

**COMP/PRECOMP
TRYOUTS
COMING
SOON!**



CALEDONIA

CALEDONIA GYMMIES

GYMNASTICS & TRAMPOLINE CLUB

10 KINROSS STREET EAST, CALEDONIA ON N3W1K8

SUMMER 2026: JULY 2 – SEPT 4

INSTRUCTIONAL CLASSES

CLASS TYPES:

- Gymnastics 1 hr / 2hr
 - PREK-JK, SK-Gr. 1, Gr. 2+
- Trampoline 1 hr
 - SK-Gr.1, Gr. 2+
- Combo Gym + Tramp 90min
 - Rollers (JK-Gr.1) & Twisters (Gr. 2+)
- Preschool 45 min (w/without parent)
 - Tods & Twos 16 mth-2.5 yrs or Hoppers 2.5-4yrs
- Drop-In Afternoons
 - 5yrs-12yrs active fun with moderate instruction
- Advanced Classes (90 min - 4 hr)
 - Starting at 4 yrs to 16 years



REGISTRATION OPENS MAY 4 @5PM

8 – 10 SESSIONS

Online

www.gymmies.com



Email

caledoniagymmies@rogers.com



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Contact Us

905-765-1623





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ALL REGISTRATIONS SUBJECT TO ONE TIME ANNUAL \$45 MEMBERSHIP FEE (VALID JULY 1, 2026-JUNE 30, 2027)

CLASSES: REC Room * MAIN Gym *	SUN (9 Sessions)	MON (*8 Sessions)	TUES (9 Sessions)	WED (9 Sessions)	THURS (10 Sessions)	SAT (9 Sessions)	PRICE: (based 9 week)
Tods & Two's* (16 mth-2.5 yrs) *w/parent 45min	9:15-10:00			4:45-5:30		8:30-9:15	\$180
Hoppers* (2.5 - 4 yrs) *no parent 45 min		5:15-6:00	4:45-5:30		4:45-5:30	9:15-10:00	\$180
Gymnastics* (PreK-JK) 1 hr Gymnastics* (SK-Gr.1) 1 hr Gymnastics* (Gr.2+) 1 hr	10:00-11:00 11:00-12:00 12:00-1:00	6:00-7:00 7:00-8:00	5:30-6:30 8:00-9:00	6:00-7:00 7:00-8:00	5:30-6:30 7:30-6:30	10:00-11:00	\$239
Rollers** (JK-Gr.1) 90 min	10:30-12:00	5:00-6:30		5:30-7:00		10:00-11:30	\$292
Twisters* (Gr.2+) 90 min	9:00-10:30	6:30-8:00			7:30-9:00	11:30-1:00	\$292
Trampoline* (SK-Gr.1) 1 hr Trampoline* (Gr.2+) 1 hr	12:00-1:00		5:00-6:00	5:00-6:00	6:30-7:30	9:00-10:00	\$239
Tiny* (JK-SK) 2 hr Primary* (Gr. 1-2) 2 hr Junior* (Gr. 3+) 2 hr			6:00-8:00	7:00-9:00	5:00-7:00 5:30-7:30	11:00-1:00	\$347
Drop-In** (5-12yrs) 90 min			1:30-3:00		1:30-3:00		\$17/class

ADVANCED STAR PROGRAMS: 90 min, 2 hr, 4 hr

Super Tumble* (7 yrs+) 2 hr				7:30-9:00			\$292
Twinkle 4hr* (6-8yrs) Aspire 4hr* (9+yrs)	Select 2 Days Select 2 Days	→ →	6:30-8:30 6:30-8:30	4:30-6:30 6:30-8:30	7:00-9:00 7:00-9:00	11:00-1:00 9:00-11:00	\$639
Super Tramp* (7 yrs+) 90 min		7:30-9:00			3:00-4:30		\$292

Tryouts 2026 are COMING! Take the next step and join Gymmies Team!

Gymmies Gymnastics is building our precomp and competitive teams! Athletes attend ready to participate in a class. Bring a water bottle. Parents can watch from the viewing gallery. Meet coaches. Participate in conditioning, gymnastics events or trampoline. Not to show current skills (skills not required to attend) but to evaluate agility, strength, flexibility, eagerness etc. Gymmies office will email families with coaches recommendation for 2026-27 programs. We can transfer recreation registration to advanced programs.

Gymnastics Workshop (6hr/wk)

Trampoline Precomp (3hrs/wk)

Trampoline Interclub (6 hrs/wk)

Competitive Gym/Tramp