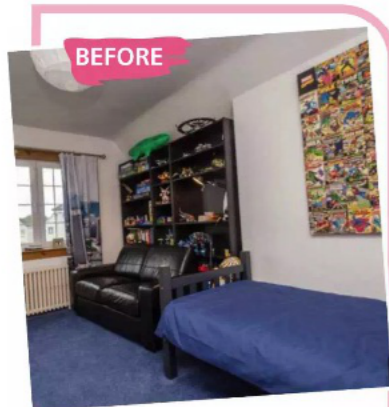


Rosie loves her colourful bedroom – and so do I!

Heather Craig's daughter Rosie asked for a rainbow bedroom, so Heather mixed pinks, yellows and greens to create a scheme that shows off her love of bold shades



BEFORE

STEP INSIDE...

WHO LIVES HERE? I'm Heather Craig (@heatherrosieolivehome), 35, an assistant in early years learning, and I live here with my husband, Brian, 41, an oil rig operations manager, and our daughters, Rosie, six, and Olive, four. We bought our four-bedroom 1940s house in Dunfermline in September 2017.

WHAT WAS UPDATED? Rosie's bedroom, which had a dark navy carpet and was painted a stark white that felt cold and uninviting.

WHY THE CHANGE? Rosie turned three, so it was time she had her first, proper big-girl's bedroom.

HOW LONG DID IT TAKE? About a month. Brian works offshore every two weeks, so we had limited time to decorate. Plus, I didn't want to rush painting the scallop pattern.

TOTAL COST £900

Heather Craig grew up in Dunfermline and had always hoped she might move back there with her husband, Brian, and their children, Rosie and Olive. Although not especially unhappy in their previous home, this traditional house in Heather's hometown appealed to her, and Brian was pleased it had already been extended. The interior wasn't adventurous enough for Heather's love of colour, though, so the couple made plans to decorate.

The task turned into a bigger job than expected, however, particularly in Rosie's room. It turned out that the existing décor was hiding a problem. 'After we moved in, we realised there was more work needed than we'd anticipated. The walls were rough and there was Artex on the ceilings,' says Heather. 'Although Rosie's bedroom was freshly painted, when the walls began to discolour, we realised it had been done to cover up a damp problem.'



The eclectic patterns and colours of the 1960s and '70s inspire Heather's schemes. 'Rosie's bedroom is a modern version of this,' she says. 'I love the floral print of the vintage St Michael duvet cover – the pattern reminds me of my gran's house'

My style tips

PLAY WITH PAINT Carry a painted wall design onto furniture as well – the wardrobe wasn't in great condition, so Brian suggested we paint scallops on it, like the walls. It's protected with Polyvine Decorators Varnish in matt.

THINK AHEAD For long-lasting style, find rugs you can stick in the wash, and choose wall shades with longevity. If Rosie decides to move away from bright accessories when she's older, the pink walls will still work.

BALANCE OUT BRIGHTS I like combining three colours that I can repeat in the room, but they need to be balanced. Pink is the base, yellow is the accent, and I also added splashes of green.

DIY details can be found in every corner: Heather crocheted the blanket following a YouTube tutorial and customised IKEA's Kallax shelf. 'At £35, it's such a bargain,' she says. 'I made mine look different with yellow hairpin legs and a yellow box to fit in with my scheme'



CREATE CURVES

Masking tape, a new paint brush, an IKEA side plate – and a steady hand – were all Heather needed to paint the pretty scallop pattern around the room

Heather follows artists on Instagram. 'I'm drawn to bold prints and bright colours and when I saw this artwork, it really reminded me of Rosie,' she says. 'I was fortunate to pick it up in a sale'

Heather knew Rosie wanted a colourful bedroom, so used the time spent sorting out the damp issue to think about how she was going to decorate and furnish the room in Rosie's favoured bright palette.

THE PROJECT

Heather's first ideas combined blush pink and pale grey, but she soon realised these weren't right for Rosie's room. 'I've always loved pink – I wear a lot of it and my childhood bedroom was pink,' she says. 'But when I painted samples on the walls, the colours looked too soft, sophisticated and washed out in the west-facing room, which doesn't get a lot of light until the afternoon.'

So, Heather asked Rosie for ideas. 'She likes unicorns, pink and bright colours, but when I asked her which she preferred she said she wanted all of them! So, I followed a rainbow theme and got as many colours

into her room as possible without making it look too busy.'

WHAT WE DID

Heather turned to Instagram for inspiration, and set-up an account of her own (@heatherrosieolivehome) to share her progress, too. She followed #girlroominspo for colour ideas, and settled on three that work together: Farrow & Ball's Nancy's Blushes, a rosy pink; Citron, a warm yellow; and Arsenic, a lively green shade. 'Rosie wanted a cheerful, colourful room, and I really wanted the scallops around the walls,' says Heather. 'I was inspired after seeing them on @the.hectic.eclectic and @jayne.s.davies and decided to have a go myself.'

HIGHS & LOWS

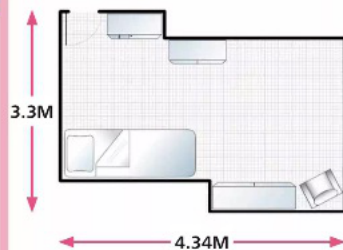
Before Heather and Brian could begin decorating, though, they had to deal with the



Heather found the drawers (£45) and the wardrobe (£50) on Facebook Marketplace – she couldn't believe her luck when she saw the scallop shape across the top. 'I really like the look of painted furniture next to the original wood,' she says

'The floral pink vintage curtains are such good quality and an eBay bargain for £15. Plus they match the duvet cover,' says Heather. 'Painting the radiator was really messy, though. Next time I'd use a spray paint gun'

ROOM PLAN



THE DETAILS

PAINT	£150
FURNITURE	£592
CURTAINS	£15
DUVET COVER	£20
ART	£72
RUGS	£60
TOTAL	£909

SHOPPING LIST

Estate emulsion in Nancy's Blushes, Citron and Arsenic, £52 per 2.5L, all Farrow & Ball. Dulux Heritage matt emulsion in Powder Colour, £42 per 2.5L, Homebase. Zipcode Design Gerard metal bed frame in Yellow, £299.99; for similar underbed storage try Ida Marie underbed drawers, £179.99, both Wayfair. Mustard Made Blush Shorty locker, £116, Urban Outfitters. Kallax shelving unit, 42 x 147cm, £35; Grimsas ceiling pendant, £60, both IKEA. Yellow 8-inch classic rod hairpin legs, £45.95 for four, The Hairpin Leg Company. For a similar chest of drawers try Indi three-drawer chest, £349; for similar desk lamp try Isaac, £12, both Dunelm. For a similar rainbow rug try Shiny Rainbow rug, £81, The Rugs Warehouse. For a similar pattern rug try Braided Chindi Trellis rug, £219, iRugs. For a similar cushion try Ditsy Pink Daisy floral cushion cover, £22, Mon Pote. Soft cord cushion, £21, Staying In Studio. Pastel Rainbow bunting, £16, Styled to Sparkle. Pengelly Art Howdy print in Mint and Pink, £18, Fyl. 'Girl Up' art, £15, Yaya Studio. Omm Design The Leopard poster, £18.50, This Modern Life.

damp problem. They discovered that shallow, cast-iron gutters outside had become filled with debris, which was causing rainwater to pour straight down the wall. After clearing out the gutters, they had the walls and ceiling replastered ready to decorate.

Heather is pleased she decided to paint the scallops on every wall in Rosie's bedroom, as she initially intended to paint just one. 'I was glad I found Farrow & Ball's Nancy's Blushes, as it's a much warmer pink than my first choice and I couldn't wait to use it to paint the scallops,' she explains. 'I thought I'd only do one wall, but continuing the pattern around

the whole room looks really effective and was worth the effort.'

THE FINAL DETAILS

To dial up the colour further, Heather added brights and patterns with green painted doors, a yellow bed, a painted yellow radiator, and floral bed linen and curtains. Bunting, artwork and rugs bring the rainbow effect together.

'Rosie loves the pink walls and was delighted with her yellow bed,' says Heather. 'Every time I go in her room, I'm pleased with the scallops. Even if she decides to change the room in years to come, I'd love it if she keeps the pattern.'

3 OF THE BEST... rainbow pastels

- 1 **£50 from Next**
Sweet dreams are guaranteed with this fun lamp brightening up a bedside table.
- 2 **£35 from Dear Jude**
Add texture to a gallery wall display with a handmade, tassel-adorned hanging.
- 3 **£3.50 from Sass & Belle**
Inspired by Heather's upcycled wardrobe? Switch out the knobs on an old dresser for a quick fix.

