

# Terms & Conditions



## 1. Definitions

- 1.1 "Organiser" – *Woman's Journey*, the legal entity responsible for organising and facilitating the retreat, including its representatives, employees, and contractors.
- 1.2 "Participant" – any individual attending the retreat, having completed registration, provided the required medical and personal information, and been approved by the Organiser.
- 1.3 "Retreat" – the programme, events, and activities conducted under the Organiser's supervision.

## 2. Nature of the Programme

- 2.1 The Retreat includes therapeutic, educational, and wellness activities, and may include sessions where Participants choose to personally consume psilocybin-containing truffles or mushrooms.
- 2.2 In accordance with Portuguese law, the Organiser does not supply, sell, or distribute psilocybin-containing substances. Each Participant is solely responsible for lawfully obtaining such substances for their own personal use.
- 2.3 The Organiser's role is limited to providing a safe and supportive environment for self-administration and integration processes.
- 2.4 Psilocybin is a psychoactive substance with potential psychological and physiological effects; participation carries inherent risks.
- 2.5 The Organiser does not guarantee any specific therapeutic outcome, improvement, or transformation.

## 3. Participant Eligibility

- 3.1 Participation is subject to completion of the Organiser's medical and psychological assessment form and approval by the Organiser.

# Terms & Conditions



3.2 The Participant confirms they are at least 25 years of age (or the legal age of majority in their jurisdiction).

3.3 The Participant affirms that they:

- a. Are not pregnant or breastfeeding.
- b. Are not currently diagnosed with any psychiatric or neurological disorder incompatible with psilocybin use (including but not limited to psychosis, schizophrenia, bipolar disorder type I).
- c. Are not under the influence of alcohol or illicit substances during retreat activities.
- d. Have not been advised by a medical professional to avoid psychedelic substances.

## 4. Application and Accuracy of Information

4.1 Prior to the onboarding call, Participants are required to fill out an application form and provide personal and medical information including full legal name, email address, and other relevant details.

4.2 The Participant declares that all information provided is true, complete, and accurate to the best of their knowledge.

4.3 The Participant agrees not to impersonate any person, provide false details, or use another person's contact information.

4.4 The Organiser reserves the right to refuse service or exclude any Participant before or during the retreat if information is found to be false, incomplete, or misleading, without refund.

## 5. Onboarding Call

5.1 After reserving a place and paying the deposit, Participants will be invited to schedule an onboarding call via Zoom or Google Meet.

5.2 The call will not be recorded unless specifically requested and with the Participant's

# Terms & Conditions



consent. Notes may be taken in the Organiser's booking system for reference.

5.3 If a Participant does not attend the scheduled onboarding call without prior notice, their reservation will be automatically cancelled, their room released, and their deposit will be non-refundable.

5.4 Deposits from missed calls may be transferred to a new booking if made within one month of the no-show.

5.5 If a Participant misses a second scheduled onboarding call, the deposit will be forfeited.

## 6. Health and Safety

6.1 Participants agree to follow all safety guidelines, facilitator instructions, and retreat protocols, including responsible and lawful sourcing of psilocybin-containing substances for personal use.

6.2 Psilocybin may cause changes in perception, mood, cognition, and physiological responses. Challenging experiences may occur.

6.3 Integration support will be provided during the retreat, but the Organiser is not responsible for long-term aftercare unless otherwise agreed in writing.

## 7. Informed Consent

7.1 By agreeing to these Terms, Participants confirm they have been informed of:

- a. The nature and effects of psilocybin.
- b. Possible risks, including anxiety, panic, nausea, flashbacks, and rare but severe psychological reactions.
- c. The legal status of psilocybin in Portugal.

7.2 Participants confirm they have had the opportunity to ask questions before consenting.

# Terms & Conditions



## 8. Liability Waiver

8.1 To the fullest extent permitted by law, the Participant releases and discharges the Organiser, facilitators, employees, and contractors from any liability for injuries, damages, or losses arising from participation, except in cases of gross negligence or wilful misconduct.

8.2 This waiver applies to both physical and psychological effects experienced during or after the retreat.

## 9. Confidentiality and Data Protection (GDPR)

9.1 The Organiser will process personal data in accordance with the EU General Data Protection Regulation (GDPR).

9.2 Data will be used solely for retreat-related purposes, stored securely, and not shared without consent unless required by law or to prevent harm.

9.3 Participants have the right to access, correct, or request deletion of their personal data.

## 10. Emergency Medical Consent

10.1 Participants authorise the Organiser and staff to seek emergency medical treatment on their behalf if necessary.

10.2 Participants agree to bear any associated medical costs not covered by their own insurance.

## 11. Code of Conduct

11.1 Participants must behave respectfully towards staff and other participants.

11.2 Violence, harassment, or disruptive behaviour will result in immediate removal without refund.

# Terms & Conditions



## 12. Legal Compliance

12.1 The retreat operates only where psilocybin administration is legal.

12.2 Participants are responsible for ensuring compliance with their home country's laws regarding travel, possession, and participation.

## 13. Reservation, Payment, and Cancellation Policy

### 13.1 Reservation and Prepayment

- a. A non-refundable prepayment of €500 is required to secure a place.
- b. Reservations are confirmed only upon receipt of the prepayment.
- c. The remaining balance must be paid no later than 28 January 2026 unless otherwise agreed in writing.

### 13.2 Non-Refundable Prepayment

The prepayment is strictly non-refundable under any circumstances.

### 13.3 Cancellation by the Participant

- a. Cancellations must be made in writing via email.
- b. If cancellation occurs after full payment and at least 90 days before the retreat, the Organiser will refund the balance minus the non-refundable prepayment.
- c. No refunds for cancellations 30 days or fewer before the retreat, no-shows, late arrivals, or early departures.

### 13.4 Cancellation by the Organiser

- a. The Organiser may cancel in the event of force majeure or insufficient participant numbers.

# Terms & Conditions



- b. In such cases, Participants may choose between a full refund or transferring the booking to a future retreat.
- c. The Organiser is not responsible for travel or other personal expenses.

## 14. Force Majeure Event

No party shall be liable for delays or non-performance caused by events beyond their reasonable control, including but not limited to natural disasters, war, civil unrest, epidemics, government action, or shortages of essential supplies.

## 15. Retreat Cancellation

In the unlikely event of cancellation by the Organiser for reasons other than force majeure, Participants may transfer their booking to a similar retreat or store the full amount paid as credit for a future retreat.

## 16. Changed Terms

The Organiser may amend these Terms at any time. Updates will be posted on the official website, with the effective date stated. Continued use of services indicates acceptance of changes.

## 17. Limitation of Liability

The Organiser shall not be liable for indirect, incidental, consequential, or punitive damages. In no event shall liability exceed the total price paid for the retreat.

## 18. Dispute Resolution

# Terms & Conditions



Participants agree to attempt informal resolution of disputes before pursuing external or legal action.

## 19. Indemnification

Participants agree to indemnify and hold the Organiser harmless from claims, damages, and expenses arising from breach of these Terms or misuse of services.

## 20. Notices

All communications under these Terms must be in writing and sent to the official contact email provided by the Organiser.

## 21. Severability

If any provision is found invalid, the remaining provisions remain in force.

## 22. Disclaimer

Retreat content is not a substitute for professional medical advice. The Organiser makes no guarantees about therapeutic outcomes. Participation is at the Participant's own risk.

## 23. Governing Law and Jurisdiction

These Terms are governed by the laws of the Portuguese Republic. Any disputes shall be subject to the exclusive jurisdiction of the courts of Lisbon, Portugal.