

**WE ARE BACK MONDAY JUNE 1<sup>st</sup>!**  
**GET READY FITNESS FAMILY! WE HAVE TAKEN**  
**STEPS TO ENSURE YOUR HEALTH & SAFETY:**



- ALL CLASSES WILL BE CONDUCTED OUTSIDE! MOMS & DADS BRING A LAWN CHAIR, SOCIAL DISTANCE & ENJOY THE SUN! DON'T FORGET TO BRING WATER.
- PARK IN THE KMART PARKING LOT AT THE BACK OF THE GYM. CLASSES ARE IN THE BACK OF THE GYM. RESTROOMS ARE AVAILABLE.
- FACE MASKS ARE MANDATORY FOR EVERYONE-PER GOVERNMENT GUIDELINES.
- ALL EQUIPMENT IS SANITIZED BEFORE AND AFTER EACH CLASS. PLEASE HELP BY SANITIZING YOUR WORKSTATION AFTER CLASS.
- PLEASE BRING YOUR OWN GLOVES AND HANDWRAPS.
- ALL CLASS SIZES ARE RESTRICTED. IT'S IMPORATNT TO PREREGISTER AND PAY ONLINE TO GUARANTEE YOUR SPOT. SEE REGISTRATION INSTRUCTIONS BELOW.
- ALL PRICING OPTIONS HAVE TEMPORARILY CHANGED TO \$10 DROP INS.
- CHECKOUT OUR NEW CLASS SCHEDULE. WE WILL BE ADDING CLASSES AS WE GO.

**THANK YOU FOR YOUR UNDERSTANDING & PATIENCE DURING THIS TIME. WE ARE FOLLOWING GOVERNMENT GUIDELINES AND WE HOPE RESTRICTIONS WILL LOOSEN SOON.**