

Tenex/Intuniv (guanfacine IR/ER)



What is it usually prescribed for?

ADHD (attention-deficit/hyperactivity disorder) and other conditions.



How does it work?

Tenex/Intuniv helps improve attention, concentration, and hyperactivity by changing the release of chemicals in the brain.

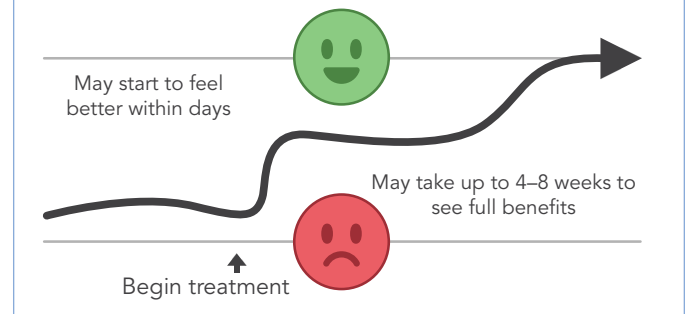


What should I expect?

It may take a few weeks for you to feel the full benefits of taking this medicine. Some symptoms may improve within days of the first dose, but in some cases the full benefits of this medicine may take up to 4–8 weeks once the right dose is determined.

Your healthcare professional will start with a low dose that is slowly increased to find the best dose that works for you. Tell your healthcare professional how it's working for you and if you have any side effects so the dose can be changed if needed.

WHEN WILL I FEEL BETTER?



Your healthcare professional may check your blood pressure before starting treatment and during treatment occasionally because Tenex/Intuniv affects blood pressure.

Take Tenex/Intuniv exactly as prescribed to get the full benefit of this medicine.



Will I have side effects?

You may or may not have side effects when taking Tenex/Intuniv. Most side effects occur right away but go away with time. The chance of side effects increases with larger doses.

What are common side effects and what can I do to feel better?

If your side effects are mild, talk to your healthcare professional about them at your next appointment.

	Drink plenty of water	Drink less alcohol	Do more exercise	Healthcare professional suggestion
Dry mouth	X	X		
Trouble sleeping	X	X	X	
Feeling dizzy	X	X		
Feeling drowsy	X	X	X	
Constipation	X		X	
Nausea	X	X		

Note: This is not a complete list of side effects; other side effects are possible. Before starting Tenex/Intuniv, tell your healthcare professional about all the medicines you are taking to avoid unexpected side effects.



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YOU'RE NOT ALONE!

In 2019, Tenex/Intuniv was prescribed over 4.6 million times in the United States.

⊗ What should I avoid?

Don't start any new medicines, over-the-counter drugs, or herbal remedies without talking to your healthcare professional first. There are many interactions with medicines that may increase your chance of side effects.

Do not suddenly stop taking Tenex/Intuniv unless your healthcare professional has told you to because it can cause a rapid rise in blood pressure, headache, and nervousness.

Use less alcohol and recreational drugs. They may decrease the benefits of Tenex/Intuniv and increase the chance of side effects.

WHAT IS MOST IMPORTANT TO REMEMBER

- ✔ It may take up to a few weeks for you to feel the full benefits of taking this medicine
- ✔ Tell your healthcare professional about any troubling side effects so that you can work together to address them
- ✔ Do not suddenly stop taking this medicine unless told to do so by your healthcare professional
- ✔ Don't start any new medicines, over-the-counter drugs, or herbal remedies without talking to your healthcare professional
- ✔ Get medical care right away if you have serious side effects



When should I call a healthcare professional right away or visit the emergency room?

If you have any **serious** side effects. Here are some examples of serious side effects:

- Feeling fear, worry, or nervousness
- Hallucinations (seeing or hearing things that are not there)
- Severe drowsiness
- Slow heartbeats
- A light-headed feeling like you might pass out

If you think there has been an overdose, call your poison control center (800-222-1222) or get medical care right away.



Where can I get more help?

National Alliance on Mental Illness (NAMI) – nami.org

National Suicide Prevention Lifeline – Call 1-800-273-TALK (8255)

Crisis Text Line – Text "HELLO" to 741741



Notes and questions for my next appointment

