



Trampoline Birthday Party at Gymmies

Activities– will include jumping on the in-ground trampolines & jumping into the sponge pit

What to Wear– comfy clothing. Please wear long hair in a pony tail. No jewelry please.

Party Location– Gymmies Facility 10 Kinross St East, Caledonia. Behind the arena.



Participant's Consent– *Parent please complete this form & return to the party host parent. YOU WILL NOT BE PERMITTED ON THE TRAMPOLINES UNLESS THIS SIGNED CONSENT IS RECEIVED. NO EXCEPTIONS!*
Host parent must hand in all forms to the coach at the party.

Name- _____ **Age:** _____ **Phone-** _____ **Parent's Name:** _____

Gymmies and their administration have worked hard to create a safe environment. The coach today will establish important rules that must be followed. However, I am aware that gymnastics involves risks including risk of personal injury. Included in these risks are negligence on the part of Caledonia Gymmies its directors, officers, officials and volunteers and other participants where the activities occur. I freely accept and fully assume all such risks.

Signature of Parent _____ Print Name: _____ Date: _____