



# Caledonia Gymmies Gymnastics

"Over 1600 annual members agree... Caledonia Gymmies is the place to be for safe, active fun & instruction!"

caledoniagymmies@rogers.com 905-765-1623 www.gymmies.com Office Hours Mon-Fri 10-6

9 Week summer session: Wed July 2 - Fri Aug 29, 2025



## STAR Programs

Register Online Starting  
Monday May 12, 2025 @ 5:00pm

Programs: Rec Room [X] Main Gym [X]	Tue	Wed	Thurs	Sat
Twinkle 4 hr (6-8 yrs)	6:30-8:30	4:30-6:30	7:00-9:00	11:00-1:00
Aspire 4 hr (9+ yrs)	6:30-8:30	6:30-8:30	7:00-9:00	9:00-11:00
Supertramp / PC Tramp (7+ yrs)	5:30-7:00	7:30-9:00		
Super Tumble (7+ yrs)	7:00-9:00			

1.5 hr:

\$270

3 hr:

\$450

4 hr:

\$589

Using our advanced model Gymmies certified elite coaches introduce skills with age appropriate music, conditioning, terminology & plenty of praise! Great first intro to more advanced skills at a faster pace than regular recreation programs that can lead to competitive. Full Class Descriptions @gymmies.com