

This checklist ensures that the assistant or hygienist covers all the clinical and educational bases before the doctor steps in for the final check. It's designed to be clipped to a clipboard or pulled up on a tablet during the 2-week follow-up.

2-Week Post-Op Clinical Checklist: All-on-X

Patient Name: _____ **Date:** _____

1. Subjective Interview (Patient Feedback)

- **Pain Levels:** Is the patient still taking OTC pain meds? (Scale 1–10: ____)
- **Function:** Is the patient experiencing any "clicking" or "thumping" sounds while speaking/chewing?
- **Compliance:** Is the patient adhering to the soft food diet?
- **Comfort:** Are there any "high spots" or areas where the tongue is getting caught?

2. Clinical Visual Exam

- **Tissue Health:** Inspect for signs of "angry" red tissue or localized swelling (exudate).
- **Suture Check:** Remove any remaining non-resorbable sutures or check the resorption of others.
- **Hygiene Check:** Identify areas where plaque or food debris is accumulating under the prosthesis.
- **Hardware Integrity:** Ensure all access hole plugs/composite seals are intact.

3. Stability & Torque Check

- **Passive Fit:** Check for any "rocking" of the prosthesis.
- **Manual Stability:** Gently palpate the bridge to ensure no movement of the multi-unit abutments.
- **Bite Assessment:** Use articulating paper to ensure there is no heavy "fremitus" (vibration) on any specific tooth during a light tap. Doctor to adjust occlusion if indicated.

4. Patient Education & Demonstration

- **"Show-Tell-Do":** Have the patient demonstrate using their water flosser or interproximal brush in the mirror.
- **Reinforce Diet:** Remind the patient that the "wet cement" (osseointegration) phase lasts several more months.
- **The "Red Flag" Talk:** Reiterate that any movement of the bridge requires an immediate call to the office.

5. Documentation & Next Steps

- Schedule the **2-4-month** stability check-up.
- Update the surgeon on tissue healing progress.

Clinical Note: If any mobility of the prosthesis is detected, **do not** allow the patient to leave. Check the prosthetic screws for loosening or fracture immediately.

