

## **Perpetual Adoration Chaplet**

**Invitatory Prayer:** Our Lady of the Most Blessed Sacrament, pray with us and teach us how to adore Jesus, your son, and in his most precious name we pray:

### **1. The Divine Praises**

Blessed be God, Blessed be His Holy Name. Blessed be Jesus Christ; true God and true Man. Blessed be the Name of Jesus. Blessed be His Most Sacred Heart. Blessed be His Most Precious Blood. Blessed be Jesus in the Most Holy Sacrament of the Altar. Blessed be the Holy Spirit, the Paraclete. Blessed be the great Mother of God, Mary most Holy. Blessed be her Holy and Immaculate Conception. Blessed be her Glorious Assumption. Blessed be the name of Mary, Virgin and Mother. Blessed be St. Joseph, her most chaste spouse. Blessed be God in his Angels and in his Saints.

### **2. Heart of Jesus Prayer**

May the heart of Jesus, in the Most Blessed Sacrament, be praised adored and loved, with grateful affection, at every moment, in all the tabernacles of the world, even to the end of time.

### **3. O Sacrament Most Holy Prayer**

O Sacrament Most Holy, O Sacrament Divine, all praise and all thanksgiving be every moment thine.

### **4. Spiritual Communion prayer**

O my God, I believe you are truly present in this Most Blessed Sacrament. I love you above all else and desire to possess you in my soul. Since I am not able to receive you sacramentally, please allow me to receive you spiritually. I embrace you my God present and living in me and unite myself wholly and entirely to you. Jesus, never allow me to be separated from you.

### **5. Act of Love Prayer**

I love you God the Father; I love you God the Son; I love you God the Holy Spirit now and forever.

### **6. Adoration Prayer**

Jesus, in the Most Blessed Sacrament, **I Adore You!!!**

### **7. Trinity Prayer**

O Most Holy Trinity, undivided unity: Holy God, Mighty God, God Immortal Be **ADORED!!!**