



**TBR Consulting**  
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## Recommended Readings & More

Whether you're looking to begin your knowledge journey, improve your basic knowledge, are looking to expand to other ideas, or are looking for experiences where you can apply your knowledge, this list should give you a direction to continue on that journey!

### Building a Strong Foundation of Knowledge

- The Gift of Fear**, Gavin De Becker, 1997
- Stay Safe**, Greg Shaffer, 2019
- Left of Bang**, Patrick Van Horne and Jason A. Riley, 2014
- Principles of Personal Defense**, Lt. Col. Jeff Cooper, 1972
- On Combat**, Lt. Col. Dave Grossman, 2004
- The Power of Awareness**, Dan Schilling, 2021

### Beyond the Basics: Expanding Your Horizons

- 100 Deadly Skills**, Clint Emerson, 2015
- Sheep No More**, Jonathan T. Gilliam, 2017
- Can I See Your Hands!**, Dr. Gav Schneider, 2017
- What They Don't Teach Teens**, Jonathan Cristall, Esq., 2020
- Outward Bound Wilderness First Aid Handbook**, Jeffrey Isaac, PA-C, 2013
- The First Preventers Playbook**, Rick Shaw, 2020
- The Everyday Warrior**, Mike Sarraille, 2023
- Warrior Mindset**, Michael J. Asken, Ph.D., and Lt. Col. Dave Grossman, 2010

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## Striving for More? Recommended Online & In-Person Experiences:

### Online

- American Warrior Society <https://americanwarriorsociety.com/>
- Martial Blade Concepts <https://www.martialbladeconcepts.com/>
- Echelon Front <https://echelonfront.com/>

### In-Person

- Gunsite Academy (Paulden, AZ) <https://www.gunsite.com/>
- Thunder Ranch (Lakeview, OR) <https://www.thunderranchinc.com/>
- Radford Racing School (Chandler, AZ) <https://www.radfordracingschool.com/>
- Next Threat Solutions (El Dorado Hills, CA) <https://www.nextthreatsolutions.com/>
- Paladin Tactical Training (SF Bay Area, CA) <https://www.paladin-tactical-us.com/>
- Stop The Bleed (Nationwide) <https://www.stopthebleed.org/>

### *We would love to get feedback from your readings!*

- Send us a photo with the book and a quote to share on social media and receive a TBR challenge coin in return! Send to: [info@trainbeready.com](mailto:info@trainbeready.com)



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