

Evolution Krav Maga



MaxOut Sports Performance
180 Gordon Drive, suite 105
Exton, PA 19341

Delaware Swim & Fitness
4905 Mermaid Blvd, 2nd floor
Wilmington, DE 18908

Revolution BJJ
201 S Mill St, suite 101
Kennett Square, PA 19348

DAY	LOCATION	CLASS	TIME
Monday	Delaware	Submission Grappling	6:30pm-8:00pm
Wednesday	Delaware	Submission Grappling Krav Maga	6:00pm-7:30pm 7:30pm-8:30pm
Thursday	Delaware Exton Rev BJJ	Muay Thai Krav Maga Krav Maga	6:30pm-7:30pm 7:15pm-8:45pm 7:00pm-8:00pm
Sunday	Exton Exton Delaware Delaware Rev BJJ	#FemaleWarriors Krav Maga Submission Grappling Muay Thai Krav Maga	10:00am-11:00am 11:00am-12:30pm 3:00pm-4:30pm 4:30pm-5:30pm 6:00pm-7:00pm