

C & HAIR CONFERENCE 2025

# "Can You Hair Me?"



#### **About C & Hair**

C & Hair provides tailored support for individuals at all stages of their cancer journey-from newly diagnosed patients to long-term survivors. Through one-to-one consultations (both in-clinic and virtual), hospital-based workshops, and collaborative work with healthcare providers, we strive to make a meaningful difference in the lives of those experiencing hair loss during and after cancer treatment.



# Conference Highlights

The C & Hair 2025 Conference was a powerful day of connection, education, and empowerment. Hosted by C & Hair, the specialist service within the Caring for Hair Trichology Clinic, the event brought together an inspiring mix of healthcare professionals, cancer support organisations, the scalp cooling medical device company Paxman Scalp cooling, individuals with lived experience of cancer, and the public.

With invaluable backing from Macmillan Cancer Support and our generous sponsors, the conference showcased our commitment to culturally sensitive and compassionate care.



### **Key Moments**

GEORGETTE ONI, CONSULTANT ONCOPLASTIC BREAST SURGEON

Opening Remarks: The day opened with a warm welcome from Elaine Bowes, Chair, who shared a message of empowerment and community. Lorna Jones, Certified Trichologist and founder of Caring for Hair, followed with heartfelt reflections on the impact of the C & Hair initiative.

Keynote Address: This year's keynote speaker, Georgette Oni, Consultant Oncoplastic Breast Surgeon, delivered a powerful presentation entitled 'Prevention is better than the Cure' which set the theme for the Conference.





## **Expert Speaker Sessions**

CLAIRE PAXMAN, BRAND AMBASSADOR& DIRECTOR OF GLOBAL TRAINING PAXMAN SCALP COOLING

Claire spoke about Scalp Cooling, which is the only effective way to help to reduce and manage chemotherapy hair loss.

We learned about the origins of Paxman Scalp cooling and how Claire's mum was affected by losing her hair due to chemotherapy treatment, and the impact on Claire, who at 14 years old, shaved off her mum's remaining hair.

Paxman has since grown to become a large tech company where their scalp cooling caps are widely used in hospitals and clinics across more than 65 countries.



Dr Emma Amoafo-Mensah CONSULTANT DERMATOLOGIST

Skin Cancer and Sunscreen and Black Skin



Jacqueline Durban

EVENT PROFESSIONAL,
BLOOD CANCER SURVIVOR

Support Beyond

Treatment



Alfa Marks
THERAPEUTIC
RADIOGRAPHER
The Impact of
Radiotherapy



Saran Green

PATIENT & PUBLIC
INVOLVEMENT &
ENGAGEMENT MANAGER

Tick The Box



Interactive Moments

The lunch break offered a lively space to connect, enjoy delicious food from Pierre's Finest Cuisine, and explore the exhibitor stalls, which included paintings by Karen Reid, Headscarves by Joyousluxurious, Hair products by Newshell.



### Motivational Talks

In the afternoon, Andrea
Tshibangu, motivational speaker,
captivated the audience with her
journey of resilience and faith
during breast cancer treatment.

Her celebratory dance upon completing chemotherapy, joined by the audience, was a truly unforgettable moment.







# Myths Busting Family Fortune Style

We also introduced a playful yet practical session: "Myth Busting Family Fortunes," inviting the audience to participate, and with Charmaine Pace and Claire Paxman demystifying the myths around diet, scalp cooling, and breast cancer.







### **Creative Sessions**

One of the highlights of the day was the Barber Shop Theatre performance—featuring Jeff Thompson, Paul Campbell, Anderson Boyce, and Wayne Campbell—a humorous and impactful look at real-life issues around prostate cancer, produced and directed by BAFTA-winning director Rochelle Newman.













Janet Clarke then discussed the Barbershop Project she manages at Macmillan, in addition to the Beauty of Support initiative, demonstrating the vital role that barbers and stylists play in supporting their communities around Cancer conversations.

The day wrapped up with a Live Cooking Show hosted by Diverse Nutrition, offering into the importance of good nutrition and healthy eating practices.



Janet Clarke



**Diverse Nutrition** 

### Raffle & Sponsors

#### Raffle

We ran a raffle and the first prize was generously donated by Big Nannies Hair Products, which was a Hair Care hamper worth £60. Second and Third prizes were Tesco gift cards generously donated by Lesley Richards. We collected £150.00 and the proceeds were equally divided between the charities Cancer Don't Let it Win, and Cancer Black Care.

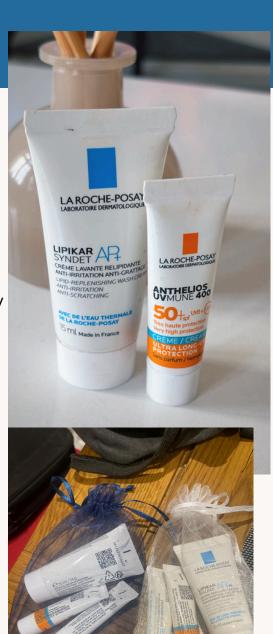
#### **Sponsors**

We received donations from Waitrose and Tescos who generously provided the refreshments. We also received donations from Sainsbury's who provided the gift cards. LaRoche Posay generously provided some skin care products that was given out to all the attendees, which Consultant Dermatologist, Dr Emma Amoafo explained how best to use them.











# A Message of Gratitude

We are deeply grateful to all our speakers, supporters, partners, and attendees for making the C & Hair 2025 Conference a resounding success. Your voices, energy, and presence created a warm and vibrant space for healing, learning, and connection.

As we continue to grow and advocate, C & Hair remains dedicated to supporting individuals affected by cancer-related hair loss with empathy, education, and culturally inclusive care.

We look forward to welcoming you to our next event.

### **Stay Connected**

For more about our work, past events, and ongoing support services, visit our website: <u>caringforhair.org/cancer-andhair</u> and follow us online.

#### Sign up to our Newsletter:

https://form.123formbuilder.com/658772 5/c-and-hair-newsletter/

### Follow Us for Updates & Inspiration

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