



TBR Consulting
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Recommended Readings & More

Whether you're looking to begin your knowledge journey, improve your basic knowledge, are looking to expand to other ideas, or are looking for experiences where you can apply your knowledge, this list should give you a direction to continue on that journey!

Building a Strong Foundation of Knowledge

- The Gift of Fear**, Gavin De Becker, 1997
- The Practical Guide to Personal Security**, Rob Chadwick, 2025
- Left of Bang**, Patrick Van Horne and Jason A. Riley, 2014
- Principles of Personal Defense**, Lt. Col. Jeff Cooper, 1972
- On Combat**, Lt. Col. Dave Grossman, 2004
- When Violence is the Answer**, Tim Larkin, 2017
- The Power of Awareness**, Dan Schilling, 2021

Beyond the Basics: Expanding Your Horizons

- 100 Deadly Skills**, Clint Emerson, 2015
- Sheep No More**, Jonathan T. Gilliam, 2017
- Can I See Your Hands!**, Dr. Gav Schneider, 2017
- What They Don't Teach Teens**, Jonathan Cristall, Esq., 2020
- Outward Bound Wilderness First Aid Handbook**, Jeffrey Isaac, PA-C, 2013
- The Everyday Warrior**, Mike Sarraille, 2023
- Warrior Mindset**, Michael J. Asken, Ph.D., and Lt. Col. Dave Grossman, 2010

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Striving for More? Recommended Online & In-Person Experiences:

Online

- American Warrior Society <https://americanwarriorsociety.com/>
- Martial Blade Concepts <https://www.martialbladeconcepts.com/>
- Echelon Front <https://echelonfront.com/>

In-Person

- Gunsite Academy (Paulden, AZ) <https://www.gunsite.com/>
- Thunder Ranch (Lakeview, OR) <https://www.thunderranchinc.com/>
- Radford Racing School (Chandler, AZ) <https://www.radfordracingschool.com/>
- Stop The Bleed (Nationwide) <https://www.stopthebleed.org/>

We would love to get feedback from your readings!

- Send us a photo with the book and a quote to share on social media and receive a TBR challenge coin in return! Send to: info@trainbeready.com



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