

**PREOPERATIVE INSTRUCTIONS FOR PATIENTS RECEIVING
IV SEDATION**

1. **DO NOT EAT OR DRINK ANYTHING FOR AT LEAST 6 HOURS PRIOR TO YOUR SURGERY APPOINTMENT.** It is imperative that you have an empty stomach at the time of your surgery.
2. You must be accompanied by an adult who will be responsible for escorting you home and caring for you after surgery. You cannot drive yourself because our medication will alter your judgment for several hours afterwards and could lead to injuries to yourself and to others. Your escort must be present in the clinic during your surgery. Do not bring children with you to your appointment.
3. Please wear comfortable, loose clothing, preferable with a short-sleeved blouse/shirt or a loose sleeve that can be rolled up the arm to help us in taking your blood pressure and in giving you intravenous medications.
4. If you take any medication daily (insulin, blood pressure medication, fluid pills, etc.), check with your surgeon as to how these should be managed on the day of surgery.
5. Please remove contact lenses prior to your appointment.
6. You will be given verbal and written instructions to follow after your surgery appointment.
7. Be sure to have any prescriptions that were given to you prior to surgery filled at the pharmacy in advance of your surgery appointment and bring them with you on the day of surgery.
8. If any prepayment of fees is required, you will be asked to do this prior to being sedated.
9. REMEMBER - After surgery with sedation and while taking any narcotic pain medications,

**YOU WILL NOT BE ABLE TO DRIVE A CAR OR OPERATE MACHINERY,
TRANSACTION BUSINESS OR DRINK ALCOHOLIC BEVERAGES.**

10. If you have any questions about your treatment please remember to have them answered before your treatment begins, or please call the office as listed.

If you have any problems or questions between the hours of 9:00 a.m. and 5:00 p.m. Tuesday-Thursday, call 618-997-2403.

For emergencies after hours, call 618-530-4546.