

The official newsletter of the  
Western Australian University Regiment Association Inc.

[View this email in your browser](#)  
Edition 36, Oct 2018



# The WAURior

[waurassociation.com.au](http://waurassociation.com.au)

**What's in this edition?**

**Click on the links below to find out...**

- [Upcoming Events](#)
- [Upcoming Events](#)
- [Barney's Rumblings - From The Vice-President](#)
- [From the Editor](#)
- [From the Team at WAUR](#)
- [WAUR PT shirts for sale](#)

- [Please consider supporting this worthy cause...](#)
- 
- [Legacy Working Bee - 16 Aug 18](#)
- [Meeting with CO, WAUR - 24 Jul 18](#)
- [Click HERE to visit the Association's website](#)
- [NAIDOC Week Ceremony - 10 Jul 18](#)
- [Unit member wins prestigious Award](#)
- [Reader Contributions](#)
- [5 Minutes with...](#)
- [Association Merchandise](#)
- [Snakebite Management update](#)
- [Missing In Action file - Can you identify these unknown WAURiors?](#)
- [Amazing Nature Photos from National Geographic](#)
- [Unit History File](#)
- [Suggestions for your Bookshelf...](#)
- [Click HERE](#)
- [At the Movies...](#)

---

## Upcoming Events

### WAUR Mil Skills Competition - 27-28 Oct 18

The CO, WAUR has invited all WAURiors to the Unit's Mil Skills Competition Weekend on **Sat, 27 Oct 18** at Northam Army Camp (Competition) and **Sun, 28 Oct 18** at WAUR, Leeuwin Barracks, Riverside Road, East Fremantle (Family Day and Presentations).

Details as follows:

The intent for the weekend is to place the soldiers under duress and assess their soldier and officer qualities to identify our best Officer Cadet and our best performing Soldier for the year 2018. We welcome you to join us on the following

times set out below.

### **Saturday, 27 Oct 18**

Time – 1500h sharp to 1630h

Location – Northam Training Area Gate to the Range

Dress – Appropriate dress for outside activities, suggest water, sunscreen and a hat.

Intent – You will be met by the CO and myself at the gate to the range, once welcomed we will take you to EXCON (Exercise Control) where the Operations Officer will provide a safety brief. The CO and I will then usher you around viewing participants competing in their activities.

### **Sunday, 28 Oct 18**

Time – 1100h sharp until 1200h (Presentations to trophy winners at 1300 h sharp)

Location – Leeuwin Barracks at WAUR

Dress – Appropriate dress for activities – please ensure you wear enclosed shoes

Intent – Unit briefings in the WAUR conference room. Presentation of awards.

**Let's make the most of this offer! See you there.**

Not sure where Northam Army Camp / Training Area is? (Oh come on...)

Not sure where Leeuwin Barracks is? Click [HERE](#)

**IMPORTANT NOTE - SAUSAGE SIZZLE  
VOLUNTEERS NEEDED  
SUN, 28 OCT 18**

Please contact me if you can help - I am useless at cooking sausages and so far,  
only Barney and Bart have offered to help...

Text / email to **040 225 3290** or [\*\*jenkin@iinet.net.au\*\*](mailto:jenkin@iinet.net.au)

## **Upcoming Events**

# **Armistice Day Lunch Invite - 11 Nov 18**

**Invite received from COL Geoff Simpson (former CO, WAUR) - All Welcome!**



**THE RETURNED & SERVICES LEAGUE OF AUSTRALIA  
HIGHGATE SUB BRANCH**

[www.highgate-rsl.org.au](http://www.highgate-rsl.org.au)

President Geoff Houn | 0411 406 2707

All communications to Secretary Greg Wilson

Box 61 Hilarys WA 6023 | 0412 085 201 | [greg.wilson@highgate-rsl.org.au](mailto:greg.wilson@highgate-rsl.org.au)



**INVITATION TO THE  
CENTENARY OF ARMISTICE COMMEMORATIVE  
LUNCH**

The President, Committee and Members  
of the Highgate RSL Sub Branch cordially invite you to attend the

**Centenary of Armistice Lunch  
at the  
State Reception Centre, Kings Park  
at 1230 hours  
Sunday 11 November 2018**

in the presence of the Governor of Western Australia  
His Excellency Hon Kim Beazley AC

The lunch will follow the Remembrance Day Commemorative Service at the  
State War Memorial, Kings Park

Bookings may be made at:

<https://goo.gl/forms/Eh1Bx4Cz80GxYgVF2>

Cost is \$80 per person for a two course lunch with beer, wine and soft drink.  
Tables of 10 may be booked

*The 51 ACU Swan Regiment Drums and Pipes  
will provide entertainment  
and there will be a visual display from World War I  
by the Department of Veterans' Affairs*

Please organise a table of 10, or come individually, to attend this  
very important event to commemorate the Centenary of Armistice

For further information please contact Leon Griffiths, the Centenary of Armistice Lunch Project  
Director, at [leon@leongriffiths.com](mailto:leon@leongriffiths.com) or 0439 033 399

*Dress: Coat and tie (with medals if appropriate) for gentlemen and semi-formal (with medals if appropriate) for ladies*

---

**Contributions Welcome!**

**Want more?**

Thanks to Ken Kessing for his contribution to this edition.

As for the rest of you useless bastards, thanks for nothing. No, in all seriousness, if there is something you would like to see in **YOUR** Newsletter, then please let me know. As our previous Editor Shaun "Chook" Chapman often said: *"I would be delighted to receive your contributions - no matter how small"*

Regards

**Michael Jenkin**  
Editor

Back issues of previous WAURiors are available on the Association Website. Click [HERE](#) to visit.

## Facebook

The WAUR Association is on Facebook, you are welcome to join or add to the group as a way of keeping in touch with other WAURiors.

Find us on 

CLICK [HERE](#) FOR THE WEBSITE

## Barney's Rumblings - From The Vice-President





G'day WAURiour's

Well as usual, I find myself completely lacking in time and wanting to say how quickly it flies by. Jenks has been diplomatically reminding me for some time the WAURior is due and I needed to put a few words of wisdom together.....well let's keep it simple and make it just a few words.

Despite our busy lives it is always great to hear of our members exploits via our FaceBook page, which is remarkably well patronised. It is particularly pleasing to hear when some members get involved and manage to assist the Unit with things like Legacy work supporting a War Widow, and it is worthwhile noting that as an Association, we are now supporting WAUR with trophies and presentations.

Plenty more opportunities for involvement continue to present themselves thanks to

the collaboration of Jenks and Unit RSM, Adam West - so keep an eye and ear out and get involved if you can. It's good for the Unit and it's good for us.

Cheers

**Barney**

Vice-President



# From the Editor

Comrades

At last, I have managed to get an edition of WAURior published! I have to say I feel the burden of living up to the high standards that Chook set for this august (or in this case October) publication. I hope you find this edition an enjoyable read. However, if you don't - you only have yourself to blame - by which I mean, please send me



a contribution of some sort or at least seem feedback about you either do, or don't want to see published.

I am particularly keen to mention the **Unit's Mil Skills Weekend (27-28 Oct 18)** and the invitation from the CO WAUR for all Association members to be involved. This is great opportunity to see the Unit in action - either at Northam on 27 Oct 18 (to view the competitions phase) or at the Family Day where presentations will be made (28 Oct 18). **I warmly encourage all members to attend.**

**Further, please come along on Sun, 28 Oct 18 (from 1130 h onwards) and give me a hand with the BBQ I don't wish to sound desperate, but I am...**

Since the last edition of WAURior, a lot has been going on. The Unit conducted a very successful NAIDOC week ceremony and the first, of what I am sure will be an ongoing series of working bees, aimed at assisting Legacy widows. This is a great initiative driven by RSM WAUR and offers an excellent opportunity for Association members and Unit members to work side by side for an outstanding cause.

As per the article in this edition, the Association has commissioned (and has handed to the Unit) the three trophies we discussed at the Unit open Day. I think you will agree that these are very fine looking items are a permanent way to link the Unit and Association together. They represent a tangible link between the Association and the Unit and will, I am sure be keenly contested this year and into the future. I again acknowledge the outstanding craftsmanship of **Max Campbell**.

As I write this, I would ask you to spare a thought for Association President, **John (Kargo) Kargotich**, who is slogging his guys out in Jordan as part of the UN effort to assist Syrian refugees. One of these days I will get Kargo to pen a few paragraphs on this extraordinary campaign and the almost inconceivable work and effort required.

The **Centenary of Armistice** is fast approaching. As you will see, there is an open invitation for Association members to attend the RSL Highgate Sub-branch Lunch at King's Park (following the Commemorative Service to be conducted at the State War Memorial). This sounds like a fantastic occasion and I am looking at organising a table of 10. Interested? Please get in touch ASAP: 040 225 3290 / [jenkin@iinet.net.au](mailto:jenkin@iinet.net.au)

Well, there it is,

**Jenks**

Editor

PS: I am reliably informed that the Unit's new Colours will be presented at a parade in the last quarter of 2019... standby for more information as it comes to hand.



## **From the Team at WAUR**

Thank you again for the kind offer to contribute to the Association's WAURior newsletter. WAUR as with all Army units is currently in a busy period conducting training across all of its areas.

### **CURRENT OPS**

Soldier Training Team (STT) has recently finished a RAInf Module 2 in mid-June with 32 freshly minted RAInf soldiers completing the course. With minimal respite, STT got back into the training cycle and are now currently managing two Combat Arms Modules simultaneously and are looking to put through 52 soldiers into the Arms Corps' by the first week of August.

### **Driver Training Cell**

As 2018 began, WAUR Driver Training Team (DTT) saw the recruitment of three more instructors. CPL Ed Coates, CPL Richard Murdoch and LCPL Andy Frantom. This has significantly increased the instructional capacity in this area from five instructors to eight. The experience and knowledge, in terms of years, in the DTT sits in addition to 150 years overall. Although seven of the instructional staff are Reservists, they continue to support each course whenever their civilian work permits.

From the beginning of this year DTT has conducted four Drivers' Courses. These range from two Assistant Driving Instructor Courses (5 days), to a G-Wagon Drivers Course and a Unimog Drivers Course, both sixteen days in duration. On average, each course has had between eight to twelve trainees, of which a high percentage are Reservists.

Driver Training is conducted out of the WAUR Transport compound at Karrakatta (Irwin Barracks) and Northam training. Although Perth has had significant rainfall this year, unfortunately Northam hasn't and the trainees haven't had the pleasure of 'exciting' cross country driving through mud and puddles. However, in saying that, the 'Bear Pit' was full of water and on one occasion whilst fording in a Unimog, water rose to the bottom of the windows on the doors of the Unimog. This impressed the trainees who found fording and wading a rewarding experience!

WAUR DTT continually strives to train professionally and produce successful courses with a high competency outcome. When not conducting courses, the team is improving on instructional training aids, keeping up to date with the latest and greatest, governance, and conducting familiarisation on vehicles.

### **Recruit Induction Company**

In the three months since May 2018, WAUR's Regional Induction Company (RIC) has welcomed 55 new enlistees, including 51 PTE recruits and four OCDTs. The majority (35) of new enlistees are destined for RAINF, with the remainder spread across both combat and Combat Service Support roles. We have seen 33 soldiers complete their Part Time Recruit Course (PRTC) at Kapooka, and another 31 who have commenced and are soon due to finish PRTC.

15 PTE soldiers completed at least one of their required Initial Employment Training (IET) courses, with another 15 just days from completing their Combat Arms Module course.

Our 2018 Accelerated Training Option (ATO) program completed, with 31 soldiers

marched out to their gaining units, in addition to a further seven non-ATO soldiers who have marched out to 13 Bde in this time.

We have had recent successes with one member complete his Army Reserve Officer First Appointment Course continuum, graduating as a LT within RASIGs in July 2018, a soldier receiving the Champion Shot award and another soldier picking up Most Outstanding Soldier for her platoon at Kapooka.

The next three months are forecast to be an equally busy time for the WAUR RIC, and we look forward to progressing many more of our soldiers through their training.

## **RHQ**

WAUR is currently concentrating on our Instructor Development to ensure that we are ready to Instruct on the new requirements that Army are implementing. The Army Combative Program (ACP) has drifted significantly from the Military Self Defence (MSD) program as it does not conform to the need of an Army. The current Combat Mindset that the ACP brings is an individual soldier can survive an altercation with an enemy and retain their weapon.

Through further development and levels of training an individual soldier will be able to negate the enemy. The second part in the Combat Mindset is the new Range Practices (RP). Soldiers now have to make the assessment of what enemy is providing the most threat, prioritise those threats and engage them in chronological order. For example enemy will appear at 100, 200 and 300 metres at the same time, one will be moving. The individual is to assess which is the biggest threat to him/her and engage to neutralise the threat and rapidly engage the next threat. Terminology is also being amended – words like target are gone, and it is now referred to as the Enemy, headshots count (funny that) and the new enemy templates now replicates a human figure and weapon rather than the figure 11 target (enemy).

CPL Sewell from STT has recently returned from five days at 1 Recruit Training Battalion at Wagga Wagga, where he conducted the ACP and the ACP Instructors course. He also witnessed Platoon's in training and shadowed a Platoon for the Friday. A great experience for him and the professional rub that we are inculcating on our instructors at WAUR. As you read this newsletter we currently have CPL Sewell in Tully (QLD) conducting the Combat Shooting course with the Combat Training Centre-Live.

Additionally the Regiment is shaking up its structure and has developed a Training Cell into its orbat, with the intent to send this team around the county to visit Army centres of excellence and bring back tools and methodologies that we are aiming

for. As a part of this process we are concentrating on the Reception, Staging, Onward Movement and Integration (RSO&I) of our new trainees. We are well advanced in this process and now a Unit member attends every enlistment ceremony at Defence Force Recruiting in ceremonial dress, setting the “What right looks like” culture immediately.

The CO and myself are away in early August to assist in the development of the new Part Time Recruit Course (PRTC) and will then be attending the RAInf Corps conference before returning back to the Unit.

## **FUTURE OPS**

On the 16 August we are linking hands with the association to give some Legatees a helping hand. There are two houses planned currently, the activity will provide us with a great opportunity to be better people and soldiers, by giving back to the community, also seeing WAUR and Legacy work together and continue to strengthen our bond.

WAUR is also hosting a Military Skills Competition at Leeuwin, Irwin and the Northam Training area over the period 26 – 28 Oct 18. The weekend is designed to test the soldiers who have completed Kapooka and to test the OCDTs in an arduous activity. Every activity will be scored including their Basic Fitness Assessment and Shooting scores. The Association is invited to visit the Military Skills Competition on Saturday afternoon at Northam Training Area to observe the training and reminisce on some of the activities, no doubt you still talk about. Our OPS cell are looking at ordering rain for the Saturday. Sunday will see a family BBQ occur at Leeuwin Barracks, and you are all invited to come along. I would love to see the Association in good numbers and if possible give us a hand with the cooking of lunch. We will have a jumping castle for the kids, face painting and more. The annual awards of the Champion Instructor, Champion OCDT and the Champion Soldier will be announced with some honours and awards presented to close out the afternoon.

## **RECENT AWARDS**

**WO2 Mac Donald** was awarded his Warrant Certificate

**CPL Howell** was farewelled from the ARA assuming an instructor position in WAUR

**Recruit Murphy** was promoted to LCPL – Yep straight from REC to LCPL!

On behalf of the CO WAUR, we hope that this finds you well and in good health. We look forward to seeing as many of you as possible at the Mil Skills competition weekend.



## **Unit Trophies a winner - Well done Max Campbell**

WAURiors will recall that one of the ways that the RSM WAUR suggested that the Association support the Unit was by supplying perpetual trophies for the Mil Skills weekend. Specifically, three trophies were suggested:

- Best Officer Cadet
- Best Soldier
- Best Instructor



**Photo:** Max Campbell holds the Best Officer Cadet Trophy  
(yet to have its identifying plate fitted)

Well, I am happy to report that the project has been successfully completed, thanks to the outstanding craftsmanship of **Max Campbell** (seen above with one of the trophies). Max retired some years ago as the Executive Officer of the Supreme Court of WA and in his spare time, has developed a real passion (and extraordinary skills)



for woodwork of all kinds.

The trophies (seen below) are constructed of solid jarrah and have a very pleasing design. [Editor: there was a vote amongst attendees at the Legacy Working Bee and the design you see won the straw poll by a very narrow margin - after, it has to be said, some pretty outrageous vote rigging by RSM WAUR]. The metal figures were supplied by WAUR member WO2 Murray MacDonald who runs a business called Little Digger Collectables. He does some great stuff - Click [HERE](#) to view for his Facebook page. It is probably hard to see in the photos, but the small plate under the trophy title plate reads: "Presented by WAUR Association Inc.".



**Photo:** The three trophies at WAUR - all badged up and ready for presentation

Max was a member of 36 Perth Water Transport and OCTU for a while back in the day, and went on the join Australian Army Cadets, initially as OC 57 Army Cadet Unit, Morley and ending up as Brigade Commander of the WA Cadet Brigade. Whilst he was OC of 57 ACU, Max developed a strong relationship with WAUR - who were the cadet unit's "foster" unit and supplied gear, transport and personnel. Max was therefore delighted to help out with the trophy project, and I think you will agree that the results of his efforts are outstanding!

Come along to the Family Day at Leeuwin Barracks on Sunday, 28 Oct 18 and you can view the trophies up close, say g'day to max and watch them being presented to the lucky recipients.

The Association has also provided a statuette which will be presented to the recipient of the Best Instructor Award as a "take-home". The statuette will match the perpetual trophy's figure and again, was supplied by Little Digger Collectables.

---

## WAUR PT shirts for sale

Whilst you are enjoying WAUR's hospitality at the Mil Skills Weekend (**27-28 Oct 18**), why not buy a snazzy Unit PT shirt. These stylish items (see below) are available in a range of sizes from normal to fat bastard.

If you would like a shirt, sling me (Jenks) an email at **[jenkin@iinet.net.au](mailto:jenkin@iinet.net.au)** ASAP and I will pass your order on to the RSM, WAUR.

The shirts sell for the very reasonable price of \$25.







**Please consider supporting this worthy cause...**

**MUDBLOOD  RUNNING**



**Photo:** Sonja enduring another painful procedure (2012)





**Photo:** Sonja training hard for the upcoming World Transplant Games



**Photo:** Sonja training hard for the upcoming World Transplant Games

**From Scott (Bart) Simpson:**

As some of you may know, my wife, Sonja, has been through a lot over the last decade with cancer treatment. I am passing this on to all of you, and hope that you

can assist in any way.

[Editor: Sonja has overcome so much and in 2019 she will compete in the 5km run at the **World Transplant Games in the UK**. MudBlood Running has been formed to support this gigantic effort. This really is a story of triumph over adversity - in my eyes, Sonja is already a winner. Let's all get behind this member of the WAUR family!]

### **Sonja Simpson's Story in her own words...**

"I was diagnosed in early 2008 with Hodgkins Lymphoma (Stage 4) - the cancer was present in nearly all my lymph nodes, as well as my liver, spleen and lower spine. After completing first line chemotherapy, the cancer remained, and I underwent 4 years of gruelling chemotherapy regimens, radiation and then an autologous stem cell transplant (my own cells). This culminated in more chemotherapy and then a donor stem cell transplant. I was given new bone marrow by an unknown international donor, and given a new chance at life. I can't even call it a second chance, as I had gone past the second, third and fourth chances already. If I was a cat lover, I would liken myself to one with their nine lives.

Following my bone marrow transplant, I was given the magical words any cancer survivor yearns to here, 'complete metabolic remission'. And this remission has held ever since. I have I have had complications along the way with graft v host disease and I am far from my original strength. But I am gaining ground every day.

Now in 2018, I am finding my feet again. An arrhythmia that caused several issues over the years seems to be holding itself in check and I am able to exercise again. I have now set myself a goal – to compete in the 5km running event at the World Transplant Games in the UK in 2019. And as such MUD Blood Running has been born.

My goal may seem little to some, but to me it is huge. To be able to run 5km in itself is more than I thought would be possible up until recently. But to compete and represent my country would be amazing.

Bart and I would love any support you are able to give. Be it liking and sharing my Facebook/Instagram page (@**MUDBloodRunning**) or contributing to my fundraising goal.



We have chosen Australian Sports Foundation as my fundraising partner, and as such, all donations are tax deductible and go directly towards the cost of my training.

**If you would like to donate, you can find my website by clicking [HERE](#)**

Thank you for your contribution in advance,

Sonja"

### **A final word from Bart...**

So WAURiors, please, help support Sonja. She can't do it alone. A few dollars goes a long way to getting her to England to compete.

Skip that 3rd cup of coffee, and donate the \$7 it cost you to help her win!

Were also doing a sausage sizzle at Midland Bunnings on **Fri, 02 Nov 18**. We'd love to see you, so why not come down and buy a sausage!

Cheers

**Scott (Bart) Simpson**

## **Legacy Working Bee - 16 Aug 18**



On Thursday, 16 Aug 18, Geoff (Barney) Clarson and I joined RSM WAUR (WO1 Adam West) and 16 members of the Unit to perform what turned out to be a miracle makeover for Legacy widow "Eva" - a charming lady in her 90's.

Her delightful home in Doubleview was surrounded by an unruly and unkempt garden would not have been out of place on the set of "The Day of the Triffids".



Photo: Legacy widow Eva, talks to the team about her experiences during WWII

Eva is a delightful lady who was interred by the Japanese during World War II. She bears no bitterness to her former captors and in that respect, is an example to us all.

Eva's Late husband was a member of the RAAF and saw service in World War II, particularly in Japan as part of the Allied Occupation Force. He was a very interesting fellow and at the age of 16 years, he had gained his pilot's licence and, gained notoriety by "sailing" between Fremantle and Perth on roller skates, using an old Holland blind as a sail. He was a talented lapidary (polisher of gemstones).





**Photo:** LCPL Julian Zlynski tackles an unruly garden bed





**Photo:** RSM WAUR directs "the help"

Under the direction of the RSM, various teams fanned out with specific instructions - prune those bushes, weed those garden beds, move those paving slabs, demolish that shed - and so on.





**Photo:** Rare photo of RSM WAUR working  
[Editor: sorry RSM, I was bribed to use that caption...]



**Photo:** Very welcome morning tea

Work continued frantically with weeds decimated, bushes brought under control and several cubic metres of mulch spread around. By morning tea (a very welcome break with a table groaning under the weight of assorted goodies), things were looking a whole lot better. By the time we left, (as can be seen by the before and after photos below) Eva's place looked immaculate.





**Photo:** Front garden - BEFORE





**Photo:** Front garden - AFTER



**Photo:** Back garden - BEFORE





**Photo:** Back garden - AFTER

After lunch, Barney and I had to scarper back to work, but the rest of the Team headed to Applecross where they completed another make-over in record time.

Another Legacy Working Bee is planned - details TBA.

Story: Michael Jenkin

Photos: Michael Jenkin and Adam West

Click [\*\*HERE\*\*](#) to read about the important undertaken by Legacy

# Meeting with CO, WAUR - 24 Jul 18

On 24 Jul 18, Scott (Bart) Simpson and I had a great meeting with the CO WAUR, LTCOL Natalie Wigg (seen in Bart's photo below) and RSM WAUR, WO1 Adam West.



Photo: CO WAUR, LTCOL Natalie Wigg and Association Secretary, Michael Jenkin

We discussed ways to further strengthen the now excellent relationship between the Unit and the Association and reviewed the excellent footage Bart had taken of the Unit's recent NAIDOC Week Flag Raising ceremony.





Click [HERE](#) to visit the Association's website



## **NAIDOC Week Ceremony - 10 Jul 18**

WAUR celebrated National Aboriginal and Islander Day Observance Committee (NAIDOC) week by conducting a combined activity on Tue, 10 Jul 18 at Leeuwin Barracks.

This year, the NAIDOC Week theme was "Because of Her We Can".

The activity incorporated an inaugural Welcome to Country ceremony, smoking ceremony, unveiling of an Acknowledgement of Country plaque, flying of the

Aboriginal and Torres Strait Islander flags and included didgeridoo.



Noongar Elder **Sandra Harben** conducted the Welcome to Country and Smoking ceremonies and WAUR 2IC, **MAJ Sara Rasmussen** unveiled the plaque.





Photo: RSM WAUR and Regional Cadet RSM CDTW01 Jakeb Horvath with didgeridoo players

Association audio-visual genius **Scott (Bart) Simpson** was on hand and took some brilliant and evocative images of the activity (see above).

The activity will now become part of the Unit's annual program.

Text: Michael Jenkin

Photos: Scott Simpson

Click [HERE](#) to read about NAIDOC Week

## Unit member wins prestigious Award



**Jake Hay** is currently posted to WAUR . He was awarded the prestigious "Non-Indigenous Person of the Year for Contributions to Indigenous Affairs" Award at the East Kimberley Aboriginal Achievement Awards.

Jake has been living and working in Halls Creek Shire since 2012 as the Regional Program Coordinator for Youth, and has demonstrated considerable passion and commitment to delivering best-practice youth development in the region.





**Photo:** Jake receives his award from Hon. Senator Linda Reynolds CSC

Jake's dedication is expressed through a youth development practice that consciously and deliberately empowers young people to build on their strengths, and be the best they can be. Since Jake commenced with the Shire, he has worked tirelessly to improve the conditions for young people in the Shire's communities.



**Photo:** Jake Coaching the local footy team

With a client-centred, strength-based approach to Case Management for high-risk target groups with complex needs, and a commitment to youth participation principles Jake had facilitated the design, delivery and evaluation of a considerable array of programs and projects.

More recently, and while implementing the federal Attorney General's Youth Justice program, Jake has driven the establishment of a new youth centre and boxing gym in Halls Creek, an array of camps-on-country and other initiatives with local elders, theatre, film, leadership training and social entrepreneurship programs – all of which have made a large impact and improved conditions for local youth and the community that supports them.



**Photo:** Jake with local kids at the Halls Creek Rodeo

Jake has worked hard to build the capacity of local youth and has brokered many fruitful and sustainable partnerships to that end. Engaging the local TAFE, Jake has co-developed and delivered community services and fitness training – ensuring that local young people were fitter, healthier and have the skills necessary to lead the design and delivery of youth engagement activities across the region.

Engaging Kimberley Community Alcohol and Drug Services (KCADS), Jake facilitated a theatre project that engaged at-risk youth in a community cultural development project that empowered participants to craft and share their own narratives to a broad spectrum of audiences. This theatre project culminated in the creation of a play written by the group entitled 'Night' about the struggles of growing up in a remote community. 'Night' was performed to an audience of over 200 at the Hilton Hotel in Perth, comprising entirely of young people from Halls Creek with zero acting experience - this was the first time in a city for some of the young actors.





**Photo:** Jake with the Theatre group on a visit to Perth

The Western Australian Network for Alcohol and other Drug agencies recognised these efforts by bestowing Jake and the young men and women of Halls Creek with the award "Strong Spirit Strong Mind Awards 2016 - In-novative and Culturally Secure Aboriginal Alco-hol and other Drug Program" presented by the Mental Health Commissioner Tim Marney.

Most recently, Jake and his co-workers have been assisting young men and women in Halls Creek in reaching the physical and academic standards for entry into the Australian Defence Force. This project offers these young people a reliable and practical employment outcome, in a region where job opportunities are not plentiful.





**Photo:** Jake and friend at the local Volunteer Fire Brigade

In addition to the two most recent projects above, Jake has facilitated partnered projects with many other organisations including PRK Radio, Kimberley Language and Resource Cen-tre, Jungarni Jutiya, the Department of Child Protection and Family Support, the Department of Corrective Services and many, many others.

**Well done Jake!**

Click [\*\*HERE\*\*](#) to read the article about the Awards in the West Australian

## Reader Contributions

### Association Member attends Dawn Service at Villers-Brettonneux

Hi Jenks

Congratulations on the new WAURA web page. Please record my apologies for not being

able to join you at Leeuwin Barracks tomorrow night. I enjoyed many previous visits with Ossie King when I was more mobile. I can still walk slowly and climb steps very slowly. Pass on my regards to those who front up. I do hope you have a great evening.



I attended the Anzac Dawn service at Villers-Bretonneux this year and laid a wreath for the 51st Battalion. My father was wounded in the counter attack on Anzac eve 1918. He was fortunate to be taken to hospital in England and recovered. The service was excellent, but bitterly cold and wet. The present 51st (now a Queensland unit) provided the Colour Party. I was in good company, 6000 others including Prince Charles and the PM. The people of the Amiens area are very welcoming and helpful to Oz visitors in "Australia Week".





Great to hear that WAUR is to have new Colours next year. I had the privilege of carrying both the Colours on many occasions. I am sorry I can't help with the name of the subaltern in the 1958 photo. I have attached a copy of promotions in that period but am not certain of the identity. I was still a sergeant at that time and teaching at Augusta School. I always regret that because I could not get to rehearsals I was not able to parade.

The banner of the web page is great. I was there and you can relive the moment by reading

Bill Hawthorne's article. WAURior May 2011. [Editor: Click [HERE](#) for Bill's article - go to page 10]. Unfortunately it was a staged photo. The first assault was a disaster as we leapt out of the barge and encountered water up to my shoulders. I remember helping our Padre who was very short to stay above it.

I have also greatly enjoyed John Le Tessier's record of WAUR training in the 50's. (Oh to be young and fit again!)

Regards

Ken

Click [HERE](#) to read about the battles in and around Villers-Bretonneux

## 5 Minutes with...



This month, we spend 5 minutes with **David Harwood...**





**Photo:** David Harwood at a Unit social event circa 2000 (note razor)



**Photo:** David Harwood - coping well with the ravages of time... (note absence of razor)

**When did you join the Army Reserve?**

I can't actually recall (endless pause), umm I want to say 90's, let's see, how old am I now, umm (endless pause)...[Editor: "Oh FFS, get on with it..."]...OK, let's say 1995.



**Why did you join?**

I don't like hiking but I like hiking if you can shoot something or blow something up on the way.

**What years were you with WAUR?**

Let's say 1995 - 2000 or thereabouts.

**What is the best thing about being in the ARes?**

Meeting the finest calibre of humans I have yet to meet, plus learning how to lie effectively.

**What is the most interesting thing that happened to you in the ARes?**

I was once charged with drinking whilst on duty - but I beat there wrap...! My defence was that I did not know, nor could I reasonably have been expected to know that the can from which I was drinking contained alcohol (Jenks: "Yawn").

**What was your favourite rank?**

Private - obviously.

**What do you do for work?**

I am a lawyer at the State Solicitor's Office and I have the great "pleasure" of working with Jenks. I was a paramedic for 9 years of that counts.

**When you were at school what did you want to be?**

Out of school.

**Tell me something not many people know about you?**

I currently hold multiple powerlifting records for the State of Western Australia.

**When you buy a barista coffee what do you generally get?**

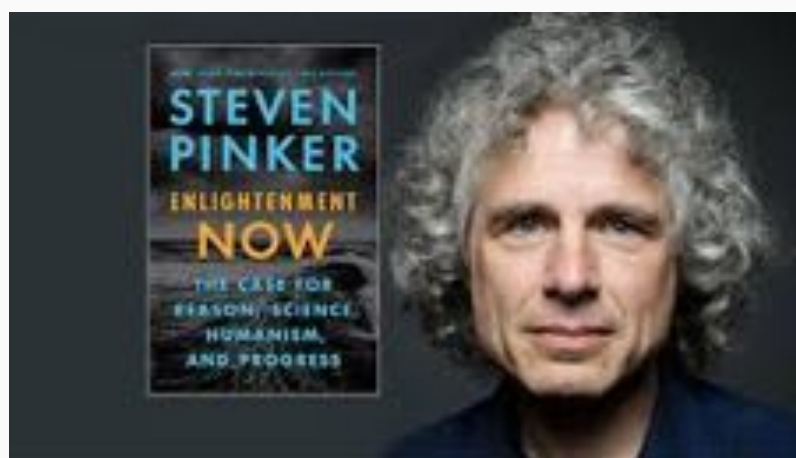
I don't drink caffeine of any kind and no Jenks, I am not a Mormon





**What are your hobbies?**

Muay Thai and powerlifting.



**What is the last book you read?**

Steven Pinker's *Enlightenment Now*.

**What makes you laugh?**

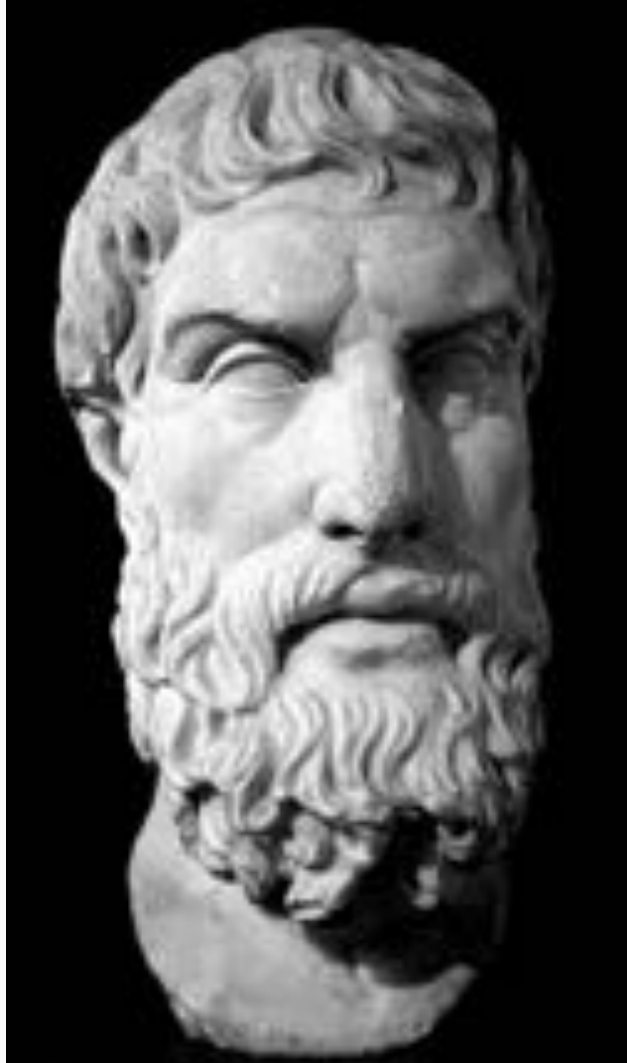
Michael Jenkin's lack of patience. [Editor: When 5 minutes seems like an eternity...]

**What is the biggest challenge you have faced in your life so far?**

Keeping my nostrils above water every day.

**Where in the World would you like to visit?**

Thermopylai in Greece. [Editor: Click [HERE](#) to work out what he is on about].



**What well known person or celebrity (alive or dead) would you like to meet?**

Epicurus (Greek philosopher).

**Favourite TV Show?**

I don't usually watch TV, but probably Batchelorette (...nah that's bullshit).



**Eating out - anywhere you want... what's it to be?**

It's more about volume for me, so any old shithole that does "all you can eat meat" for a fiver is perfect.

**Thanks for your time.**

No worries Jenks, it was a pleasure. {Editor: Glad you thought so...}

**Want to be next? Contact the Editor at: [southern.cross@icloud.com](mailto:southern.cross@icloud.com)**

## **Association Merchandise**

The Association flogs a range of **quality** items at **bargain** basement prices.

Express post = \$11.50. CBD pickup is available with prior arrangement.

**Lapel pin: \$7.50**



**Cufflinks: \$20**

No image - Gold, Unit crest

**Stubby holder: \$7.50**



**Tie: \$45.00**





**Tie bar: was \$12.50 - now \$5.00\* **SPECIAL****



\*(Reason for special: it's a shit design and we want to quit this stock and get a different design - happy now Smithy...?)

### **WAUR PT Shirts: \$25**

Don't forget to include chest size - allow up to 4 weeks for delivery of this item



### **HOW TO ORDER**

Download an Order Form by clicking [\*\*HERE\*\*](#) fill it out and email it to: **southern.cross@icloud.com**, or post to: **102 Coogee Street, Mount Hawthorn, 6016.**

Check out the Order Form for the various packages we have and save yourself some \$.

If that is too difficult technically, contact Jenks on **040 225 3290**.

## **Snakebite Management update**

# Snake bite



## + first aid

In a medical emergency,  
call Triple Zero (000) for  
an ambulance.

### Warning

DO NOT wash venom off the skin.  
DO NOT cut the bitten area.  
DO NOT try to suck venom out of wound.  
DO NOT use a tourniquet.  
DO NOT try to catch the snake.

- **Signs** are not always visible but may be a puncture marks, bleeding or scratches.
- **Symptoms** developing within an hour may include headache, impaired vision, nausea, vomiting, diarrhoea, breathing difficulties, drowsiness, faintness, problems speaking or swallowing.

### What to do

1. Follow DRSABCD.
2. Reassure the patient and ask them not to move.
3. Apply a broad crepe bandage over the bite site as soon as possible.
4. Apply a pressure bandage (heavy crepe or elasticised roller bandage) starting just above the fingers or toes of the bitten limb, and move upwards on the limb as far as can be reached (include the snake bite). Apply firmly without stopping blood supply to the limb.
5. Immobilise the bandaged limb with splints.
6. Ensure the patient does not move.
7. Write down the time of the bite and when the bandage was applied. Stay with the patient.
8. Regularly check circulation in fingers or toes.
9. Manage for shock.
10. Ensure an ambulance has been called.



**SAVE A LIFE – BE FIRST AID READY**  
**WWW.STJOHN.ORG.AU 1300 360 455**

© St John Ambulance Australia. All rights reserved. All content is for informational purposes only. It does not constitute a medical or health recommendation. It is not intended to be used as a substitute for professional medical advice. St John Ambulance Australia is not responsible for any liability arising from the use of this information.

Version: 1.0 | 2024

Click [HERE](#) to download a PDF version of the poster.



# Missing In Action file - Can you identify these unknown WAURiors?

Details names, places, dates please...



Photo: 2IC48-Unknown Colour Party 1

Editor: the SGT on the right is clearly SGT Dave Thompson (as he then was) and this photo was obviously taken at Leeuwin Barracks. BUT: Who are the others? What year is this? What was the occasion?

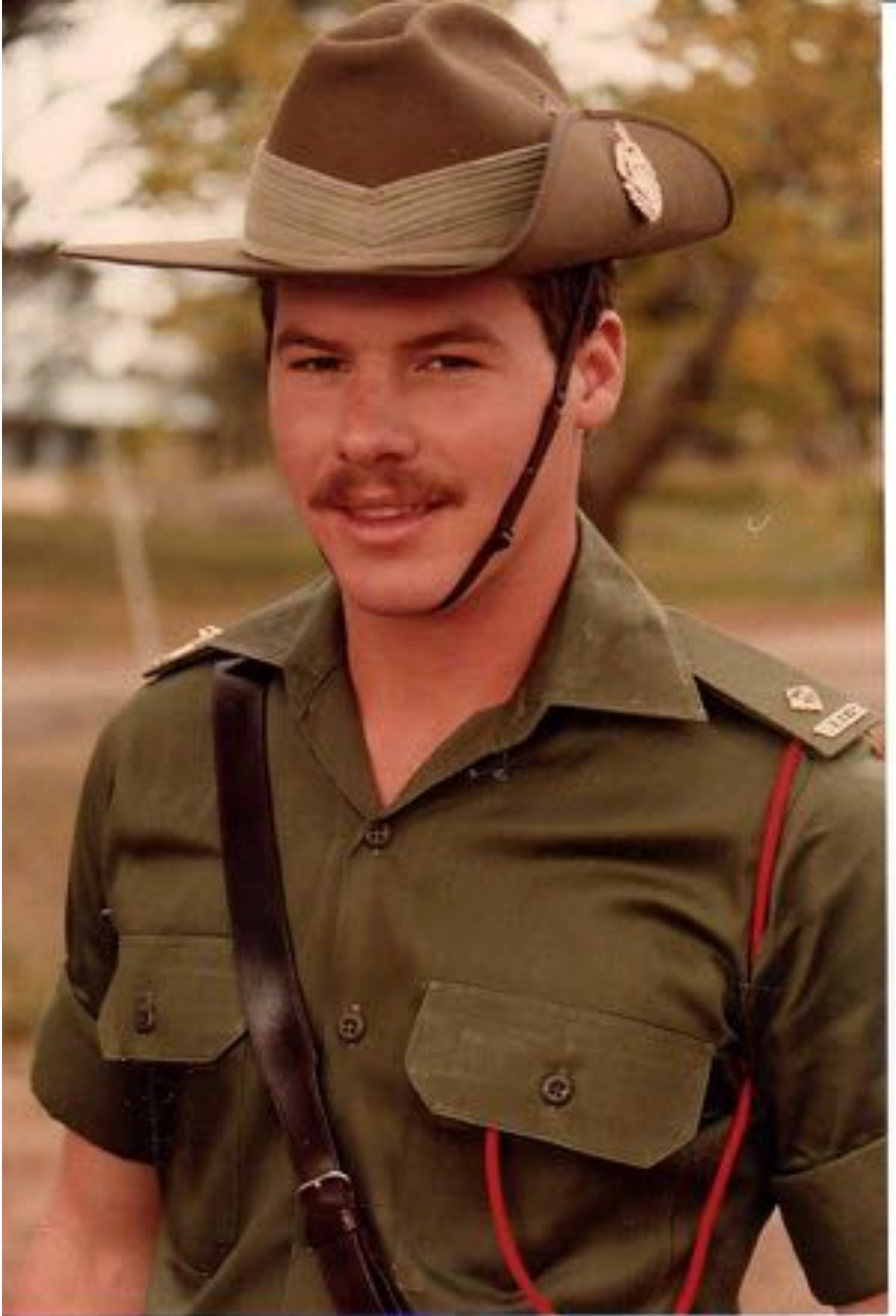


Photo: 2IC58-Unknown subaltern ?early 80s



Photo: Miss Australia 1965, Miss Carol Jackson with ??





Sent in by Anne Osborn - recognise anyone?

**Amazing Nature Photos from National Geographic**



Click [HERE](#) to view some amazing photos from National Geographic

## Unit History File



# FOLLOWING ORDERS TO THE LETTER



Lance Corporal Chris Pole, of the University regiment, retrieves some mail. — Pictures by KEVIN DAVIDSON.

THE signs were ominous.

The University of WA Regiment had not received a letter for several weeks. The postal pixies had struck.

But so it seems had a few Army grmlins.

The University regiment had recently moved to Karrakatta from its now demolished old drill hall at 20 Mount Street, Perth.

However, no-one had thought to check the old address, that is until The West Australian told the army to tell them their old letter box was full.

A detachment was immediately sent

out to investigate. It found the mail box crammed with letters.

Accusations and counter-accusations flew between Australia Post and the regiment about filing in, posting, receiving and not receiving the right Australia Post forms.

The pixies and grmlins chuckled quietly.

For the posties had been delivering the mail to the rubble-strewn site for several weeks and the army hadn't even sent out a search party.

But somehow the mail still got through.



Staff Sergeant Rodney Arrowsmith removes mail jammed in the front of the letterbox.



The mail finally gets through.

**Photo:** LCPL Chris Pole taking his Postman Pat duties to the next level  
10 Jul 1987



**MORE  
about  
PEOPLE**

# Capt. sets himself a big job

**SOU  
TH**



## MONARCH AND THE MASCOT

AN UNUSUAL view of King Bhumibol as he inspected a guard of honour from 1st Battalion, Royal Australian Regiment—and Mascot Septimus—at Sydney's Kingsford Smith Airport before boarding his special aircraft to continue the Royal Visit to Australia.

THE Empire and Commonwealth Games will be a glamour event for Perth. They will also be a big thing for Capt. John Le Tessier, 33, of the Western Australian University Regiment.

Since he was 13, Capt. Le Tessier has been an avid collector of Empire and Commonwealth Army hat badges and medals.

## Soft lights and music

THE Citizen Military Forces, Women's Royal Australian Army Corps training centre at Angelsea Barracks, Hobart, Tasmania, was the scene of a successful joint dance organised by the 6th WRAAC Company and the Intelligence Corps.

A feature of the decorations were the gaily checked tablecloths and soft light from candles in bottles.

Main organisers were Cpl. Anne Voss and Sgt. Lindsay Nelson, with Cpl. Beres Pullen and Cpl. Ray Convery as their principal aides.

He hopes to display his collection to interested Games visitors.

"It might add a different flavour to the Games because nearly 24 Commonwealth countries will be represented in the badges," he said.

"Some servicemen may get a berth in their country's team and they would be interested in the display."

Since April, Capt. Le Tessier has written nearly 100 letters to military establishments throughout the Commonwealth seeking badges.

So far his collection comprises 100 specimens but he feels this number could swell to 150 by November.

Some of his badges date back to 1880.

In private life, Capt. Le Tessier is a school teacher.

TWO SIDES of Victoria, where Melbourne and their annual car Butterfield of the Corps Band, his Sgt. Yves Bette, Corps, gets exp. from Regular Army of 2

## Last Post

**Squadron Leader**

**H. K. McLoughlin**

**SQUADRON Leader**  
H. K. McLoughlin,  
Chief Flying Instructor

## APPOINTMENTS

A RETIRED Army officer who served with distinction in both World Wars has been appointed Honorary Colonel, Australian Cadet Corps (Tasmania).

He is Brig. E. M. Doherty, who was awarded the Military Cross for bravery in 1918, after being



## PASSING PARADE

## Changes at

Photo: CAPT John Le Tessier displays his wares  
20 Sep 1962

## 124 IN THE SHADE

A thermometer placed in the shade in Fitzgerald St., Northam, yesterday afternoon at half past two climbed to 124 degrees.

Official weather station readings for the shade temperature up to that time were 103 at 11 a.m. and 104 at noon and 108 (the maximum) at 2 p.m.

A spokesman for Northam's cool drink factory said sales had sky-rocketed with many retailers calling at the factory for extra supplies.

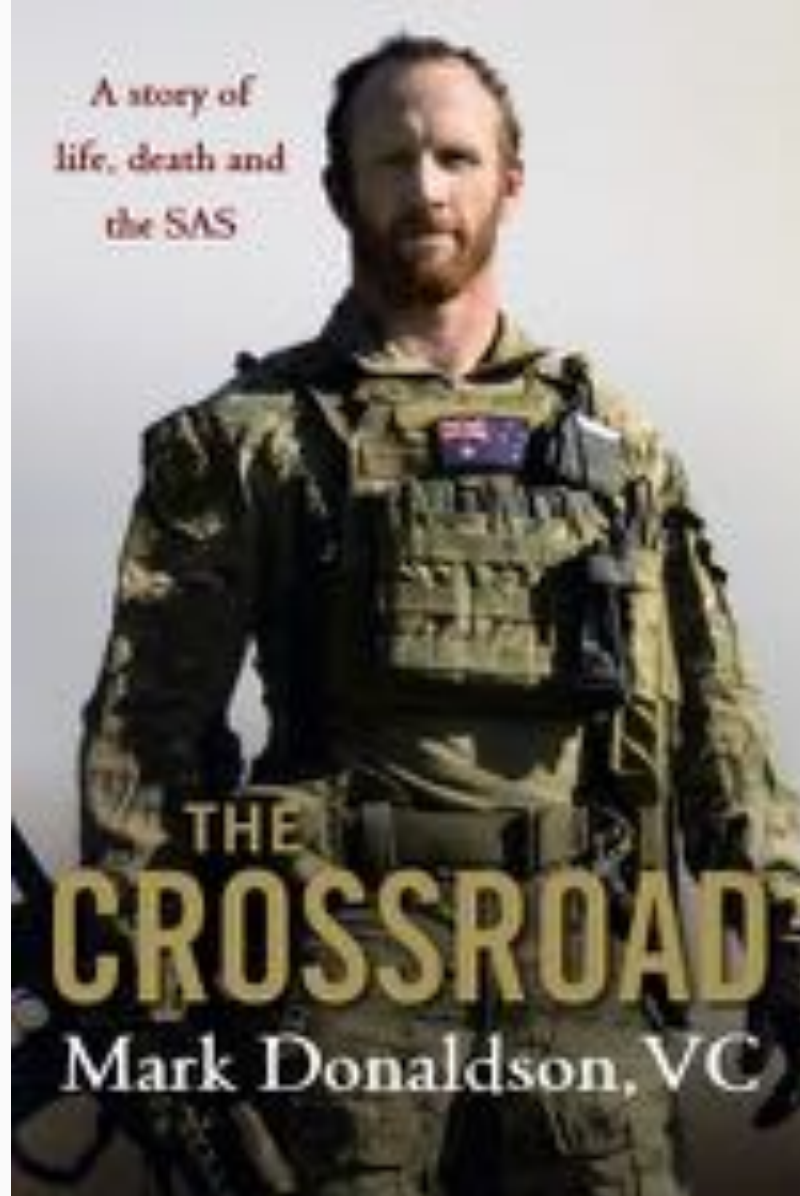
**Footnote:** At the same time the temperature inside the Northam Advertiser office was 102 degrees.



♦ ♦ Pictured with W.O. McGilligan (extreme left) are members of the University Regiment colour party at the march-past at Northam Military Camp on Saturday. The party (from left) comprises Lieut. J. Waltham (carrying the Queen's colour), W.O.2 P. Dodd (colour guard) and Lieut. J. Lawrence (carrying the regimental colour).

Photo: Hot flushes all around sat Northam Parade  
02 Feb 1967

**Suggestions for your Bookshelf...**



### **Review:**

On 2 September 2008, in a valley in eastern Afghanistan, Trooper Mark Donaldson made a split-second decision that would change his life. His display of extraordinary courage that day saw him awarded the Victoria Cross for Australia, making him the first Australian to receive our highest award for bravery in wartime since Keith Payne in 1969.

Yet Mark's journey to those crucial moments in Afghanistan was almost as exceptional as the acts that led to his VC.

He was a rebellious child and teenager, even before the death of his father - a Vietnam veteran - when Mark and his brother were in their mid-teens. A few years later, their mother disappeared, presumed murdered. Her body has never been found.

Mark's decisions could have easily led him down another path, to a life of self-destructiveness and petty crime. But he chose a different road: the army. It proved to be his salvation and he found himself a natural soldier, progressing unerringly to the SAS, the peak of the Australian military.

From his turbulent early years to the stark realities of combat in the mountains and valleys of Afghanistan, Mark's book is the frank and compelling story of a man who turned his life around by sheer determination and strength of mind.

Review courtesy of GoodReads, click [HERE](#) for more on this book.



Got a suggestion for the next Newsletter?

Click an email to the Editor at: [southern.cross@icloud.com](mailto:southern.cross@icloud.com)



Click [HERE](#) to view the latest Last Post Association newsletter.

## At the Movies...



## First Man

I saw this movie on Friday night and really enjoyed it. I thought Director Damian Chazelle did a great job and the scenes on the Moon's surface were especially memorable. Although I would have liked some more technical detail, I would recommend this flick.

Rotten Tomatoes gives this synopsis:

"On the heels of their six-time Academy Award (R)-winning smash, La La Land, Oscar (R)-winning director Damien Chazelle and star Ryan Gosling reteam for Universal Pictures' First Man, the riveting story of NASA's mission to land a man on the moon, focusing on Neil Armstrong and the years 1961-1969. A visceral, first-person account, based on the book by James R. Hansen, the movie will explore the sacrifices and the cost on Armstrong and on the nation of one of the most dangerous missions in history."

Click [HERE](#) for the RottenTomatoes website review and information



## Health & Fitness Corner



Click [HERE](#) for **Protein packed overnight oats**

Click [HERE](#) for **Lemon Coconut Protein Bites**

Click [HERE](#) for 10 things to avoid when doing squats

Click [HERE](#) for 6 things healthy people do in the morning

**End of Newsletter Filler**





## Hurt Feelings Report

To be filled out when a member begins to whinge too much

### Instructions for completion

1. Dry your eyes in order to effectively see this form.
2. Girlie man is responsible for filling out 'Part A - Member's details' and 'Part B - Details and Outcome of the Hurtfulness'
3. Dry your eyes again, you pathetic excuse for a man
4. If you feel that you need someone to hug, go home to mummy and let her hug you and change your diaper. If you feel as though you need to speak to someone to soothe you please call this number: 1-800-CRY-BABY or 1-888-SIS-GIRL.

### Part A - Member's details

|              |             |                |      |                        |          |
|--------------|-------------|----------------|------|------------------------|----------|
| Service      | Employee ID | Service Number | Rank | Family Name            | Initials |
| Phone Number | Address     |                |      | Favourite Skirt Colour |          |

### Part B - Details and Outcome of the Hurtfulness

|  |   |          |
|--|---|----------|
| <b>When and where did the hurtfulness occur?</b>   |   |          |
| Date   | Time  | Location |
| <b>Brief description of the hurtfulness</b>  |   |          |
| <br><br><br><br>   |   |          |
| <b>What was the outcome of the hurtfulness?</b>  |   |          |
| <input type="checkbox"/> Fatality, it was so hurtful I necked myself                       |   |          |
| <input type="checkbox"/> Murder, I tripped out in a tangle and .....whoops I said too much |   |          |
| <input type="checkbox"/> Permanent feeling damage  |   |          |
| <input type="checkbox"/> Emotional shock, sat in the corner and cried for my mummy         |   |          |
| <input type="checkbox"/> I required a tissue for my issue                                  |   |          |
| <b>Reasons for filling out this form - Tick as appropriate</b>                             |   |          |
| <input type="checkbox"/> I am thin skinned   | <input type="checkbox"/> I am a little bitch                                    |          |
| <input type="checkbox"/> I am a pussy  | <input type="checkbox"/> I am a crybaby   |          |
| <input type="checkbox"/> I have woman-like hormones  | <input type="checkbox"/> I want my mummy  |          |
| <input type="checkbox"/> I am a queer  | <input type="checkbox"/> All of the above (Tick this one since most will apply) |          |

### Part C - Details of the real man who hurt your sensitive little feelings

|           |             |                |      |             |          |
|-----------|-------------|----------------|------|-------------|----------|
| Signature | Employee ID | Service Number | Rank | Family Name | Initials |
|-----------|-------------|----------------|------|-------------|----------|

### Part D - Details of the girlie man who filled in this form

|           |            |      |             |          |
|-----------|------------|------|-------------|----------|
| Signature | Skirt Size | Rank | Family Name | Initials |
|-----------|------------|------|-------------|----------|



**Our mailing address is:**

102 Coogee Street, Mount Hawthorn, WA, 6016

**Contact the Editor:**

southern.cross@icloud.com

Want to change how you receive these emails?  
You can [update your preferences](#) or [unsubscribe from this list](#).

**Seek Wisdom**

PS: All errors of whatsoever kind are entirely the fault of the Editor. Feel free to point them out to me. Contact details above.

*de minimis non curat lex*

---

This email was sent to <<Email Address>>

[why did I get this?](#) [unsubscribe from this list](#) [update subscription preferences](#)

Western Australian University Regiment Association Inc. · WAUR Address 1 · West Perth, Wa 6005 · Australia

