

## **Perpetual Adoration Chaplet Prayers**

**Introductory Prayer**—Our Lady of the Most Blessed Sacrament, pray with us and teach us how to adore Jesus your Son and in his most precious name we pray:

### **1. Divine Praises** (pray on the crucifix)

Blessed be God. Blessed be his holy name. Blessed be Jesus Christ, true God and true man. Blessed be the name of Jesus. Blessed be his most Sacred Heart. Blessed be his most Precious Blood. Blessed be Jesus in the most holy sacrament of the altar. Blessed be the Holy Spirit, the Paraclete. Blessed be the great mother of God, Mary most holy. Blessed be her holy and Immaculate Conception. Blessed be her glorious Assumption. Blessed be the name of Mary, virgin and mother. Blessed be St. Joseph, her most chaste spouse. Blessed be God in his angels and his saints.

### **2. Heart of Jesus prayer** (prayed on the first red bead)

May the heart of Jesus, in the Most Blessed Sacrament, be praised, adored and loved, with grateful affection, at every moment, in all the tabernacles of the world, even until the end of time. Amen

### **3. O Sacrament Most Holy Prayer** (pray on the three crystal beads)

O Sacrament Most Holy. O Sacrament Divine. All praise and all thanksgiving be every moment thine.

### **4. Spiritual Communion Prayer** (pray on the second red bead)

O my God, I believe you are truly present in the Most Blessed Sacrament. I love you above all else and I desire to possess you in my soul. Since I am not able to receive you sacramentally, Jesus, please allow me to receive you spiritually. I embrace you my God present and living in me and unite myself wholly and entirely to you. Jesus, never allow me to be separated from you. Amen

### **5. Act of Love Prayer** (pray on the chalice and host center)

I love you, God the Father. I love you, God the Son. I love you God, the Holy Spirit; Now and Forever!

### **6. Adoration Prayer** (pray on the twenty-four crystal beads) Jesus, in the Most Blessed Sacrament, I adore you!

### **7. Trinity Prayer** (prayed on the chalice and host center)

O Most Holy Trinity, undivided unity, Holy God, Mighty God, God Immortal, be adored!

[www.heavenhelpus.net](http://www.heavenhelpus.net)

