

VIEWING SCHEDULE Fall Session 2025: Caledonia Gymmies Sept 14-Dec 6, 2025

Gymmies is a very busy club - We appreciate your cooperation during class viewing.

Space is limited, so whenever possible try to restrict viewing to

How to use This Viewing Schedule:

- ⇒ **1 Spectator** per participant only please.
- ⇒ **Find your class day/time**
- ⇒ **PLEASE REMOVE ALL FOOTWEAR** (to cubbies) and head to assigned viewing area: **Main Gym:** viewing gallery upstairs. **Rec Room:** behind partitions

Main Gym: Find a chair in gallery or upper kitchen if free. Do not sit/stand on the floor or gym stairs. Tot lot room is out of bounds (Tods/Twos only). As classes finish, chairs may become available in the gallery.

Rec Room: please stay behind the partitions as labelled. **Do not** enter gym area.

Totlot Room: view every week from the kitchenette window & TV screen.

- ⇒ **Quiet please during viewing.** Do not motion or yell down to athletes.
- ⇒ **No videos or photos please.**
- ⇒ Gymmies has the right to refuse viewing to anyone not abiding by viewing safety rules.

MONDAY REC ROOM

| | | |
|-----------|--------------|---------------------------------------|
| 4:45-5:45 | Prek, JK (1) | Sept 15, 29, Oct 20, Nov 3, 17, Dec 1 |
| 5:00-6:00 | SK, G1 (1) | Sept 22, Oct 6, 27, Nov 10, 24, Dec 1 |
| 6:00-7:00 | Prek, JK (2) | Sept 15, 29, Oct 20, Nov 3, 17, Dec 1 |
| 7:00-8:00 | SK, G1 (2) | Sept 22, Oct 6, 27, Nov 10, 24, Dec 1 |
| 5:45-7:15 | Rollers (1) | Sept 15, 29, Oct 20, Nov 3, 17, Dec 1 |

MONDAY MAIN GYM

| | | |
|-----------|--------------|---------------------------------------|
| 4:30-7:30 | Workshop Jr. | Sept 15, 29, Oct 20, Nov 3, 17, Dec 1 |
| 5:00-7:00 | Primary (1) | Sept 22, Oct 6, 27, Nov 10, 24, Dec 1 |
| 5:30-7:00 | Twisters (1) | Sept 15, 29, Oct 20, Nov 3, 17, Dec 1 |
| 7:00-8:00 | Gr 2 gym (1) | Sept 22, Oct 6, 27, Nov 10, 24, Dec 1 |
| 7:00-9:00 | Junior (1) | Sept 15, 29, Oct 20, Nov 3, 17, Dec 1 |
| 7:30-9:00 | Xtreme Tramp | Sept 22, Oct 6, 27, Nov 10, 24, Dec 1 |

TUESDAY REC ROOM

| | | |
|-----------|--------------|--------------------------------------|
| 5:15-6:15 | PreK, JK (3) | Sept 16, 30, Oct 14, 28, Nov 11, 25 |
| 5:30-6:30 | SK, G1 (3) | Sept 23, Oct 7, 21, Nov 4, 18, Dec 2 |
| 5:30-6:30 | PreK, JK (4) | Sept 16, 30, Oct 14, 28, Nov 11, 25 |
| 6:30-7:30 | SK, G1 (4) | Sept 23, Oct 7, 21, Nov 4, 18, Dec 2 |

TUESDAY MAIN GYM

| | | |
|-----------|------------------|--------------------------------------|
| 4:00-5:30 | PC/Super tramp | Sept 16, 30, Oct 14, 28, Nov 11, 25 |
| 4:00-7:00 | Workshop Novice | Sept 23, Oct 7, 21, Nov 4, 18, Dec 2 |
| 5:00-7:00 | Tiny/Sparkle (1) | Sept 23, Oct 7, 21, Nov 4, 18, Dec 2 |
| 6:00-9:00 | Workshop Sr. | Sept 16, 30, Oct 14, 28, Nov 11, 25 |
| 6:30-8:00 | Twisters (2) | Sept 23, Oct 7, 21, Nov 4, 18, Dec 2 |
| 7:00-9:00 | Aspire (1) | Sept 23, Oct 7, 21, Nov 4, 18, Dec 2 |
| 7:00-8:00 | Tumble | Sept 16, 30, Oct 14, 28, Nov 11, 25 |

WEDNESDAY REC ROOM

| | | |
|-----------|--------------|--------------------------------------|
| 5:00-6:00 | SK, G1 (5) | Sept 17, Oct 1, 15, 29, Nov 12, 26 |
| 5:15-6:45 | Rollers (3) | Sept 24, Oct 8, 22, Nov 5, 19, Dec 3 |
| 5:45-6:45 | Prek, JK (6) | Sept 17, Oct 1, 15, 29, Nov 12, 26 |
| 6:00-7:00 | SK, G1 (6) | Sept 24, Oct 8, 22, Nov 5, 19, Dec 3 |

WEDNESDAY MAIN GYM

| | | |
|-----------|-------------------|--------------------------------------|
| 4:45-5:45 | Tramp SK Gr.1 (1) | Sept 17, Oct 1, 15, 29, Nov 12, 26 |
| 5:00-7:00 | Primary (2) | Sept 24, Oct 8, 22, Nov 5, 19, Dec 3 |
| 6:00-8:00 | Twinkle (1) | Sept 17, Oct 1, 15, 29, Nov 12, 26 |
| 6:45-8:15 | Twisters (3) | Sept 24, Oct 8, 22, Nov 5, 19, Dec 3 |
| 7:00-9:00 | Junior (2) | Sept 17, Oct 1, 15, 29, Nov 12, 26 |
| 7:30-8:30 | G2+ gym (4) | Sept 24, Oct 8, 22, Nov 5, 19, Dec 3 |
| 7:30-8:30 | Tumble Advanced | Sept 17, Oct 1, 15, 29, Nov 12, 26 |

THURSDAY REC ROOM

| | | |
|-----------|--------------|--|
| 5:30-6:30 | SK, G1 (7) | Sept 18, Oct 2, Oct 16, 30, Nov 13, 27 |
| 6:00-7:00 | PreK, JK (7) | Sept 25, Oct 9, 23, Nov 6, Nov 20, Dec 4 |
| 6:30-7:30 | SK, G1 (8) | Sept 18, Oct 2, Oct 16, 30, Nov 13, 27 |

THURSDAY MAIN GYM

| | | |
|-----------|------------------|--|
| 4:00-6:00 | Tiny (2)/Sparkle | Sept 18, Oct 2, Oct 16, 30, Nov 13, 27 |
| 4:30-6:00 | Super/PC Tramp | Sept 25, Oct 9, 23, Nov 6, Nov 20, Dec 4 |
| 6:00-9:00 | Workshop Sr | Sept 18, Oct 2, Oct 16, 30, Nov 13, 27 |
| 7:00-8:00 | Gr 2+ gym (4) | Sept 25, Oct 9, 23, Nov 6, Nov 20, Dec 4 |
| 7:00-9:00 | Junior (4) | Sept 18, Oct 2, Oct 16, 30, Nov 13, 27 |

FRIDAY REC ROOM

| | | |
|-----------|------------|--|
| 5:00-6:00 | SK, G1 (9) | Sept 19, 26, Oct 3, 10, 17, 24, Nov 7, 14, 21, 28, Dec 5 |
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FRIDAY MAIN GYM

| | | |
|-----------|----------------------|--|
| 5:00-7:00 | Twinkle/Aspire (2) | Sept 19, Oct 3, 17, Nov 7, 21, Dec 5 |
| 5:00-7:00 | Prim (3), Junior (5) | Sept 26, Oct 10, Oct 24, Nov 14, Nov 28, Dec 5 |
| 5:30-7:00 | Twisters (6) | Sept 19, Oct 3, 17, Nov 7, 21, Dec 5 |

SATURDAY REC ROOM

| | | |
|-------------|---------------|---------------------------------------|
| 9:00-10:00 | Prek, JK (9) | Sept 20, Oct 4, 18, Nov 1, 15, 29 |
| 9:30-10:30 | SK, G1 (10) | Sept 27, Oct 11, 25, Nov 8, 22, Dec 6 |
| 9:30-10:30 | PreK, JK (10) | Sept 20, Oct 4, 18, Nov 1, 15, 29 |
| 10:00-11:30 | Rollers (6) | Sept 27, Oct 11, 25, Nov 8, 22, Dec 6 |
| 10:30-11:30 | SK, G1 (11) | Sept 20, Oct 4, 18, Nov 1, 15, 29 |
| 11:00-12:00 | PreK, JK (11) | Sept 27, Oct 11, 25, Nov 8, 22, Dec 6 |
| 11:30-1:00 | Rollers (7) | Sept 27, Oct 11, 25, Nov 8, 22, Dec 6 |
| 12:00-1:00 | SK, G1 (12) | Sept 20, Oct 4, 18, Nov 1, 15, 29 |

SATURDAY MAIN GYM

| | | |
|-------------|----------------|---------------------------------------|
| 9:00-11:00 | Primary (4) | Sept 20, Oct 4, 18, Nov 1, 15, 29 |
| 10:00-11 | Gr 2 tramp (4) | Sept 27, Oct 11, 25, Nov 8, 22, Dec 6 |
| 10:30-11:30 | Gr 2+ Gym (6) | Sept 20, Oct 4, 18, Nov 1, 15, 29 |
| 10:30-12 | Twisters (7) | Sept 27, Oct 11, 25, Nov 8, 22, Dec 6 |
| 11:00-1:00 | Junior 6 | Sept 20, Oct 4, 18, Nov 1, 15, 29 |
| 11:30-12:30 | Gr 2+ Gym (7) | Sept 27, Oct 11, 25, Nov 8, 22, Dec 6 |

SUNDAY REC ROOM

| | | |
|-------------|---------------|------------------------------------|
| 9:00-10:00 | PreK, JK (13) | Sept 14, 28, Oct 12, 26, Nov 9, 23 |
| 9:15-10:15 | PreK (14) | Sept 21, Oct 5, 19, Nov 2, 16, 30 |
| 9:45-10:45 | SK, G1 (13) | Sept 14, 28, Oct 12, 26, Nov 9, 23 |
| 10:15-11:45 | Rollers (8) | Sept 21, Oct 5, 19, Nov 2, 16, 30 |
| 11:45-12:45 | SK, Gr 1 (14) | Sept 14, 28, Oct 12, 26, Nov 9, 23 |
| 12:00-1:00 | PreK (15) | Sept 21, Oct 5, 19, Nov 2, 16, 30 |
| 12:15-1:45 | Rollers (9) | Sept 14, 28, Oct 12, 26, Nov 9, 23 |

SUNDAY MAIN GYM

| | | |
|-------------|------------------------|------------------------------------|
| 8:30-10:30 | Twinkle 3/Aspire 3 | Sept 14, 28, Oct 12, 26, Nov 9, 23 |
| 10:45-12:15 | Twisters (9) | Sept 14, 28, Oct 12, 26, Nov 9, 23 |
| 11:00-12:00 | Gr 2 Gym (9) | Sept 21, Oct 5, 19, Nov 2, 16, 30 |
| 12:30-2:30 | Primary (5)/Junior (7) | Sept 14, 28, Oct 12, 26, Nov 9, 23 |
| 11:00-2:00 | Workshop Novice | Sept 21, Oct 5, 19, Nov 2, 16, 30 |
| 2:00-3:30 | PC Tramp | Sept 14, 28, Oct 12, 26, Nov 9, 23 |



Please Respect our Policies and Fellow Members.

Thanks So Much!