, Neroli, Labdanum, Frankincense, Clary Sage, Vetiver, Rosemary, Ylang-ylang.

Cedarwood essential oil has a woody, balsamic, soft, yet sweet aroma. This essential oil is a deep amber color and is distilled from the wood and sawdust. Cedarwood essential oil comes from a strong scented evergreen tree that grows to about 50 to 100 feet tall and can have a lifespan of more than a thousand years. Most of the essential oil produced today comes from Morocco. The scientific name for Cedarwood is Cedrus Atlantica. When you see both the common and scientific name on the bottle label, it is telling you that the essential oil is pure.

Cedarwood has a long history of being used for incense and in perfumery. The Greeks and Romans burned the wood to give the

air a pleasant fragrance. The ancient Egyptians used this essential oil often for cosmetics and in Tibet it was used in traditional medicine.

An interesting fact is that it can be used as an insect repellent for both inside and outside of your home.

The therapeutic properties of Cedarwood essential oil are:

- Antifungal
- Antiseptic
- Astringent
- Diuretic
- Anti-inflammatory
- Insecticide

The health benefits of Cedarwood essential oil are:

- Reduces acne symptoms
- Reduces anxiety
- Relieves depression, nervous tension, along with other stress related conditions to give a grounded feeling to most who use it
- Reduces symptoms from Bronchitis
- Aids in reducing symptoms of Arthritis
- Stimulates regular menstruation
- Encourages hair growth

When using Cedarwood essential oil to make a blend for a specific health issue, it blends well with almost all other essential oils. However, really the best oils are Bergamot, Cinnamon, Cypress, Frankincense, Jasmine, Juniper, Lemon, Lime, Lavender, Neroli, Clary Sage, and Ylang Ylang.

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