

2020—2021 Fees:

Membership Fee	\$30
Deposit	\$50
Per Day Attendance	\$12

What We do...

Who For: students JK-gr 6 of River Heights with working parents looking to fulfill the recommended 60 minutes of daily physical activity (with high energy) at a facility offering flexible Monday-Friday options for after school care daily or occasional basis (where numbers permit).

ROLL CALL fun starts with pick up by our coaches at River Heights or Notre Dame Schools. Walk to Gymmies facility, eat a snack from your lunch bag.

3:50-5 pm Main gym activities- games, parachute, circuits, tramp time, pit, youth sized fitness equipment, indoor sports

5:00-5:30 pm Dismissal will take place outside of the facility. Kids will be dressed, ready to go while participating in sports, games, activities, homework, or time to relax.

\$50 deposit due at registration, daily fee will be invoiced at the beginning of the month & fees processed on the 15th of each month.

Payments accepted are:

Preauthorized Debit and Preauthorized Credit Card.

Roll Call Afterschool Program 2020



Caledonia Gymmies Gymnastics

www.gymmies.com
gymmiesreg@gmail.com
10 Kinross St E, Caledonia
905-765-1623

"We are Prepared and Ready!"

Roll Call FAQ's

Who are the coaches? What is the ratio?

Director: Ty Martin & Gymmies team of certified coaches Ratio- 1:9

Can I attend once a week?

YES!, register for days based on your work schedule, all registrations are limited.

Will classes have formal skill instruction?

No, not at Roll Call, but YES if you join one of our regular classes. Roll Call is a moderate/high activity-based after school program

Do I get a refund if my child is absent due to illness or away on vacation?

At Gymmies, we base our costs on the number of children enrolled in our programs. As such, we cannot offer refunds if your child misses days due to an illness, vacation, or other absence or for leaving early.

What if I need additional days? Contact Gymmies / Ty (24 hrs in advance if possible) & inquire. If space is available we will gladly accommodate your request

How do we keep track of fees owed?

Careful attendance/ registration lists will be kept & reviewed monthly

Are you issued tax receipts? Yes

What happens if my child becomes ill? we will contact parents to make arrangements to have your child picked up. Cell phone numbers are critical to ensure we can always reach you



Register Online

- ◇ www.gymmies.com
- ◇ Create a profile
- ◇ Register for Roll Program Days of Week (\$30 mem fee)
- ◇ Select days of the week needed
- ◇ Registration is immediate, fees are processed on the 15th of every month
- ◇ \$50 deposit applied to first month



Policies and Guidelines

Releasing Children

Due to new COVID protocol, parents will not be allowed into the facility.

Children will be released only to parent(s) or persons designated by the parent/guardian, upon authentication. Only those listed on the release form may pick up the child. Emergency contact persons listed on the registration form still require verbal or written parental consent to pick up the child. In special circumstances parent(s) may require a person other than those listed on this form to pick up a child. Authorization must be made verbally or over the phone. All persons whether pre-authorized or special pick-up should be prepared to show picture ID if they are unknown to the staff on duty.

Custody Agreements

Each parent will be granted access to the children except when a copy of a court order indicated limited access is on the child's file. Such information will be included on the child's emergency contact sheet. It is the responsibility of the parent(s) to produce a copy of a court order indicating limited access.

Pick Up

If picking up before 5pm, your child will be in the gym. Call Main Office or Text Ty/staff (numbers will be provided). Your child will need to be picked up no later than 5:30 p.m. If there is a delay please contact a staff member as soon as possible. Please note late pick ups are NOT accepted at this time. Repeated failure to comply with the late pick-up policy could result in termination. If the child has not been picked-up by 5:30pm and the club has not been advised of the parent(s) tardiness, the following procedure will be employed: parent will be phoned at home, at work or on cell phone. In the event that the parent(s) cannot be located, the emergency contacts named on registration form will be phoned to pick up the child.

Emergency Policy

Emergency medication that needs to be with the child at all times will be easily accessible to all staff. All medication must be accompanied by a medication form that will be signed by the parent/guardian including the following information: Child's name, medication name, dosage, time, date and parent's signature. Staff will note when administered, reported to parent upon pickup

All children requiring emergency medication (ventolin, allergy medication, epi-pens, etc.) will have action plans completed with clear instructions. Anytime required 911 will be called & parent contacted immediately

Selecting Days / Fees

3 options: i. Sign up for Mon-Fri every week ii. Sign up for certain fixed days the same every week (ie every Mon or Wed) iii. Scheduled days around work if accommodable (can change—must be submitted the last week of the month) Once picked those days are non refundable (for vacation or illness) 2 weeks notice is required to substitute a change for a picked day (if spots are available) Parents whose account is not up to date in June will have their deposit credited to the amount past due. A spot will not be held for your child, programs are limited. Current members have first choice for fall programs but must complete the membership fee, form & deposit to remain on the active membership. Invoices will be issued to parents a minimum of 3 days before payment is due. Failure to make payment may result in suspension or termination of care. Deposits are NON refundable unless applied to remaining dates in May/June. Monthly fees will be paid by Pre-authorized Visa or Mastercard or preauthorized debit. Pre-authorized payment forms will be provided with the annual registration form. Monthly receipts will be provided as well as an annual total School Pickup.

Roll Call offers supervised walk to Gymmies from River Heights School. Pick-up occurs at an arranged place (around the office). There will be 1-2 program walkers. Inform teacher in writing of days attending Gymmies Roll Call each week. We CAN NOT foster same day pick up. If your child is not at the arranged meeting spot the program walker will wait 5 minutes, have the child paged and/or confirm your child's attendance. Parents will be phoned to confirm.

Registration and Withdrawal

All registration forms & fees must be completed, returned before your child's first day of care. We require one month's written notice to completely withdraw from Roll Call. If one (1) month's notice is given your deposit will be credited to the registration fees for the last month your child is registered. If one month is not given you will forfeit your deposit and any child care fees already paid. Please report changes in address, phone numbers, emergency contacts, employers at once.

Accident / Illness

If your child is injured we will contact you immediately. If the parent/guardian(s) or emergency contacts are not available & your child required immediate medical attention the club will ensure child receives the appropriate care until a parent can be contacted. All minor injuries must be documented and reported to the parent. If the child becomes ill at our program, parents will be contacted for early pickup. If your child will be absent from our program, please notify us as early as possible. Send Ty an email at martin_ty@hotmail.com or via phone: 289-339-9166. If your child is not well enough to go to school please keep your child home. Please remember that our program does not refund fees due to illness.

Items from Home

Our programs discourage children from bringing items from home. If brought children will be asked to leave them in their backpacks.

Snacks

Roll Call recognizes the importance of good nutrition & daily physical activity. A healthy snack should be sent each day. Water bottles are also encouraged. Efforts will be made to accommodate special dietary requirements or allergies. Our facility is not peanut free but all families are asked to be peanut sensitive & if possible send non peanut snacks. PLEASE PACK A CHANGE OF CLOTHES.

Parent Concerns

Talk with the Program Manager Ty Martin. Email or Text Ty at 289 339-9166. All concerns are important.

Clothing and Supplies

Please wear clothing suitable for gym activity. Students may change if necessary. Bare feet is standard in the gym. Parents must remove shoes when entering the facility for safety (90% are in bare feet). Jeans (pants with buttons) are not allowed to use the trampoline as they can damage the tramp bed.

Behavior Policy:

Staff recognizes each child as an individual in regards to age, & stage of development. Staff guides children's behavior by using prevention and intervention strategies. Staff uses their knowledge and skills to ensure that a child's self-esteem is enhanced while following posted gym rules. Ongoing difficulties will be reported to parents.

Program Activities

Roll Cal fun starts with pick up by our coaches at River Heights, walk to Gymmies facility, eat a snack from your lunch.

3:50-5pm Gym activities: games, parachute, circuits, tramp time, pit, fitness equipment, indoor sports. If weather permits, some activities may occur outside. Younger participants will use Gymmies upper gym facility equipped with full equipment & tramp best suited for safe activity for kids 7 years and under. Other Gymmie Classes including formal instructional classes in gymnastics & trampoline will be offered. These classes usually start at 4 or 5pm. They are registered for separately & will be listed in Gymmies Annual Brochure. The cost will be listed & paid separately per session. Roll Call coaches will make sure students go from Roll Call to their Gymmies class on time.

Online Registration:

Create login. select "Roll Call Days" needed (Mon-Fri)

Spaces are Limited due to COVID 19 Mandates.

By selecting any day, you will secure a spot on our Daily List. Pick up will be immediate, invoices will be sent at the start of every month

Invoices will be processed on the 15th of the month.

Upon Online Registration, you will be charged a \$30 mem fee \$50 deposit will be put on first monthly invoice received.

COVID 19 Protocols

ALL Online Registrations must READ and ACCEPT:

#1. Membership Policies/Waiver

#2. Gymnastics Ontario Declaration of Compliance COVID 19

- Attendance will be tracked daily.
- Participants screened before entry to facility upon arrival.
- Coaches will wear masks if 6 ft distance is not possible.
- While close contact may be unavoidable between members of a cohort (group/class), physical distancing and general infection prevention and control practices should still be encouraged, where possible.
- Frequent and consistent handwashing and hand sanitizing
- Minimizing the sharing and frequency of touching of objects, equipment and surfaces, and other personal items.
- Spreading participants out into different areas.
- Spreading equipment and activity stations into different areas.
- Using visual cues (e.g., signs, posters, floor markings, etc.)
- Staggering snack to reduce number of individuals in lunch area.
- Incorporating more individual activities or activities that encourage more space between participants.
- Consistent cohorts of no more than 10 individuals including both staff and participants.
- Any participant showing signs or symptoms of illness will need to be picked up immediately by parent or contact listed.
- For further details contact Ty at gymmies Main Office.