Tea Tree Organic Essential Oil

Main Constituents:
Terpinen-4-ol: 40.40%

Botanical Name: Melaleuca alternifolia
Plant Part: Leaves
Extraction Method: Steam Distilled
Origin: Australia

Description: The Tea Tree is a small tree or shrub with needle-like leaves. It is also domestically referred to as Ti-tree. It can grow up to 7 meters (20 feet) in height and thrives in marshy areas, though it is now cultivated in plantations. The Tea Tree is very robust; it is ready for cutting only two years after its’ previous harvest.

Color: Colorless to pale yellow clear liquid.

Common Uses: Organic Tea Tree Essential Oil is best known as a very powerful immune stimulant. It can help to fight all three categories of infectious organisms (bacteria, fungi, and viruses), and there is evidence that Tea Tree Oil massages prior to an operation may help to fortify the body and reduce post-operative shock. Used in vapor therapy, Tea Tree Oil can help with colds, measles, sinusitis and viral infections. For skin and hair, Tea Tree has been used to combat acne, oily skin, head lice and dandruff. As essential oils have become more accepted by the public, the use of Tea Tree has increased significantly. This can be readily evidenced by the commercial products now using Tea Tree Essential Oil.

Consistency: Thin

Note: Middle

Strength of Aroma: Medium

Blends well with: Cinnamon Bark, Clary Sage, Clove Bud, Geranium, Lavender, Lemon, Myrrh, Nutmeg, Rosewood, Rosemary and Thyme.

Aromatic Scent: Organic Tea Tree Essential Oil has a fresh, antiseptic and medicinal scent. It also has characteristic mint and spice back-notes.
**History:** The aboriginal people of Australia have long used Tea tree oil; similarly, Tea tree has a long history of use within the field of aromatherapy. In World War Two, the producers and the cutters of Tea Tree were exempt from military service until enough essential oil had been accumulated. The oil was a highly valued product as it was issued to each soldier and sailor as part of their kit in order to treat tropical infections and infected wounds.

**Cautions:** Organic Tea Tree Essential Oil may cause dermal sensitization in some people. Do not take internally.

**IMPORTANT:** All of our products are for external use only.

In addition, please read & understand appropriate technical, material safety data sheets and disclaimers before using this or any other Rasheed product.

The health benefits of Tea Tree Essential Oil can be attributed to its properties as an antibacterial, antimicrobial, antiseptic, antiviral, balsamic, cicatrisant, expectorant, fungicide, insecticide, stimulant and sudorific substance.

Unlike the name suggests, the essential oil of Tea Tree is not extracted from the plant commonly associated with tea as a beverage. Neither is it related to Tea Oil, which is extracted from the seed of the Tea plant. Instead, it is extracted through steam distillation of twigs and leaves of Tea Tree, which has the botanical name *Melaleuca Alternifolia*. The tea tree is native to Southeast Queensland and New South Wales, in Australia, which is why it is such a common and popular essential oil in that country. However, its impressive qualities have spread to other parts of the world, so it can no be found internationally.

The main constituents of Tea Tree essential oil are Alpha Pinene, Beta Pinene, Sabinene, Myrcene, Alpha Phellandrene, Alpha Terpinene, Limonene, Cineole, Gamma Terpinene, Para Cymene, Terpinolene, Linalool, Terpinenol and Alpha Terpineol. This tree is native to Australia and its oil has been used and known among the original inhabitants of that continent as a cure-all medicine since ancient times.

The reputation as a cure-all given to this oil is not an exaggeration. Tea tree oil can be used as a cure for almost all tropical infections and diseases. You name it and it has some sort of positive effect or treatment for that disease. It is invariably found in almost the households of Australia, particularly those that have small children. The magical
healing and disinfectant properties make it a wonder drug that also boosts your immunity. However, it is not meant to be ingested, and is poisonous. It is meant for topical application only!

There is so much more to tea tree essential oil than a boosted immune system and a protective agent for your skin; let’s explore some of those other invaluable health benefits below.

**Antibacterial:** It is said that when Mother Nature creates a disease, she also creates the cure. The activity of microbes, bacteria, viruses and fungi are at their peak in the Tropics, so most of the medicinal plants to treat those dangerous things are found there too. Tea tree is one such plant. It can cure some of the most horrible and dangerous bacterial infections found in the tropics. Wounds, which are prone to contracting bacterial infections in this region, can be effectively cured and protected using this oil. This oil is seldom taken orally, but if you do, it should be in mild concentrations. It can cure internal bacterial infections such as those in the colon, stomach, intestines, excretory system and urinary system. It can also be used in treatment of tuberculosis.

**Balsamic:** The essential oil of Tea tree has balsamic properties that generally boost health. It promotes the absorption of nutrients from food and gives protection from diseases as well, meaning that overall it is a positive addition to our lives.

**Cicatrisant:** The Cicatrisant property of this essential oil makes it heal wounds quickly and protects them from infections. Furthermore, it can help neutralize or diminish the scar marks and after spots left by eruptions, boils, pox, and acne.

**Antimicrobial:** Microbes don’t stand a chance against this oil, since it is a highly effective antimicrobial substance. It can kill and keep away certain microbes (protozoa) which are responsible for causing severe tropical fevers and malaria.

**Antiviral:** Viral infections are very hazardous and are frequently recurring, since viruses can survive under very harsh conditions. They can bear unimaginable heat, cold and even poison, because they develop a protective shell called a “Cyst” around them. Some viruses are intelligent enough to develop a new cyst each time they are activated, like the Common Cold Virus, in order to trick our immune system. They never die naturally and can live dormant (neither alive or dead) for hundreds or even thousands of years. They can be killed only if their cyst is ruptured using a particular compound or if they are subjected to extreme heat which is beyond their tolerance. The Tea Tree Oil
helps rupture this cyst in some viruses and can give protection against them. It also helps cure viral infections like the common cold, influenza, mumps, measles, and pox.

**Expectorant:** People who are suffering from cough and cold, congestion, bronchitis and other troubles associated with colds, are sure to get relief using tea tree essential oil. It provides relief from cough, cold, bronchitis and congestion. It can be rubbed on the chest and inhaled while sleeping, or a drop can be placed on the pillow so it can do its magical work at night, and you can wake up feeling much better in the morning.

**Hair Care:** The stimulant property of tea tree essential oil can be very beneficial for taking care of certain hair conditions. If you suffer from dandruff or hair loss, simply apply a diluted amount of tea tree essential oil to your scalp. The increased blood flow that you experience will help your follicle stay healthy and strengthen the hold on your hair, so you won’t suffer from premature hair loss. Also, since the skin will become healthier, it will be easier to keep moisturized, reducing the amount of dandruff and dry skin!

**Insecticide:** It is obvious that an essential oil that is so deadly for bacteria and viruses will be effective against insects as well. Tea tree oil is an efficient insect deterrent and insect killer. It does not let parasites and other insects like mosquitoes, fleas, lice, or flies come near someone who has rubbed some of this oil on their body. It kills internal insects and worms too, such as intestinal worms like round worms, tape worms, and hook worms, because it can be absorbed by your body and skin.

**Antiseptic:** Open wounds are the most susceptible place to infection by bacteria and fungi and may result in sepsis or tetanus. Thus they must be protected well in advance. Tea tree oil can be a wise preventative choice as it is an excellent antiseptic. It can be applied directly on the wounds, boils, sores, cuts or certain eruptions, including insect bites and stings, to protect them from infections. It is as good as any antibiotic, but without any of their adverse side effects.

**Stimulant:** This essential oil has a stimulating effect on hormone secretions, blood circulation, and most importantly, on the immune system. It boosts immunity and acts as a shield against many different types of infections. That is why it is quite popular in aromatherapy, because not only does it blend well with many other oils, it can also
provide you with internal benefits that would otherwise be impossible, since you are not allowed to ingest tea tree essential oil.

**Sudorific:** Besides infections, another cause of disease is an accumulation of toxins in the body. These toxins are generated by the body itself, formed as a by-product of various reactions, or they get inside the body in some way. Our body has certain mechanisms to eliminate these toxins. One of them is perspiration or sweating, which has the its advantages, including removing toxins, moistening the skin, opening pores on the skin and keeping the body cool. Tea tree essential oil, being a sudorific substance, increases sweating and promotes the removal of toxins like uric acid. It also helps remove excess water and salts from the body, while cleaning the pores. This further prevents the occurrence of acne, for which tea tree essential oil is often recommended.

**Fungicide:** The Tea Tree Essential Oil is as *effective against fungal infections* as it is against any bacterial or microbial infections. It inhibits fungal growth and cures diseases like dermatitis and Athlete’s Foot. Although internal fungal infections can be very dangerous, and even deadly, never ingest tea tree oil, even in extremely diluted forms, as it is toxic. Other herbal remedies for fungal infections can be used that are far safer for internal infections.

**Other Benefits:** Tea tree essential oil can provide relief from muscular pain, aches, and sprains because its strong chemical properties can work as an anti-inflammatory and also encourage blood flow to a specific area (being a stimulant), which speeds up the healing process and increases the rate of new tissue and cellular growth.

**A Few Words of Caution:** Although there are no inherent risks of topically applying tea tree oil, in some rare cases, people may be overly sensitive to the oil, as a form of a minor allergenic. However, there have been numerous reports of people who accidentally consume tea tree oil, and this should be strictly avoided. The side effects of consuming tea tree essential oil can be quite serious, and they include confusion, hallucinations, drowsiness, coma, unsteadiness, severe rashes, vomiting, diarrhea, general weakness, stomach upset, blood cell abnormalities. This should always be kept away from pets and children.
Blending: This Essential Oil blends well with Cinnamon, Clary Sage, Clove, Geranium, Lavender, Lemon, Myrrh, Nutmeg, Rosewood, Rosemary and Thyme essential oils.