

Spikenard Essential Oil



Botanical Name: *Nardostachys jatamansi*

Main Constituents:

β-Gurjunene: 5%

Seychellene: 4.2%

Spathulenol: 2.4%

Patchouli Alcohol: 2.5%

Maaliol: 2%

Plant Part: Root

Origin: Nepal

Processing Method: Steam Distilled

Description / Color / Consistency: A slightly viscous golden yellow to greenish liquid.

Aromatic Summary / Note / Strength of Aroma: A base note with a strong aroma, Spikenard Essential Oil has a harsh, earthy, woody smell that is slightly musty.

Blends With: Lavender, Patchouli, Pine, Vetiver, and Spice Oils.

Product Abstract: Spikenard is a soft, aromatic herb with a strongly pungent rhizome root. It is native to the mountainous regions of Northern India, as well as China and Japan. Also known as Nard and Musk Root, Spikenard was one of the early aromatics used by the ancient Egyptians and is mentioned in the Bible in *The Song of Solomon*, and in the *Gospel Of John* where Mary used it to anoint the feet of Jesus. It was used in ancient Rome in perfumes and beauty preparations. It was also used in culinary recipes from Roman times throughout the Middle Ages, and was used to spice wine and beer.

Cautions: Dilute before use; for external use only. May cause skin irritation in some individuals; a skin test is recommended prior to use. Contact with eyes should be avoided.

Storage: It is recommended that oils packaged in metal containers (for safe shipping), be transferred into dark glass containers to maintain freshness and attain maximum shelf life.