

Caledonia Gymmies Trampoline Birthday Party Invitation / Signed Consent Form

Party Location– Gymmies Facility 10 Kinross St East, Caledonia. Behind the arena.

Activities– will include jumping on the in-ground trampolines & jumping into the sponge pit

What to Wear– comfy clothing. Please wear long hair in a pony tail. No jewelry please.

Trampoline Birthday Party at Gymmies Participant’s Consent– Parent please complete this form & return to the party host parent.

CHILDREN WILL NOT BE PERMITTED ON THE TRAMPOLINES UNLESS THIS SIGNED CONSENT IS RECEIVED.

NO EXCEPTIONS! Host parent must hand in all forms to the coach at the party.

Name- _____ Age: _____ Phone- _____ Parent’s Name: _____

Gymmies and their administration have worked hard to create a safe environment. The coach today will establish important rules that must be followed. However, I am aware that gymnastics involves risks including risk of personal injury. Included in these risks are negligence on the part of Caledonia Gymmies its directors, officers, officials and volunteers and other participants where the activities occur.

I freely accept and fully assume all such risks.

GYMNASTICS ONTARIO

DECLARATION OF COMPLIANCE – COVID-19

WARNING!

ALL PARTICIPANTS ENTERING THE FACILITY AND/OR PARTICIPATING IN SANCTIONED ACTIVITIES MUST COMPLY WITH THIS DECLARATION

ALL Parents or Guardians attending/ supervising the party onsite over the age 18 years MUST provide proof of 2 verified vaccines before entry.

Gymnastics Ontario and its affiliated clubs (collectively the “Organization”) require the disclosure of exposure or illness in order to safeguard the health and safety of all participants and limit the further spread of COVID-19. This Declaration of Compliance will be kept safely, and personal information will not be disclosed unless as required by law or with your consent.

A participant (or the participant’s parent/guardian, if the participant is younger than the age of majority) who is unable to agree to the terms outlined in this document is not permitted to enter the Organization’s facilities or participate in the Organization’s activities, programs, or services.

I, the undersigned being the participant named above and the participant’s parent/guardian (if the participant is younger than the age of majority), hereby acknowledge and agree to the terms outlined in this document:

The coronavirus disease COVID-19 has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19 and requires all participants (or their parent/guardian, when applicable) to adhere to the compliance standards described in this document.

The participant has not been diagnosed with COVID-19. OR If the participant was diagnosed with COVID-19, the participant was cleared as noncontagious by provincial or local public health authorities.

If the participant is a front-line worker (such as hospital staff, long term care staff, or other individual who interacts with individuals who have confirmed or suspected cases of COVID-19) or required to travel outside of Canada, the participant has worn proper and approved Personal Protective Equipment at all times whenever they interacted with an individual who has a confirmed or suspected case of COVID-19 in the last 14 days.

If the participant is not a front-line worker or travelled outside of Canada, they have not been exposed to a person with a confirmed or suspected case of COVID-19 in the last 14 days.

The participant is attending or participating voluntarily and understands the risks associated with COVID-19. The participant (or the participant’s parent/guardian, on behalf of the participant (when applicable) agrees to assume those risks, including but not limited to exposure and being infected.

The participant has not, nor has anyone in the participant’s household, experienced any signs or symptoms of COVID-19 in the last 14 days (including fever, new or worsening cough, fatigue, chills and body aches, respiratory illness, difficulty breathing, nausea, vomiting or diarrhea, pink eye, or loss of taste or smell).

If the participant experiences, or if anyone in the participant’s household experiences, any signs or symptoms of COVID-19 after submitting this Declaration of Compliance, the participant will immediately isolate, notify the Organization, and not attend any of the Organization’s facilities, activities, programs or services until at least 14 days have passed since those symptoms were last experienced.

The participant is following recommended guidelines, including but not limited to, practicing physical distancing, trying to maintain separation of six feet from others, adhering to recognized hygiene best practices, and otherwise limiting exposure to COVID-19.

The participant will follow the safety, physical distancing, and hygiene protocols of the Organization.

This document will remain in effect until the Organization, per the direction of the provincial government and provincial health officials, determines that the acknowledgements in this Declaration of Compliance are no longer required.

The Organization may remove the participant from the facility or from participation in the activities, programs or services of the Organization at any time and for any reason if the Organization believes, in its sole discretion, that the participant is no longer in compliance with any of the standards described in this document.

Signature of Parent _____

Print Name: _____

Date: _____



GYMNASTICS ONTARIO

INFORMED CONSENT AND ASSUMPTION OF RISK AGREEMENT

(To be executed by Participants under 18 years old)

This is a binding legal agreement. Clarify any questions or concerns before signing. As a participant in the sport of gymnastics and the spectating, orientation, instruction, activities, competitions, programs, and services of Gymnastics Ontario and Grand River Gymmies Gymnastics (collectively the "Activities"), the undersigned, being the Participant and the Participant's Parent/Guardian (collectively the "Parties"), acknowledge and agree to the terms outlined in this

Disclaimer

Gymnastics Ontario, Grand River Gymmies Gymnastics and their respective Directors, Officers, committee members, members, employees, coaches, volunteers, officials, participants, agents, sponsors, owners/operators of the facilities in which the Activities take place, and representatives (collectively the "Organization") are not responsible for any injury, property damage, death, expense, loss of income, damage or loss of any kind suffered by the Participant during, or as a result of, the

Description and Acknowledgement of Risks

The Parties understand and acknowledge that:

The Activities have foreseeable and unforeseeable inherent risks, hazards, and dangers that no amount of care, caution or expertise can eliminate, including without limitation, the potential for serious bodily injury, permanent disability, paralysis, and loss of

The Organization may offer or promote online programming (such as webinars, remote conferences, workshops, and online training) which have different foreseeable and unforeseeable risks than in-person

The Organization has a difficult task to ensure safety and it is not infallible. the Organization may be unaware of the

Participant's fitness or abilities, may give incomplete warnings or instructions, may misjudge weather or environmental conditions, and the equipment being used might malfunction; and

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19; however, the Organization cannot guarantee that the Participant will not become infected with COVID-19. Further, participating in the Activities could increase the Participant's risk of contracting COVID-19.

The Participant is participating voluntarily in the In consideration of that participation, the Parties hereby acknowledge that they are aware of the risks, dangers and hazards and may be exposed to such risks, dangers, and hazards. The risks, dangers and hazards include, but are not limited to:

Contracting COVID-19 or any other contagious
Privacy breaches, hacking, technology malfunction or
Executing strenuous and demanding physical techniques and exerting and stretching various muscle
Vigorous physical exertion, strenuous cardiovascular workouts, and rapid
The failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment or
Failure to follow instructions or
Spinal cord injuries which may render the Participant permanently
Serious injury to virtually all bones, joints, ligaments, muscles, tendons, and other aspects of the Participant's body or to the Participant's general health and well-being.
Abrasions, sprains, strains, fractures, or
Concussion or other head injuries, including but not limited to, closed head injury or blunt head
Physical contact with other participants, spectators, equipment, and
Collisions with walls, any gymnastics apparatus, floors, or mats.
Falling, tumbling, or hitting any gymnastics apparatus, the floor, mats, or other surfaces.
Physical contact with other participants (including spotters).
Not wearing appropriate safety or protective equipment.
Failure to act safely or within the Participant's ability or designated areas.
Negligence of other persons, including other spectators, participants, or employees; and
Travel to and from competitive events and associated non-competitive events which are an integral part of the Activities

Terms

In consideration of the Organization allowing the Participant to participate in the Activities, the Parties agree:

That when the Participant practices or trains in their own space, the Parties are responsible for the Participant's surroundings and the location and equipment that is selected for the Participant.

That the Participant's mental and physical condition is appropriate to participate in the Activities and the Parties assume all risks related to the Participant's mental and physical

That the Participant may experience anxiety while challenging themselves during the

To comply with the rules and regulations for participation in the

To comply with the rules of the facility or

That if the Participant observes an unusual significant hazard or risk, the Participant will remove themselves from participation and bring their observations to a representative of the Organization

The risks associated with the Activities are increased when the Participant is impaired, and the Participant will not participate if impaired in any way.

That it is their sole responsibility to assess whether any Activities are too difficult for the By the Participant commencing an Activity, they acknowledge and accept the suitability and conditions of the Activity.

That COVID-19 is contagious in nature and the Participant may be exposed to, or infected by, COVID-19 and such exposure may result in personal injury, illness, permanent disability, or loss of life; and

That they are responsible for the choice of the Participant's safety or protective equipment and the secure fitting of that equipment.

In consideration of the Organization allowing the Participant to participate, the Parties agree:

That the Parties are not relying on any oral or written statements made by the Organization or their agents, whether in brochure or advertisement or in individual conversations, to agree to participate in the

That the Organization is not responsible or liable for any damage to the Participant's vehicle, property, or equipment that may occur as a result of the Activities; and

That this Agreement is intended to be as broad and inclusive as is permitted by law of the Province of Ontario and if any portion thereof is held invalid, the balance shall, notwithstanding, continue in full legal force and

Jurisdiction

The Parties agree that in the event that they file a lawsuit against the Organization, they agree to do so solely in the Province of Ontario and they further agree that the substantive law of the Province of Ontario will apply without regard to conflict of law

Acknowledgement

The Parties acknowledge that they have read this agreement and understand it, that they have executed this agreement voluntarily, and that this Agreement is to be binding upon themselves, their heirs, their spouses, parents, guardians, next of kin, executors, administrators and legal or personal