



2026 5K & 10K ROAD RACES

Competition by Age Group: 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90+
(Age group determined by age as of December 31, 2026)

RAGE RUNS – 5K & 10K

The Official Silver State Games Events | Produced by BBSC Endurance Sports
Saturday, April 25 | 7:15 a.m. Start | Boulder Beach, Lake Mead N.R.A

Choose 1 Race + Get 2 Chances for Medals + NSG Qualification = Fun!

Sign Up with Silver State Games to be an Official SSG Road Runs Participant

With your paid Silver State Games registration, you'll:

- You'll be entered as an official SSG participant
- Race for a SSG gold, silver, or bronze medal in your age group
- A commemorative Silver State Games pin
- Get a \$5 credit toward the purchase of an optional SSG athlete T-shirt
- Enjoy **20% OFF** your RAGE Runs 5K or 10K entry fee, courtesy of BBSC Endurance Sports, and
- Finish your race to qualify for the 2027 National Senior Games

And Then Sign Up & Save: BBSC's RAGE 5K or 10K Run Race

With your paid BBSC registration in either the 5K or 10K, you'll:

- Get entry into RAGE Runs 5K or 10K event
- Race for BBSC's RAGE Run awards (see below under "Awards" for details)
- Receive a RAGE Run T-shirt and race bib with timing chip
- Get a RAGE finisher's medal when you cross the finish line, and
- Enjoy course support, a post-race meal, and so much more – all provided by one of the most experienced, athlete-centered race event management companies in our region!

Qualification for the 2027 National Senior Games

- Finish your race to qualify for **both** the 2027 National Senior Games 5K and 10K races!
- RAGE Runs are Nevada's official qualifying events chosen by Silver State Games
- Go to nsga.com for more information

NOTE: RAGE Runs are very popular spring events and may sell out! Because we cannot guarantee you entry into these races, be sure to sign up immediately after your SSG registration is complete!

Runners, joggers, and walkers are welcome to join us!

Awards

The Silver State Games awards medals in the following manner:

- Nevada residents: The first three (3) male and first three (3) female participants in each 5-year age group starting at 40-44 will be awarded gold, silver, and bronze medals for first, second, and third place finishes.
- Out-of-state athletes: Medals awarded for order of actual finish and will not displace Nevada residents.
- How this works:
 1. Race finishes: Chad Colorado is first then followed in order by Ned Nevada, Andy Arizona, Uncle Utah, Neal Nevada, and Norm Nevada.
 2. Medals awarded: Chad Colorado wins gold (1st finisher) and Ned Nevada wins gold (1st Nevadan). Andy Arizona gets bronze (3rd finisher) and Uncle Utah doesn't receive a medal (4th finisher). Neal Nevada gets silver (2nd Nevadan) and Norm Nevada gets bronze (3rd Nevadan).

BBSC awards its medals in two ways:

- Overall top 3 men and overall top 3 women in the sprint race (open to all ages)
- Top 3 men and top 3 women in each 10-year age group (such as 40-49, 50-59, etc.)
- NOTE: One award per person.

How to Register

Step 1 – Sign up at SilverStateGames.com by Wednesday, Apr. 22 at 11:59 p.m.

To participate as a Silver State Games 5K or 10K Road Race participant, you must first complete and pay your athlete registration fee at SilverStateGames.com.

SSG Road Runs Registration Fee Schedule:

- \$50 for Nevada residents
- \$55 for out-of-state participants
- No sports fee for either the 5K or 10K race!

In your registration/confirmation emails, you will find your:

- \$5 credit code for your optional SSG athlete T-shirt valid on our online store.
- BBSC's 20% discount code for your RAGE Run registration

Step 2 – Sign up at BBSCEndurance.com/rage-lake-mead-5k-10k/

Remember to use your BBSC discount when signing up for your chosen run! BBSC will email your registration confirmation.

NOTE: RAGE Triathlon is a popular spring event and may sell out! Do not wait to sign up!

Event Schedule

Before arriving at packet pick-up:

- **You must have already signed up with SSG by Wednesday, April 22 at 11:59 p.m.**
- **No late registration accepted – no exceptions!**

Packet Pick-up:

BBSC's packet pick-up is scheduled for Friday, April 24 from 4 - 6 p.m. at Trek Bikes shop at 19 S Stephanie St, Henderson, NV 89012 – just south of the exit off Interstate 215

- *If this changes, BBSC will email all registered athletes. SSG will follow the same timetable.*

When you arrive:

- Step 1: Check-in with BBSC to receive your race bib with timing chip and your RAGE Runs T-shirt.
- Step 2: Go to the SSG table located at the end of BBSC's check-in line.
 - o Show your race bib to the SSG volunteer. Picture I.D. is not required.
 - o Your race number will then be recorded on the SSG start list.

IMPORTANT: You must give your bib number to our SSG crew at check-in. It is used to find your results in BBSC's RaceResults™ timing system. Without it, you might not receive credit for your participation, a medal for a top 3 finish, or listed as qualifying for the 2027 National Senior Games!

Race Morning Check-In

BBSC allows for check-in on race morning starting at 5:30 a.m. at the Finish Line Trailer located adjacent to the Boulder Beach Picnic Area. Be aware BBSC charges a \$10 race day pick up fee.

IMPORTANT: If you are planning to check in on race morning, you must first notify our Road Runs coordinator, Bonnie Parrish-Kell, **by Thursday, April 23 at 6 p.m.** Her email address is silverstategamesruntri@gmail.com.

This ensures your name will be on the SSG start list on race morning. Failure to do so will result in:

- A "No Show/Did Not Start" designation upon the closure of BBSC's packet pick-up on Friday, Oct. 24
- Forfeiture of any SSG awards and commemorative Silver State Games pin.
- SSG does not charge for race morning check-in.

Race Day Schedule:

Schedule (watch for emails from BBSC for any updates):

- 7:15 a.m. – Start of the 5K and 10K races
- BBSC awards will begin when they have the top three results in each age group for a race event.

How Silver State Games Distributes Awards

The SSG volunteer team will use BBSC's RaceResults™ timing system via its live reporting on its website.

- To help us speed up this process, feel free to print a result ticket from BBSC's Race Results system next to the finish line. Just enter your bib number into the laptop station and - voila! - your ticket will be printed. Show it to our team for faster recording!
- Once the SSG Road Runs team can verify the top finishers in your age group, they will have medals available for pick-up. See "Awards" on page 2 for details.

Please allow at least 30 minutes for our team to process and check all results!

- Use this time to recover and enjoy the post-race refreshments provided by BBSC, watch BBSC's 5K and 10K awards presentations, and chat with fellow racers.
- Be sure to get your RAGE Runs finisher medal after you cross the finish line – you earned it!

The Fine Print: What You Need to Know

1. The Silver State Games 5K and 10K Road Races are open to Nevada residents and out-of-area participants ages 40 or better as of Dec. 31, 2026.
2. The first three (3) Nevada residents in each five-year age group, beginning with 40-44, will be awarded gold, silver, and bronze medals for 1st, 2nd, and 3rd places. Out-of-state athletes will be awarded medals in order of actual finish and cannot displace Nevada residents.
3. SSG has no limit on the number of 5K or 10K participants. **However**, BBSC does have an event cap. Register early to secure your spot!
4. SSG will close its 5K/10K Road Runs registration before deadline if RAGE Runs is close to selling out. SSG does not guarantee entry for RAGE.
5. BBSC and SSG highly recommend athletes bring and use the type of hydration, sports nutrition, energy supplements, and other items they are accustomed to during training.
6. BBSC will provide a) Race bib with timing chip, b) aid stations at approximately every mile, c) gels and water will be offered at all run aid stations, d) finisher medal at the finish line, and e) post-race meal and nutrition.
7. BBSC provides awards for the top 3 overall men and women in each distance and in each 10-year age groups (one award only). SSG participants are also eligible for these awards!
8. Headphones are not allowed during the race.
9. Want to switch from one distance to another (5K to 10K or 10K to 5K)? Then you must notify our Road Runs coordinator, Bonnie Parrish-Kell, **by Thursday, April 24 at 6 p.m.**, at silverstategamesruntri@gmail.com (put "SSG Runs" in the subject line). Failure to do so will result in SSG disqualification and forfeiture of any SSG awards. Contact the National Senior Games Association directly at nsga.com for information about using the race as your qualifying event for their 2027 Games.
10. You must also notify BBSC and follow their policies. Go to BBSCendurance.com for more information.
11. If you are unable to complete your race, please inform SSG and BBSC so we all know you are safe!
12. The RAGE Runs are solely owned and operated by BBSC Endurance Sports. All SSG-registered athletes agree to follow the rules and policies set forth by BBSC Endurance Sports and USA Track & Field; follow instructions made by BBSC staff, course marshals, and public safety officials; and abide by BBSC's decisions regarding disputes, infractions, penalties, changing or canceling the run races due to weather conditions, or other issues that may occur on race day. Visit their website for details.
13. The Silver State Games, a 501(c)(3) non-profit organization, and BBSC Endurance Sports, a limited liability corporation, are separate business entities, thus requiring their participants to register, pay fees,

and accept their terms and conditions via their respective websites. Failure to properly register and pay for the Silver State Games 5K/10K Road Runs and/or the RAGE Runs will result in the athlete not being permitted to participate in the respective event.

14. If BBSC updates, changes, or otherwise alters its races, courses, packet pick-up, and other operational matters, SSG will adjust its operation accordingly and inform its athletes via email. It is the athlete's responsibility to ensure BBSC has their correct contact information.

15. Postponement or cancellation by either SSG or BBSC may occur for cause(s) beyond the respective organizations' control. SSG will communicate the circumstances to its registered athletes via email.

16. Athletes should review the refund policies of SSG and BBSC on their respective websites prior to registration as they may differ.

Stay Connected for Latest News & Updates

- Like and follow Silver State Games at Facebook.com/SilverStateGamesNV for updates and inspiration.
- Like and follow BBSC Endurance Sports at Facebook.com/BBSCTRI.

Event Coordinators

- Silver State Games Triathlon coordinator: Bonnie Parrish-Kell, silverstategamesruntri@gmail.com
- BBSC's RAGE Runs race director: Travis Campbell, info@bbscendurance.com

About Silver State Games

Since 1980, you've known us as Nevada Senior Games. In 2025 we changed our name to Silver State Games to welcome even more adults into this active, healthy lifestyle and to our annual sports competitions. Offering some 20 sports in Olympic-style competition, SSG provides opportunities for maturing adults to enjoy the thrill of competition and the camaraderie of their fellow participants.

The Nevada Senior Games DBA Silver State Games is a 501(c)(3) not-for-profit organization based in Las Vegas, Nevada.

- Mail: 3311 S. Rainbow Blvd, Suite 140, Las Vegas, NV 89146
- Phone: (702) 242-1590
- Website: SilverStateGames.com
- Email: silverstategamesnv@outlook.com

About BBSC Endurance Sports

Since 2003, BBSC Endurance Sports has promoted healthy living and physical fitness by providing race management services for people of all ages and abilities. BBSC produces more than 20 multi-sport and running events of varying distances in scenic vacation destinations in Colorado, Missouri, Nevada, Tennessee, and Utah. BBSC is headquartered in Boulder, CO.

- Email: info@bbscendurance.com
- Website: BBSCEndurance.com