

SAC BOYS & GIRLS
2nd & 3rd Grade

1. LEAGUE IS INSTRUCTIONAL
2. MAN TO MAN DEFENSE ONLY
 - NO ZONES
 - NO DOUBLE TEAMING EXCEPT IN THE PAINT
 - HELP DEFENSE CAN BE USED
 - MUST GUARD A PLAYER
 - DEFENSE MAY EXTEND TO HALF COURT BUT THE DEFENSIVE PLAYER MUST ALLOW THE PLAYER WITH THE BALL TO CROSS THE HALF COURT LINE. However, if the score reaches a difference of >15 points, the leading team should pull defense back within the 3 point line.
3. ALL PLAYERS ARE TO PLAY EQUAL TIME, (MINIMUM 20 MINUTES, IF 10 PLAYERS OR LESS)
 - NO ONE PLAYER SHOULD PLAY SIGNIFICANTLY MORE THAN OTHERS
4. WITH A LEAD IN THE LAST 2 MINUTES, OFFENSE MUST ATTACK
 - NO STALLING
5. SCORES WILL BE KEPT. HOWEVER AT HALFTIME, IF THE SCORE IS GREATER THAN A 15 POINT DIFFERENCE, THE POINTS WILL BE RESET TO ZERO FOR BOTH TEAMS.
6. NO STANDINGS WILL BE POSTED
7. GAMES WILL CONSIST OF FOUR 10 MINUTE RUNNING QUARTERS. THE GAME IS STOPPED AT APPROXIMATELY THE 5 MINUTE MARK FOR SUBSTITUTIONS.
8. SUBSTITUTIONS ON DEAD BALL ONLY
9. COACHES ARE ALLOWED 4 TIMEOUTS PER GAME
10. NO 3 POINT FIELD GOALS COUNTED
11. NO PARENT INTERFERENCE OR YELLING AT REFEREES
 - REFEREES HAVE THE AUTHORITY TO BANISH ANYONE FROM THE GYM
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12. NO FOUL SHOTS WILL BE ATTEMPTED, BALL WILL BE IN-BOUNDED
13. 3RD GRADE BOYS: FOULS SHOULD BE TRACKED SO THAT GAMES DON'T GET OUT OF HAND. THE FIRST 3 GAMES OF THE SEASON SHOULD BE USED AS EDUCATIONAL BUT THEN AFTER THE WINTER BREAK, PLAYERS MAY FOUL OUT WITH 5 FOULS.
14. 2nd GRADE BOYS and 2nd/3rd GRADE GIRLS WILL USE 8.5 FOOT RIMS
15. 3RD GRADE BOYS WILL USE 10 FOOT RIMS
16. TEAMS SHALL USE A 28.5" SIZE BASKETBALL FOR ALL GAMES.