

Geranium Essential Oil (Egyptian)



Main Constituents:

Citronellol: 37%

Geraniol: 19%

Botanical Name: Pelargonium Graveolens

Plant Part: Leaves & Flowers

Extraction Method: Steam Distilled

Origin: Egypt

Description: Geranium is a hairy perennial shrub, often used in hedgerows, and stands up to about one meter high (3 feet) with pointed leaves, serrated at the edges and has pinkish-white flowers. The leaves and stalks are used for extraction, and the oil is obtained through steam distillation.

Color: Pale yellow to greenish yellow liquid

Common Uses: Geranium Egyptian Essential Oil is well known for its skincare properties. It can be used to even out oily or combination skin complexions and is said to nourish and re-hydrate dry and mature skin. Geranium Egyptian can also be used to calm irritability, relax the mind and ease cases of insomnia. The strong smell of this oil is particularly good to ward off mosquitoes and head lice.

Consistency: Thin

Note: Middle

Strength of Aroma: Strong

Blends well with: Basil, Bergamot, Citronella, Clary

Sage, Fennel, Grapefruit, Jasmine, Juniper, Lavender, Lemon, Lemongrass, Neroli and Nutmeg.

Aromatic Scent: Geranium Egyptian Essential Oil has a scent that is both sweet and herbaceous, while carrying some subtle notes similar in character to Rose.

History: There are over 200 species of geranium, some scented and some not. The plants originated from South Africa as well as Reunion, Madagascar, Egypt and Morocco. They were introduced to European countries such as Italy, Spain and France in the 17th century. In early times geraniums were planted around the house to help keep evil spirits at bay.

Cautions: Geranium Oil is non-toxic, non-irritant and generally non-sensitizing. It can cause sensitivity in some people and due to the fact that it balances the hormonal system, it should be avoided during pregnancy.

IMPORTANT: All of our products are for external use only.

In addition, please read & understand appropriate technical, material safety data sheets and disclaimers before using this or any other Rasheed product.

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The health benefits of Geranium Essential Oil can be attributed to its properties as an astringent, hemostatic, cicatrisant, cytophylactic, diuretic, deodorant, styptic, tonic, vermifuge and vulnerary agent. It is widely used as an element in aromatherapy for its many health benefits, including its ability to balance hormones, relieve stress and depression, reduce inflammation and irritation, improve the health of the skin, alleviate the effects of menopause, improve circulation, benefit dental health, boost kidney health, and reduce blood pressure.

The Essential Oil of Geranium is extracted through steam distillation of stems and leaves of the Geranium plant, bearing the scientific name *Pelargonium Odorantissimum*. The main components of this oil are Alpha Pinene, Myrcene, Limonene, Menthone, Linalool, Geranyl Acetate, Citronellol, Geraniol and Geranyl Butyrate.

The Essential Oil of Geranium has a lot to offer in terms of health, and many people regularly enjoy many of the following health benefits that are listed below.

Health Benefits of Essential Oil of Geranium

Astringent: The main function of an [astrigent is to induce contractions](#) in various parts of the body. Accordingly, Geranium Oil makes the gums, muscles, intestines, skin, tissues and blood vessels to contract. Furthermore, this includes the contraction of abdominal muscles which gives you a better, toned look. Geranium essential oil can

also prevent muscles and skin from sagging, as well as the untimely loosening and loss of teeth by tightening up the gums. Finally, it can reduce the presence of wrinkles by tightening the facial skin, thereby delaying some of the effects of premature aging.

Antibacterial & Antimicrobial: The strong properties of geranium essential oil prevent bacteria or microbes from developing on wounds and [keeps you safe from developing infections](#). This boost to the immune system allows the body's defensive cells to focus on the internal challenges and dangers, rather than being weakened by peripheral toxins on the skin.

Vulnerary: Geranium Oil speeds up the healing process of wounds, cuts and surgical incisions. This property makes it a [vulnerary](#). Perhaps, it is due to its other qualities as a hemostatic, styptic, antibacterial, antimicrobial and cytophylactic substance that also make it a vulnerary, but the end result is the same!

Cicatrisant: Everyone wants their skin to be free from scars and after marks of fat-cracks, surgeries, boils, acne or pox. Unfortunately, many people end up spending a fortune and trying all the available cosmetic solutions on the market and still don't get the desired results. They could have avoided a waste of time and money had they tried Geranium Oil first. It is a powerful cicatrisant, so it helps the [scars and other spots on the skin to fade and vanish](#). It facilitates blood circulation just below the surface of skin and also helps promote a uniform distribution of melanin.

Hemostatic: Geranium essential oil can stop hemorrhaging in two ways. First, as an astringent (more specifically, a styptic), it causes the contraction of blood vessels and helps to stop blood flow, as discussed above. Second, as a [hemostatic agent](#), it speeds up coagulation and the clotting of blood, which aids in the healing of wounds and the prevention of toxins from entering the bloodstream through open or unclotted wounds.

Cytophylactic: Geranium Oil promotes cell health, encourages the recycling of dead cells, and the regeneration of new cells. This helps in the growth of the body cells as well as the gametes, by making the body metabolize things efficiently.

Diuretic: [Geranium essential oil has diuretic properties](#), which means that it increases urination. Urination is one of the three natural ways to remove toxins from the body. The other methods are excretion and perspiration, but urination is the most effective of the three. These eliminated toxins are urea, uric acid, bile salts, pathogens and other

synthetic or chemical substances, heavy metals, pollutants, and even sugar. Moreover, each time you urinate, fats amounting to 4% of the volume of urine and excess water are also removed from the body. Urination aids the digestive process and prohibits the formation of excess gas in the intestine. It is also an effective way of removing excess acids and bile secreted in the stomach. Urination also reduces blood pressure because the more you urinate, the more sodium is eliminated, causing blood pressure to fall.

Deodorant: Geranium Oil has a very pleasant and uplifting aroma, comparable to a combination of floral fragrances and mint. Surely you can imagine what an effective deodorant it would make. Its effects also last for a long time and it is not harsh on the skin. Furthermore, owing to its property as a mild antibacterial substance, it aids in eliminating body odor. Unlike other substances whose odors are released in exhalation, [geranium oil is a circulatory oil](#), which means that it exits the body during perspiration. Excess physical activity is usually the time when body odor becomes more apparent, but sweating actually releases the pleasant aroma of geranium oil following aromatherapy sessions.

Styptic: This property is nearly synonymous with Hemostatic, with one slight difference. Being a styptic means being a hemostatic owing to astringent properties. A styptic, like Geranium Oil, causes the blood vessels to contract and thus slows down or stops the flow of blood. This can be a problem for some people with high blood pressure and risk of cardiovascular diseases like atherosclerosis, heart attacks, and stroke.

Neural Degeneration: Microglial cells are integral components in the fight against neuro-degenerative diseases like [Alzheimer's and dementia](#). When microglial cells are activated, they release pro-inflammatory factors like Nitric Oxide, which combat the inflammation in the neural pathways that can cause neural degeneration. Geranium essential oil is shown to activate these microglial cells, therefore, the synergistic relationship between geranium oil and the natural chemistry of the brain can prevent those dangerous and potentially deadly conditions.

Tonic: A tonic is what [tones up overall health](#). Internally, it makes all the systems and functions work properly in the body by influencing endocrine glands for regulating the secretion of various hormones, enzymes, acids and bile. This results in boosted strength and functionality of the respiratory, digestive, circulatory, nervous, and

excretory systems. Also, it adds tone to muscles and skin and can seriously improve your overall appearance.

Vermifuge: This particular property is very beneficial for those children (and a limited number of adults) who suffer from intestinal worms. Geranium Oil is a vermifuge and can help you get rid of this nasty problem.

Other Benefits:Geranium essential oil is very beneficial in the treatment of acne, dermatitis and other skin diseases, as well as infections of the nose, throat and other respiratory organs. Research has shown it to have a positive effect on eczema, neuralgia, burns, ulcers, tonsillitis, and Post Menopause Syndrome (PMS). Furthermore, it has powerful effects to uplift spirits and mental functioning, which makes it useful in the treatment of depression, chronic anxiety, and anger issues.

A Few Words of Caution: Geranium oil can have sensitizing effects in rare cases. Since it influences certain hormone secretions, geranium essential oil is therefore not advised for use by pregnant women or for those women who are breast-feeding, since it is unclear whether those same effects transfer through breast milk.

Blending: The Essential Oils which form fine blends with Geranium Oil are Angelica, Bergamot, Basil, Lavandin, Cedar Wood, Carrot Seed, Citronella, Lavender, Neroli, Lime, Orange, Lemon, Jasmine, Grapefruit and Rosemary Oil.

<https://www.organicfacts.net/health-benefits/essential-oils/health-benefits-of-geranium-essential-oil.html>