

Reflections journal

MAYBE YOU CAN RELATE: A JOURNAL FOR THE HONEST READER

This space isn't about judgment. It's for the parts of you that feel unsure, in between, or pulled in different directions. Your identity, your faith, your habits, your hunger for stories—none of it has to be perfect to be meaningful

Today i am thinking about...

WHAT BOOK/TOPIC IS STIRRING SOMETHING IN ME RIGHT NOW?

IS THERE TENSION BETWEEN MY VALUES AND MY READING?

WHAT AM I AFRAID SOMEONE WOULD THINK IF THEY SAW WHAT I READ?

WHAT DO I NEED FROM READING RIGHT NOW? ESCAPE, TRUTH, BEAUTY, CLARITY

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Identity check-in

WHO I THINK I SHOULD BE VS WHO I AM

"SHOULD" VERSION OF ME

HONEST VERSION OF ME

YOU'RE NOT A FRAUD. YOU'RE A PERSON IN PROCESS

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Guilt vs Grace

I FEEL GUILTY ABOUT...

BUT IM ALLOWED TO...

"EVERYTHING IS PERMISSIBLE, BUT NOT EVERYTHING IS BENEFICIAL..."

—1 CORINTHIANS 10:23