



TLC

Tender Loving Care



Palliative Care
End of Life Navigators




"The end of life deserves as much beauty,
care and respect as the beginning"...

Palliative Services & Fees

*Compassionate Companionship,
Advocacy & Support*


*For individuals facing aging, illness, dementia,
grief, or end-of-life transitions.*


Service	Description	Rates & Packages
1. Compassionate Companionship	Our trained companions provide emotional & social support when it's needed most—whether through conversation, peaceful walks, or simply being present. <ul style="list-style-type: none"> • 2–15 hrs/week • 2-hr min/session 	\$35/hr \$300 (10 hrs - 5x2) → Save \$50 \$450 (15 hrs - 5x3) → Save \$75
2. Grief or Dementia Coaching	We offer supportive guidance for individuals and families navigating grief, loss, or dementia. Our goal is to foster understanding, resilience, and informed care. <ul style="list-style-type: none"> • 2–15 hrs/week • 2-hr min/session 	\$45/hr Packages \$400 (10 hrs - 5x2) → Save \$50 \$600 (15 hrs - 5x3) → Save \$75
3. Medical Advocacy & Transportation	Private Calgary transport & support at medical appointments.	 Transport: \$120  Advocacy: \$45/hr (rate applied includes transport time + appointment time)
4. Post-Surgery Overnight Companion	Overnight support and reassurance during recovery following medical procedure. (8 PM–8 AM)	\$40/hr (light monitoring) \$55/hr (constant observation)


Service	Description	Rates & Packages
	<ul style="list-style-type: none"> 12 hrs recommended 	
5. Virtual / In-Home Check-ins <i>For Peace of Mind</i>	Stay connected and supported from any location. FaceTime calls <ul style="list-style-type: none"> 1-hr min frequency TBD Scheduled check-ins <ul style="list-style-type: none"> 1-hr min frequency recommended every 3 days (Not required in assisted living)	 Virtual with loved ones: \$45/hr  In-Home check-ins: \$25/hr
6. Social & Cultural Engagement	Rediscover joy through meaningful experiences—attend events, concerts, or hobby classes. Hire a companion to attend local events, concerts, hobby groups with you.	Transportation: (parking extra if applicable) Calgary \$150 Banff \$75 With companion: (Add cost of ticket, transport + \$25/hr)
7. Meal Assistance	Support with safe, comfortable mealtime experiences.	\$25/hr (1-hr min)
8. Bonus Free Pet Therapy	Daily walks, home visits, or rides with our Golden Duo.	 Free upon request
9. Advance Planning & Legacy Support	Ensure your voice is heard and your wishes honoured. <ul style="list-style-type: none"> We guide you Guidance in preparing essential documents (Green Sleeve) We explore ways to leave a lasting legacy. Dreams Come True - we explore with client fulfilling meaningful experiences that bring joy & connection. 	\$45/hr (general)


Service	Description	Rates & Packages
10. Medical Assistance in Dying (MAiD) - Guidance & Support	<p>We provide sensitive and informed support throughout your personal MAiD exploration. Our services include education, resource, and emotional guidance.</p> <p>We suggest:</p> <ol style="list-style-type: none"> 1. 10 hours planning phase 2. 5 hours day of procedure <p>(Package total 15-hrs)</p>	<p>\$50/hr (MAiD exploration)</p> <p>\$600 (15 hrs incl. MAiD day) → Save \$150</p>


Important Information

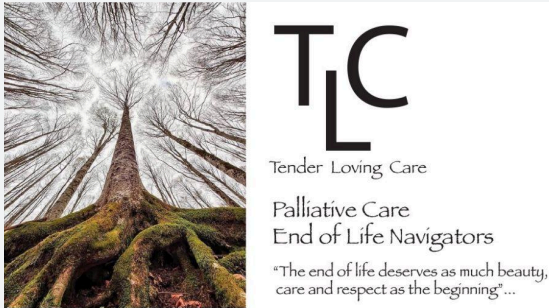
 Services provided at home, in assisted living, hospitals, or long-term care (with harmonized facility collaboration).

 A signed contract is required before services begin.

 AHS Home Care In-Home Funding *may be available* — consult your Case Manager. For in-home funding following surgery — consult you Blue Cross representative to determine eligibility.

 If Trish or Jeff are unavailable, trusted subcontractors may be offered.

 Our goal is comfort, companionship & advocacy—for peace of mind.



End-of-Life Care Fees

*Our Core Value: No One Dies Alone
(NODA)*

Service	Description	Rates
1. Advance Planning & Legacy Support	Document preparation, grief discussions, legacy support.	\$45/hr
2. MAiD Support	Emotional support before & during MAiD, incl. event day.	\$50/hr (8 AM–8 PM) \$600 Package (15 hrs incl. day of event) → Save \$150
3. Bedside Presence (24/7)	Compassionate presence for clients and caregiver relief. 📍 <i>Services available at home, assisted living, hospital, or long-term care (with facility coordination).</i> 📍 <i>AHS In-Home Funding may be available—ask your Case Manager.</i>	\$40/hr (8 AM–8 PM) \$55/hr (8 PM–8 AM)
4. Bonus Pet Therapy at Bedside	Bedside visits from Golden Retriever or GoldenDoodle (the Golden Duo).	🐾 Free upon request
5. Celebration of Life Attendance	If invited, we're honoured to attend your loved one's celebration.	🙏 No fee

➡ Our services sadly end when the client takes their final breath, and the Power of Attorney is advised.

Important Information 📍 A signed contract is required before services begin.