## In My World

Jacob loved Rachel. He did not love Leah. What Leah's father did was very mean to Rachel, Leah, and to Jacob. Everyone in the story was sad or mad because of what Laban had done. Sometimes people are mean to us for no reason. Sometimes bad things happen even though we may not deserve it. When bad things happen, God knows exactly how we feel. He sees everything that is happening. Just as God blessed Leah in her pain, He can take the bad things that happen to us and use them for good.

## Reflection Questions

- 1. Have you ever felt as angry as Jacob or as sad as Leah through no fault of your own?
- 2. Have you ever had something wonderful happen after a very hard moment in your life?

## My Prayer for You

My prayer for you is that you always take your feelings to God. God sees all the situations that get our emotions all jumbled up. He knows just how we feel and why we are feeling it, but we need to be open and honest with Him about those feelings. I pray that you'll pray. I hope when life gets heavy you trust God to help you navigate through the hard times and allow Him to strengthen you through them.