



3rd-6th Grade Quick Reference Rules

Created 12/24/2020

Age: Players must play grade appropriate unless approved by the league.

Residence: Players must play for the district they attend or live in.

Playing time: One full quarter. Your community can require more than the minimum.

Game Ball: 28.5 inch ball

Defense

Third Grade: Man-to-man only

Fourth-Sixth: Any

Full Court Press (none when up or behind 20 points)

Third: None

Fourth: Last 2 minutes of 4th Quarter and OT

Fifth: 4th Quarter and OT

Sixth: 2nd Half

Free throw line

Third: 11 feet

Fourth: 11 feet

Fifth: 12 feet

Sixth: Regulation

Game time

4 Quarters with 6-minute stop and go

3 minute over time

3-5 minute half time

Running Clock when down 20

Timeouts: 4 full timeouts