



Caledonia Gymmies Programs 2022-23

New! Email: caledoniagymmies@rogers.com Club Phone: 905 765-1623

Caledonia Gymmies is growing to better serve all members!

Phase 1 renovations to create the new Rec Room gym in the former facility front will be ready for the start of the fall 2022 session.

Phase 2 additions of a new foyer, multiple viewing areas, office, meet up room, Club House including climbing wall & tramp is scheduled for completion in the spring of 2023.

We ask for everyone's patience and support while we make Gymmies better.

All participants should read the following policies as acceptance is part of the fully completed registration.

Drop off and pick up: (there are 3 program areas).

1. All program participants MUST be accompanied into Gymmies facility. All footwear is removed & stored in cubbies.
 - **New! Rec Room** participants (most PreK-G1) will be directed from the foyer to their designated color-coded meeting point upon arrival. Outerwear will be left here.
 - **Main gym** participants (Gr 2+) should proceed directly to their designated coach meeting point in the main gym where their outerwear will be stored during class.
 - **Tot Lot** participants (16-36mths) can go directly upstairs to hooks outside tot lot.
2. Parents picking up Roll Call participants (after school program) will need to:
 - complete detailed authorized pickup persons on supplementary membership information
 - Show ID upon pick up.
 - members will not be released to any unauthorized guardian.

Gymmies Membership Policy

1. All members must complete an annual online registration for each participant's program(s).
2. All registration fees are due at point of online registration charged to a visa, Mastercard, or AMEX.
3. Prorated fees are always possible for late registrants to only pay for the remaining classes of the session automatically calculated when registering
4. All members must pay a non-refundable annual membership fee of \$30 or \$15 for summer membership provided by Gymnastics Ontario. The duration is from July 1 - June 30 each year.
5. All members and their families must adhere to the policies of Gymnastics Ontario and those of this organization.
6. Classes are limited & may be altered (cancelled, merged or changed) due to registration interest. Credits can be issued if new class times conflict with member's schedule. No refunds are possible.
7. Fees are non-refundable once the on-line registration is complete. After this time, a credit on the account (minus the annual membership fee) will be applied and may be used for any program or for another member of the immediate family.
8. Anyone with any physical conditions, allergies or those taking medications must designate so on their online registration. Health changes must be reported to the office.
9. Injured Athlete Procedure: **Refunds will not be issued for non-medical reasons.** A prorated refund may be considered, FOR MEDICAL REASONS ONLY, if a Doctor's note is received stating that the member MUST stop participating in programs. The refund will be pro-rated from the date of receipt of the medical certificate less the \$25 administration fee.
10. Classes missed due to vacations or other events are impossible to makeup. Refunds for missed practices are not possible.
11. Gymmies is closed for the following holidays: Hallowe'en evening, Thanksgiving, Christmas Eve, Christmas Day, Boxing Day, New Year's Eve, Family Day, regular classes on March Break, Good Friday, Easter Sunday, Victoria day & August Civil holiday. These dates will not be included in your session's fees and prices will be adjusted accordingly.

12. Payment Policy for financially in need families:

A). work with funding sources including (but not limited to): JumpStart, Dream Catcher Fund, Fresh Air Fund.

B). Families receiving funding assistance from the above must complete a detailed form. Registration is not considered complete until confirmation of funding is received.

13. Coach/Gymnast Ratio: The coach/gymnast ratio will be maximum 1:7.

14. Program Feedback is welcomed for all programs including comments on class content, special events, fundraising, staff, facility etc. to: caledoniagymmies@rogers.com. Your feedback makes us better.

14. Uniform: any required clothing will be disclosed with registration & due at the start of the session.

16. Parent viewing: spectators must quietly view without distracting any members, keeping other siblings within arms reach. **Photos/videos during class time is strictly prohibited to protect the privacy of all members.**

Here is the Parent Viewing policy for each gym space until phase 2 new construction is complete:

-In Rec Room, Main Gym: every family will have one assigned seat for viewing at each child's class. We ask families to limit additional siblings whenever possible due to limited space.

-In Tot Lot Gym: use the viewing window provided anytime for classes without parent accompaniment. Please limit viewing to 1 spectator per child & limit additional siblings whenever possible due to limited space.

Thank-you for respecting our limited viewing. Once we are fully renovated there will be plenty space for all viewers.

17. Any member unable to follow club safety rules placing themselves or others around them at risk will be immediately removed from the class with remaining classes refunded.

18. Any child experiencing continual behavior difficulties after reminders & parent consultation may be directed to a different class or refunded for the remaining classes.

19. Families should consider Gymmies is open on snowy days. Gymmies is closed that day for both athletes and coaches due to any of the following conditions: over 1 foot of snow falls, electricity is out, heat in the winter is not available, Environment Canada declares a weather emergency and asks people to stay off the roads. Process for Closing: A decision about closing will be posted by noon on the club's website, Facebook & members will be emailed. A class makeup will be provided.

20. Fund raising campaigns including World's Finest chocolate almonds will be held to meet Gymmies annual budget. We encourage all members to participate to help keep our non-profit club financially strong. Membership will be suspended to anyone with outstanding fundraising proceeds.

Refunds:

1. **Absolutely NO REFUNDS are possible.** Credits to the member's online account is possible for the remaining unattended classes with a Doctor note based on the date the note is received. Email asap to caledoniagymmies@rogers.com.
2. In the event of a mandatory shutdown due to COVID 19, all fees will be held as full credits to members online account for future programming at Caledonia Gymmies. Refunds will not be possible.

Membership Policies for Unwell Members including COVID 19 Protocols:

Gymmies will follow all current mandates/practices in conjunction with the Haldimand Norfolk Health Unit, Province of Ontario & Gymnastics Ontario. Since requirements are continually changing all members should visit these sites in regards to stay away time for those with confirmed cases or exposure to a confirmed case for vaccinated members or unvaccinated members. Parents will be called immediately to pick up a child who is exhibiting COVID symptoms as outlined in the provincial screening tool.

Gymmies encourages unwell members to stay home, to test, frequent hand hygiene, respiratory etiquette, providing masks and encouraging the use of masks for hi risk persons in public areas but not during training.

Summer Programs 2022

(All participants will adhere to the Gymmies Membership Policies as well as:)

Health and safety

1. All summer participants are considered to be in good health upon attending programs. If participants exhibit extreme changes in health during the duration of their program; parents will be contacted for immediate pick up.

#2. Drop off and pick up:

All summer program participants MUST be accompanied into Gymmies facility.

Campers will be directed to designated starting points upon arrival.

Evening and Weekend should proceed directly to Family Change Room.

Tods and Twos to the Tot Lot Hop Gym upstairs.

#3. Parents picking up camp participants will need to:

- Show ID upon pick up.
 - Notify sign-in coach of the parent/adult picking up that day
 - notify club of any changes in same day pick up.
 - campers will not be released to any unauthorized guardian.
- #4. Campers should attend camp everyday with:
- Lunch, 2 snacks, water bottle, change of clothes (if necessary), hat, sunscreen.
 - Tues/Thurs Off site visit to Caledonia Splash Pad.
- #5. Groups will be divided by ages: 4-5 yrs, 6-7 yrs, and 8+ years.
- #6. Before and Afterhours are not available.
- #7. All Registrations are final. No refunds for any summer program. Credits may be possible. All campers represent a potential space taken on daily attendances, switching days is not possible.