

SOCIAL SKILLS

PLAY sessions...

- focus on connection
- develop emotional literacy
- support awareness of others
- strengthen shared enjoyment and joint attention

COMMUNICATION

PLAY sessions...

- honor all communication types
- build foundational skills
- focus on communicative intent
- encourage communication in a relevant and motivating way

HOW DOES BECOMING PLAYFULL BUILD SKILLS?

FLEXIBILITY

PLAY sessions...

- increase frustration tolerance
- develop problem solving skills
- build on interests to expand play schemes
- create opportunities for varied interactions

PLAY SKILLS

PLAY sessions...

- support turn taking
- increase complexity of play
- encourage social and interactive play
- honor different play styles and preferences

REGULATION

PLAY sessions...

- strengthen self advocacy skills
- support sensory needs
- explore different regulation techniques
- create opportunities to navigate emotions

ENGAGEMENT

PLAY sessions...

- build attention span
- increase reciprocal interactions
- develop social communication skills
- encourage and support active participation in play