

## Orris Root Absolute Oil

**Latin Name:** Iris Pallida  
**Plant Part:** Roots  
**Extraction Method:** Solvent Extraction  
**Origin:** Italy



### **Description:**

Orris root is a name used for the roots of the iris plant. The absolute oil extracted from orris root is used as a fixative and base note in perfumery.

### **Common Uses:**

Orris Absolute is an amazing ingredient for aromatics such as perfumes, scented candles, incense sticks, room fresheners and soaps and other cosmetics.

### **Aromatic Scent:**

The fragrance of orris root is warm, sweet and reminiscent of the smell of violets. Its scent has been described as tenaciously flowery, heavy and woody.

### **Mystikal**

This orris root essential oil is heavenly. Orris root is THE love herb – it's the most powerful root in the plant kingdom for all things associated with romance and soul connection. Valued by the ancient Greeks and Romans as a perfume and facial powder, orris root is packed with magical power. It is a wonderful beauty enhancer, and is useful for skin prone to oiliness. It enhances communication with the spirit world in regards to love – connecting the user to the spirit guides that support relationships. This essential oil is a powerful source of purification and protection. Work with this oil to clear your space of negative vibrations, and to open yourself up to love and soul connection. This oil is also wonderful for divination and spirit work. When you use it, you will be able to powerfully call in your spirit guides, and will also be able to receive powerful Higher Realm messages in your dreams. If you're looking to call in true love and to start tapping into your deepest wells of wisdom, this is the oil for you.

### **CAUTION:**

For external use only. Keep away from eyes. Keep out of reach of children. Do not take internally. If you are pregnant or breast feeding, have heart disease, epilepsy, high blood pressure, diabetes, or have any medical condition that can be affected by absolutes, essential oils or fragrances, please seek the advice of a health professional before use. Keep away from plastic or polished surfaces. Always dilute to 5% or less before using on the skin.

Orris root is a term used for the roots Iris Germanic, Iris Florentine and Iris pallid. Orris root - is the root of some species of iris, grown principally in southern Europe. Once important in western herbal medicine, it is now used mainly as a fixative and base note in perfumery, as well as an ingredient in many brands of gin (perhaps most famously in Bombay Sapphire gin). Orris root must generally be hung and aged for 5 years before it can be used for perfumery.

Orris Root Absolute is made by using solvent extraction of Orris Roots. It is basically used in perfumery and in preparing pharmaceutical preparations. It has

scent of its own, but it is usually not detectable when blended with other herbs. Orris root is the root of some species of iris, grown principally in southern Europe. A decorative perennial plant up to 1.5 meter high, with sword-shaped leaves a creeping fleshy rootstock and delicate, highly scented, pale blue flowers.

This absolute oil is prepared from the Orris root which grows in Mediterranean, India, North Africa and different parts of southern Europe. The leaves of Orris roots resembles like a sword and produces the beautiful fragrant flowers of pale blue to whitish color which blooms in early summer. It is also known by the name of Iris & Flag Iris. The extraction process to obtain this oil is very slow and time taking. The one tone roots of Orris can produce just two kg of oil therefore it is highly expensive and having a beautiful flowery fragrance. It has its own aroma but it is usually vanish when it mixes with other herbs.

**Benefit & Uses:** Once important in western herbal medicine, it is now used mainly as a fixative and base note in perfumery, the most widely used fixative for potpourri. Orris is also an ingredient in many brands of gin.

Orris Root is valued in perfumery for its violet-like aroma and its unique fixative qualities. This oil tends to separate making it a bit hard to work with. However, we highly recommended it for those who are looking for this unusual and hard to find oil. It blends best with fixed oils and works excellently in solid perfumes.

In the past it has been used commercially in Tooth Powders, Toothpastes and snuff because of its pleasant smell. It tempers bad breath. The dried root is good for babies to chew on while teething. The carbohydrates, essential oils and tannins work together to produce an astringent, protective and healing effect.

Iris continues to be used in the preparation of essences for soaps, perfumes and skin care products. Orris Root is also used as a fixative in perfumes and pot pour's.

Orris Root is considered to have a positive effect on the moisture content and elasticity of the skin. Mildly refreshing and astringent, it regulates moisture exchange in the skin which helps the skin to rid itself of dead particles and other toxins.

Superstition has long held that the Orris root can be used to find and hold love. The whole Orris root is carried the powder is added to sachets, sprinkled on sheets, clothing and the body, and around the house.

Its rich floral aroma the perfume manufactures are very keen for it. It is used as a fixative in formulation of various exclusive and alluring perfumes. It is a best medicine for treating the ailments such as coughs and diarrhea. It is also used in the preparation of dental products.

The Orris roots are also used in tinctures and flavoring the syrups. In ancient Greece and Rome Orris root extensively in perfumery and its medicinal qualities were held in high esteem by Discords. The juice of root was used for cosmetic purposes and the root bruised in wine as employed for dropsy, bronchitis, coughs, hoarseness, chronic diarrhea and congested headaches. In Russia the root was used to make a tonic drink with honey and ginger.

Iris is little used medicinally these days, but it still appears in the British Herbal Pharmacopoeia as being formerly used in upper respiratory catarrh, coughs and for diarrhea in infants.

<https://www.venkatramna-perfumers.com/Blog/Post.aspx?PostRowID=253&&Title=Orris%20Root%20Absolute%20Oil>

## Orris essential oil facts and benefits

Orris essential oil is the pale yellowish color oil that is extracted from the roots of Orris plant with steam distillation method. The essential oil has tempting and floral fragrance. It is used to treat diarrhea and cough. The roots of Orris are used to flavor syrups. It provides relief from lung congestion, pain and halitosis. It counteracts bacteria and freshen scalp. Irone, Menthyl myristate, Ionone, Isoflavones, Iridin, Irilone irigenin, Triterpenes,  $\beta$ -amyrin and  $\beta$ -sitosterol are the vital chemical components of Orris essential oil. It possesses diuretic, antidepressant, anti-inflammatory, astringent, antibacterial, anti-cancer, antifungal, antiseptic, emetic, emollient, cholagogue and skin caring properties. This oil is used for the production of aromatic products such as scented candles, exotic perfumes, room fresheners, incense sticks and soaping baths.

### History

In ancient Rome and Greece, Orris root was used in Rome and Greece. It was originated in Morocco. Orris root was used since ancient times as a vital component in concoctions of perfumes.

### Traditional uses

- It was used to treat diarrhea and cough.
- This oil is useful for urinary problems by increasing the formation of urine in both quantity and frequency.
- It balance hormones and prevent urinary inflammation.
- It lowers the chances of renal calculi, arthritis, sinus infections and rheumatism.

- It also treats anxiety, stress, depression, annoyance and mental fatigue.
- If used in aromatherapy, it provides relief from mind associated problems.
- It also uplifts the mood.
- It was used to treat liver diseases and skin problems.
- It is also used to cure edema and bronchitis.

### **Precautions**

- People with sensitive stomachs could get allergic reactions.
- It should not be used by pregnant and breast feeding women.
- People having sensitive skin should do a patch test before using.
- Allergic people should not use it.
- Use it in moderate amounts.

### **Other Facts**

- It is used in making body lotions and perfumes.
- It is blended with vetiver, rose, frankincense, jasmine, all citrus, ylang, lavender, Melissa, silver fir, orange blossom absolute, carnation, neroli, inula, marjoram, sandalwood, musk mallow, bergamot, cedar, tuberose and geranium.
- It is used as a flavoring agent for gelatin, soft drinks and candies.

## **Orris essential oil facts**

Orris essential oil is derived from iris plant that contains more than 260 species of flowering plants. This plant is grown in North Temperate Zone and also on the North America. Orris essential oil is extracted from two species such as German Iris (Iris Germanica) and Florentine Iris (Iris florentina). During ancient times, Egyptians used it in soaps to add fragrance. Romans used the extracts to make the hair fragrant and healthy. Orris essential oil is also used to add flavor to candies, gelatin and soft drinks.

<https://www.healthbenefitstimes.com/orris-essential-oil/>