



*“Outside the box, creative, positive, & memorable education experiences”*

# Exam Prep

**BCRPA Personal Trainer Exam**  
*An Experience of Natural Excellence*

## **Your Education Experience**

### **In Your Home**

Through the technology of ZOOM and the sharing features, technology will allow you to enter my home-based Lifting Studio for both theoretical applications and visual learners.

### **Recorded for Play Back**

The session will be recorded and loaded into my True North West Academy Vimeo Learning Library for your use until your exam time.

### **Unique Learning Games, Review & Study Materials**

Your experience will be both theoretical using presentation decks, summarized information clips, category-based worksheets, short, repeated quizzes and much more. These tips and tricks are great for the challenged learner and the exam anxiety individual to reduce the reading stress.

### **The Details:**

- Proctor:** Kim Bond, Trainer of Fitness Leaders
- Location:** Online – Zoom Classroom  
True North West Academy – Virtual Lifting Studio
- Date:** Aug 19 Time
- Time:** 6:30pm-9:30pm
- Cost:** \$30 + gst  
The following students receive free admission  
(Everyday Athletes, Hilltop, True North West Academy, Douglas College Sports Institute)
- Pre-requisite:** None
- Registration:** Online: [www.truenorthwestacademy.ca](http://www.truenorthwestacademy.ca)  
*Past students, email me for your coupon*  
Email: [kb@truenorthwestacademy.ca](mailto:kb@truenorthwestacademy.ca)
- Reg Deadline:** August 19, 2021