

2022 WEIGHT LIFTING/FITNESS RESULTS

NEVADA SENIOR GAMES

<u>Age Group</u>	<u>Pull-Up</u>	<u>Arm Curl</u>	<u>Bench Press</u>	<u>Leg Press</u>	<u>Sit-Ups</u>	<u>Push-Ups</u>
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MEN 55-59

Dan Green	18	162lb	315lb	810lb	22	70
Bryan Lee			250lb	810lb		

MEN 60-64

William Gunter		102lb	245lb	720lb	39	
Russel Klein		132lb	265lb			42

MEN 65-69

Allen Bauer		110lb	225lb	250b	35	45
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MEN 70-74

Richard Seraydarian	13	102lb	185lb		34	75
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MEN 75-79

Greg Messick		82lb	165lb	450lb	10	34
Dennis Jouett (CO)		82lb	no score		12	34

WOMEN 55-59

Kat Johnson			120lb	360lb		42
Marcia Washington	30	102lb	155lb	450lb	45	65

Men's Medals:

55-59 Dan Green:

Pull-up Gold, Arm Curl Gold, Bench Press Gold, Leg Press Gold, Sit-up Gold, Push-up Gold

Bryan Lee:

Bench Press Silver, Leg Press Gold (tied with Dan Green)

60-64 William Gunter:

Arm Curl Silver, Bench Press Silver, Leg Press Gold, Sit-ups Gold

Russel Klein:

Arm Curl Gold, Bench Press Gold, Push-ups Gold

65-69 Allen Bauer:

Pull-ups Gold, Arm Curl Gold, Bench Press Gold, Leg Press Gold

70-74 Richard Seraydarian:

Pull-ups Gold, Arm Curl Gold, Bench Press Gold, Sit-ups Gold

75-79 Dennis Jouett (CO):

Arm Curl Gold, Bench Press Gold, Sit-ups Gold, Push-Ups Gold

Gregg Messick:

Arm Curl Gold, Bench Press Gold, Leg Press Gold, Sit-ups Gold, Push-ups Gold

WOMEN'S MEDALS: Kat Johnson:

Bench Press Silver, Leg Press Silver, Push-Ups Silver

Marcia Washington:

Pull-ups Gold, Arm Curls Gold, Bench Press Gold, Leg Press Gold, Sit-ups Gold, Push-ups Gold

