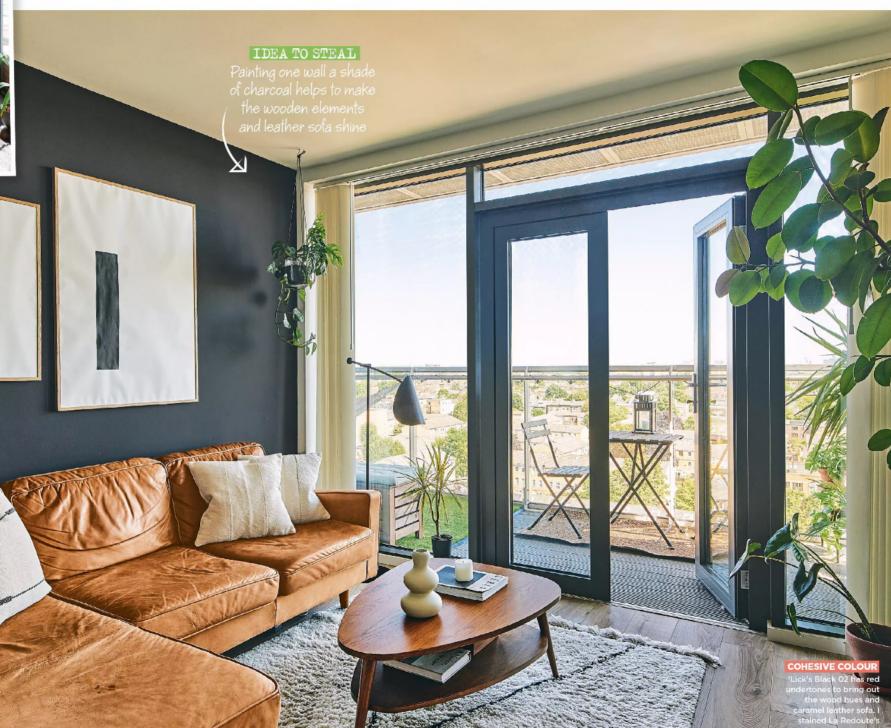


# 'Our rental has HEARTAND SOUL'



An earthy palette of soothing neutrals, wood tones and charcoal details - plus a few design tricks - add warmth and cosiness to Amélie's home

grew up in France, where eating together is the most important and most pleasing part of the day,' says Amélie. 'A home needs to make you feel something and I wanted mine to have the happy feeling that I enjoy when I'm sharing a meal with family and friends.

The challenge was how to do this within the limitations of our rental flat - and persuading my husband, Konstantinos, it could be done without spending a fortune! I had to be very creative with the interior.

### Property search

I've lived in London for 10 years now and it's where I met Konstantinos, who's Greek. After living in separate house shares, we started looking for our first home together. We wanted to avoid the potential problems that sometimes crop up in older properties, so we set out to find a new-build flat to rent with modern (and reliable) fixtures and fittings. When we viewed this place, Konstantinos was put off by the rooms crammed with furniture and baby stuff – but I could see beyond the chaotic layout.

I loved the big windows, vast views across London and the space, particularly the large kitchen-dining-living room. We couldn't change the beige carpet or laminate floor, but they were inoffensive, and along with the white decoration, provided a modern, neutral foundation to add personality and character.

### Visualising the space We moved into the flat with just a

second-hand sofa and my collection of plants. I started thinking about the interior and took the same approach that I do with client projects. I imagined coming into the flat as a guest and wondering what my journey would be like. I try and create spaces within a space, using an arrangement of >>>

### COME ON IN!



ABOUT ME I'm Amélie Pellerin (@topology. amelie), 35, an interior designer at Topology Interiors (topology interiors.com) and I live here with my husband, Konstantinos Adraktas, 33, a dentist.

OUR HOME A twobedroom rented flat on the eighth floor of a new-build block in Dalston, East London. We moved here in

### WHEN WE MOVED IN

The flat was unfurnished bland and unhomely but the neutral flooring and fittings were a good starting point to make my mark.

AND NOW I've created an inviting home that's relaxed with budget buys, DIY projects and lighting tricks.

STYLE TIP To give depth to a modern home, use paint colours with warm tones, natural textures like linen and rattan, and layer lighting.

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>> furniture, plants and lighting to draw people in. I could imagine hosting our friends at a beautiful wooden table, or lounging on the sofa, with layers of soft lighting around us.

## A contemporary approach

I set out to embrace the flat's modern bones and inspired by visits to Konstantinos' family in Greece, I incorporated lighting, wood grain and an earthy Mediterranean palette to infuse warmth. The flat can get cold and the new-build architecture felt cold too, so I had to find the right balance of tones and textures. Wood and natural materials break down the modernity and introduce an organic textured look.

Key furniture pieces were a priority and we went for a simple Ikea bed, caramel leather sofa and a six-seater dining table. I find the quality of furniture and >>>



# **Do it!** ADD COOL LIGHTING WITHOUT AN ELECTRICIAN

- \*Buy plug-in wall lights and fix to the wall or hang from ceiling hooks.
- \* Use smart bulbs activated by voice via an app or remote control.
- \* Change the tone of the light with a different bulb. Warm white is much more forgiving and subtle than a harsh bright white. An amber bulb gives a candle-like glow.
- \* Floor and table lamps emit low level lighting that's perfect for ambience in the living room.
- \* Replace a light switch with a dimmer or adjust lamp lighting using a dial on a plug-in dimmer.





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CURATED STYLE 'Hanging the Picasso print on the blank wall draws the eye 'I LIKE SCANDI-STYL

VASES AND OBJETS FROM H&M HOME AND ZARA - THEY'RE GREA FOR A HIGH-END LOOK ON A BUDGET'

>> lighting from French brands Maisons du Monde and La Redoute very good. I also like Scandi-style vases and objets from H&M Home and Zara - their collections change quickly and they're great for a high-end look on a budget.

### Creative solutions

With limited space, I made our furniture work hard and came up with the idea to turn white Ikea cupboards into extra seating and storage, covering the surfaces in wood-effect vinyl. To get the right height for sitting at the table, I placed the whole unit on another length of the panelling and recessed it back the result looks as though the furniture has been made to fit.

In fact, my DIY project was so successful I continued the bench storage through to the living area where it provides a surface for the TV and plants too. Before, this end of the room felt disjointed but now the long unit looks like bespoke joinery and draws the eye to create the illusion of space and openness. I'm amazed how much bigger our flat looks and feels compared to our neighbours'.

I also created a similar built-in style in the guest bedroom/home office where we needed storage for my interior >>

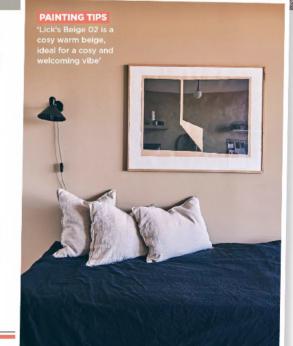
### SCANDI SHAPE



## Quick-fire confession

My secret homeware addiction is...

Plants. My passion began when I lived next door to a plant warehouse and I've been cultivating plants ever since. I propagate them -Isplit my tall strelitzia into two pots - and they come with me in every house move. Ikea is also good for affordable tropical plants.'





SIMPLE STYLE Noko rattan conical pendant, £175, Nkuku



SUSTAINABLE CHOICE OH Dome natural lampshade, £175, Lighting Lover



MINIMAL LOOK Kesler rattan pendant, £90, Dar Lighting







WOOD OR NATURAL MATERIALS LIKE SEAGRASS WILL SOFTEN THE MODERN LOOK AND

INTRODUCE AN ORGANIC TEXTURED FINISH'

>> design work samples and Konstantinos' musical instruments.

### Colour schemes

I painted the cupboards in the same beige as the walls to blend in, while in the main bedroom we used limewash on one of the walls. I started out with a rich terracotta but I wanted the bedroom to feel more calming. Limewash is a mineral powder mix with a beautiful textured finish.

Elsewhere, I've left the decor white, except for the long charcoal wall in the living area. I found I wanted something more from the interiors to give contrast to the leather and wood tones. Rather

than looking too bold and too much, charcoal gives the room depth and makes the space feel bigger.

Finishing touches
I've used lighting to showcase focal points with table and floor lamps, as well as bespoke solutions, which didn't need invasive electrical work. You can completely change the tone of a room with good lighting.

I'm so pleased with how far I've been able to take the interiors even though we're only renting. But what pleases me most is when the table is set, the lights are low and guests arrive - that's when our flat comes alive."