

Enjoy more smiles and laughter in your home with PLAY Project

Benefits to Children

PLAY Autism Intervention helps young children improve their language, behavior and social skills.

Play is the way young children learn best. The PLAY Project model helps children grow and develop through playful interaction.



Benefits to Parents

You and your Certified PLAY Project Consultant become partners in your child's progress. You receive individualized coaching that empowers you to have a closer, more satisfying relationship with your child.

You will learn to:

- Identify your child's unique strengths and needs
- Make every interaction a growing and learning experience
- Effectively respond to and engage with your child

What is the PLAY Project?

The PLAY Project offers research-based autism programs that focus on play and relationships to support the social and emotional growth of a child with autism. PLAY Project methods, techniques, and principles are the foundation of the intervention. Professionals who offer PLAY Autism Intervention are trained and credentialed by the PLAY Project organization.

What research exists for PLAY Autism Intervention?

The PLAY Project uses evidence-based best practices. It is a parent-implemented early intervention model with scientific evidence for its effectiveness.

In 2014, the Journal of Developmental and Behavioral Pediatrics published the results of a randomized controlled trial of the program. This large-scale study demonstrated significant improvement in:

- Children's autism severity
- Social-emotional development of children with autism
- Parent and child interactions
- Reduction in parent stress and depression

Becoming PlayFull

651-317-9517

becomingplayfull@gmail.com

becomingplayfull.com



Autism Intervention

An evidence-based program for toddlers & preschoolers



Serving the Twin Cities and surrounding areas

PLAY Services at Becoming PlayFull

- **Once or twice-a-month** home visits from your Certified PLAY Project Consultant.
- **Modeling and coaching** services to help improve the interactions between you and your child.
- **Direct play** between your child and PLAY Project Consultant.
- **A PLAY Plan** report and video provided each month:
 - The plan includes detailed recommendations for methods, techniques and activities.
 - The **video** captures interactions and supports reflection while increasing your skills and confidence as a play partner.



About Certified PLAY Project Consultants

Certified PLAY Project Consultants go through a training and supervision stage. They are all child developmental specialists.

Becoming PlayFull's owner, Rachel, has a Masters in Education and has been an Early Intervention Teacher for over 10 years.

What is a PLAY Project home visit like?

During visits, you and your PLAY Project Consultant engage your child in playful activities. Siblings and other caregivers are welcome to join. Your Consultant supports your learning so you gain confidence in using the methods and techniques throughout your everyday interactions.

Our goal is to help you make every interaction with your child an opportunity for growing and learning.

What is a Parent-Mediated model?

PLAY is parent-implemented, meaning you will gain the skills to support your child's social-emotional growth. Research shows that autistic children have more success when parents are empowered to provide intervention at home. You will learn effective strategies for engagement, so that your child receives intensive interventions throughout their day. PLAY techniques and methods will become a regular part of family life.

Website

becomingplayfull.com

Call or Text

651-317-9517

Email

becomingplayfull@gmail.com