



2025

5K & 10K ROAD RACES

Competition by Age Group: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90+
(Age group determined by age as of December 31, 2025)

PUMPKINMAN 5K & 10K RUNS

Official Silver State Games Event | Produced by BBSC Endurance Sports
Saturday, Oct. 25 | 8 a.m. Start | Wilbur Square, Boulder City

1 Morning + 1 Distance + 2 Races = Go for All the Medals and Memories!

As a Silver State Games Participant

Choose to race in either the 5K or 10K race. With your paid Silver State Games registration, you'll:

- Race for SSG gold, silver or bronze medals
- Get one SSG T-shirt with your SSG athlete registration fee, and
- Enjoy **20% OFF** your Pumpkinman 5K or 10K entry fee, courtesy of BBSC!

And as BBSC Endurance Sports Participant

With your paid BBSC registration in either the 5K or 10K, you'll:

- Get entry into the Pumpkinman 5K or 10K running race
- Receive a Pumpkinman Run T-shirt and race bib with timing chip
- Race for Pumpkinman Run awards: Overall Top 3 or 10-year age groups (50-59, 60-69, 70-79, 80+)
- Get a finisher's medal when you cross the finish line, and
- Enjoy course support, a post-race meal, and so much more – all provided by one of the most experienced, runner-centered race event management companies in our region!

How Silver State Games Medals are Awarded

- Nevada residents: The first three (3) male and first three (3) female participants in each 5-year age group starting at 50-54 will be awarded gold, silver, and bronze medals for first, second, and third place finishes.
- Out-of-state athletes: Medals awarded for order of actual finish and will not displace Nevada residents.
- How this works:
 - Finishing order: Charlie Colorado finishes first followed by Nate Nevada, Andy Arizona, Uncle Utah, Neal Nevada, and Norm Nevada.
 - Medals awarded: Charlie Colorado wins gold (1st finisher), Nate Nevada wins gold (1st Nevadan), Andy Arizona gets bronze (3rd finisher), Uncle Utah no medal (4th finisher), Neal Nevada gets silver (2nd Nevadan), and Norm Nevada gets bronze (3rd Nevadan).

How to Register

➔ TO BE AN OFFICIAL SSG ATHLETE YOU MUST REGISTER WITH SSG AND BBSC | NO EXCEPTIONS! ⬅

Step 1 – Sign up at SilverStateGames.com by Sunday, Oct. 12 at 11:59 p.m.

To participate as a Silver State Games 5K or 10K road race competitor, complete and pay your athlete registration fee with the Silver State Games.

SSG Registration Fee Schedule:

- \$50 for Nevada residents | **Save \$5 if paid by July 31**
- \$55 for out-of-staters | **Save \$5 if paid by July 31**
- *No sports fee for either the 5K or 10K race!*

Choose either the 5K or 10K. You cannot do both events. Your athlete registration includes one SSG T-shirt.

The 20% discount code for your BBSC's Pumpkinman Run registration will appear on your SSG entry confirmation and registration receipt. **Use it to save at least \$11!**

Now sign up with BBSC for your Pumpkinman Run race.

Step 2 – Sign up at BBSCEndurance.com/pumpkinmanrun/

To participate in Pumpkinman Run, complete and pay your registration fee with BBSC.

BBSC Registration Fee Schedule:

- \$55 for 5K by Aug. 24 – **use your 20% discount to save \$11!**
 - Prices go up to \$65 on Aug. 25!
- \$65 for 10K by Aug. 24 – **use your 20% discount to save \$13!**
 - Prices go up to \$75 on Aug. 25!
- Choose either 5K or 10K – discount not valid on any other Pumpkinman event.

BBSC will email your registration and payment confirmation to you.

NOTE: Pumpkinman Runs are very popular and can sell out! Do not wait to sign up!

Event Schedule

Before arriving at packet pick-up:

- You must have signed up with SSG by Sunday, Oct. 12 at 11:59 p.m. *No late registration accepted – no exceptions!*
 - Have questions? Email our Road Runs coordinator, Bonnie Parrish-Kell, by Friday, Oct. 10 at 12 noon. Her email address is ssgruns@slowpokedivas.com.
- Did you sign up at BBSCEndurance.com for the Pumpkinman 5K or 10K by the SSG deadline? If so, great! If not, there's a good chance the race may have sold out or you will not receive a guaranteed Pumpkinman Run T-shirt!
 - Contact BBSC directly at info@bbscendurance.com with any questions or concerns.

Packet Pick-up:

BBSC's packet pick-up is scheduled for Friday, Oct. 25 from 3:30 – 6:30 p.m. at the park pavilion in Wilbur Square in Boulder City.

- If any changes are made, BBSC will email all registered athletes. SSG will follow the same timetable.

When you arrive:

- Step 1: check-in with BBSC to receive your race bib with timing chip and your Pumpkinman T-shirt.
- Step 2: Go to the SSG table located at the end of BBSC's check-in line.
 - Show your race bib to the SSG volunteer.
 - Your race number will be recorded on the SSG start list.
 - *SSG uses the BBSC's RaceResults™ system on-site and via web for results information and determine awards. Having your bib number allows us to track your results and award medals.*
 - You'll receive your SSG T-shirt if you have not participated in an earlier SSG sport.

Race Morning Check-In

BBSC allows for check-in on race morning from 6:30-8 a.m. at their Finish Line Trailer.

- *Be aware BBSC charges a \$10 race day pick-up fee.*

If you are planning to check-in on race morning, you must first notify our Road Runs coordinator, Bonnie Parrish-Kell, by Thursday, Oct. 23 at 6 p.m. Her email address is ssgruns@slowpokedivas.com.

- This ensures your name will be on the SSG start list on race morning and an SSG T-shirt to pick up!
- Failure to do so will result in:
 - A "No Show/Did Not Start" designation upon the closure of BBSC's packet pick-up on Friday, Oct. 24
 - Forfeiture of any SSG awards
 - No SSG T-shirt available for pick-up on race morning
- SSG does not charge for race morning check-in.

Race Day Schedule:

- Schedule (watch for emails from BBSC for any updates):
 - 8 a.m. – Start of the 5K **and** 10K races
 - 8:45 a.m. (approx.) – BBSC will begin presenting their awards for all their events – road runs, triathlon, aquabike, and relays – as they become official at the park pavilion.
 - At the Finish Line tent, enter your bib number into the RaceResults™ system for a printed copy of your race results.

Silver State Games Awards

- Present your RaceResults™ ticket to the Road Runs volunteers at the SSG table so your result is recorded.
- Once the SSG Road Runs team can verify the top finishers in your age group, they will have medals available for pick-up.
 - *See "Silver State Games Awards" on page 1 for information how the process works*
- **Allow at least 30 minutes for our team to process and check all results!** Use this time to enjoy the post-race refreshments provided by BBSC, watch BBSC's 5K and 10K awards presentations, and chat with fellow racers.
- Be sure to get your Pumpkinman finisher medal after you cross the finish line – you earned it!

The Fine Print: What You Need to Know

1. The Silver State Games 5K and 10K Road Races are open to adults ages 50 or better as of Dec. 31, 2025.
 - Out-of-state competitors are welcome!
2. The first three (3) Nevada residents in each five-year age group, beginning with 50-54, will be awarded gold, silver, and bronze medals for 1st, 2nd, and 3rd places. Out-of-state athletes will be awarded medals in order of actual finish and cannot displace Nevada residents.
3. SSG has no limit on the number of 5K or 10K participants. **However**, BBSC does have an event cap. Be sure to register early to secure your spot!
 - SSG does not guarantee entry for Pumpkinman Runs. Sign up immediately after registering for SSG.
 - SSG will end its 5K and 10K registration if Pumpkinman Runs is close to selling out or by its deadline (Sunday, Oct. 12, 2025), whichever occurs first.
4. BBSC and SSG highly recommend athletes bring and use the type of hydration, sports nutrition, energy supplements, and other items they are accustomed to during training.
5. BBSC will provide:
 - Race bib with timing chip
 - Aid stations are located at approximately every mile. 5K course will have 3 opportunities to fuel up, while the 10K course will have 6 opportunities. Gels and water will be offered at all run aid stations.
 - Finisher medal at the finish line, and post-race meal and nutrition.
 - The top 3 overall men and women in each distance will receive an award. BBSC age groups are in 10-year segments. SSG runners and walkers are also eligible for these awards!
6. Headphones are not allowed during the race.
7. Want to switch from one distance to another (5K to 10K or 10K to 5K)? Then you must:
 - Email our Road Runs coordinator, Bonnie Parrish-Kell, **by Thursday, Oct. 24 at 6 p.m.**, at ssgruns@slowpokedivas.com.
 - Failure to email Bonnie by the deadline will result in:
 - Your name will not appear on the official start roster for your desired race
 - SSG disqualification
 - Forfeiture of any SSG awards
 - *No exceptions!*
 - You must notify BBSC and follow their policies. Go to BBSCEndurance.com for more information.
8. If you are unable to complete your race, please inform SSG and BBSC so we all know of your safe return to Wilbur Square.
9. The Pumpkinman Runs is solely owned and operated by BBSC Endurance Sports. All SSG-registered athletes agree to follow the rules and policies set forth by BBSC Endurance Sports and USA Track & Field; follow instructions made by BBSC staff, course marshals, and public safety officials; and abide by BBSC's decisions regarding disputes, infractions, penalties, changing or canceling the run races due to weather conditions, or other issues that may occur on race day. Visit their website for details.
10. The Silver State Games, a 501(c)(3) non-profit organization, and BBSC Endurance Sports, a limited liability corporation, are separate business entities, thus requiring their participants to register, pay fees, and accept their terms and conditions via their respective websites. Failure to properly register and pay for the Silver State Games 5K/10K Road Runs and/or the Pumpkinman Runs will result in the athlete not being permitted to participate in the respective event.
11. Postponement or cancellation by either SSG or BBSC may occur for cause(s) beyond the respective organizations' control. SSG will communicate the circumstances to its registered athletes via email.
12. Athletes should review the refund policies of SSG and BBSC on their respective websites prior to registration as they may differ.

Stay Connected for Latest News & Updates

- Like and follow Silver State Games on Facebook for updates, posts, and inspiration.
- Like and follow BBSC Endurance Sports at [Facebook.com/BBSCtrl](https://www.facebook.com/BBSCtrl).
- Updates specific to Pumpkinman Runs are sent via email to all registered athletes.

Event Coordinators

- Silver State Games 5K & 10K Road Runs coordinator: Bonnie Parrish-Kell, ssgruns@slowpokedivas.com
- BBSC's Pumpkinman Runs race director: Travis Campbell, info@BBSCtrl.com

About Silver State Games

Since 1980, you've known us as Nevada Senior Games. Now, in 2025 as Silver State Games, we continue our commitment to advocating active, healthy living and our fall games to more adults looking to add life to their years. Offering some 20 sports in Olympic-style competition, SSG provides opportunities for maturing adults to enjoy the thrill of competition and the camaraderie of their fellow participants.

The Nevada Senior Games DBA Silver State Games is a 501(c)(3) not-for-profit organization based in Las Vegas, Nevada.

- Mail: 3311 S. Rainbow Blvd, #140, Las Vegas, NV 89146
- Phone: (702) 242-1590
- Website: www.SilverStateGames.com
- Email: silverstategamesnv@outlook.com

About BBSC Endurance Sports

Since 2003, BBSC Endurance Sports has promoted healthy living and physical fitness by providing race management services for people of all ages and abilities. BBSC produces more than 20 multi-sport and running events of varying distances in scenic vacation destinations in Colorado, Missouri, Nevada, Tennessee, and Utah. The BBSC headquarters is in Boulder, CO.

- Email: info@bbscendurance.com
- Website: BBSCEndurance.com